

Alex Siu Fung Kwong

BA (Hons), MSc, PhD

Division of Psychiatry, Centre for Clinical Brain Sciences, University of Edinburgh
& Population Health Sciences, Bristol Medical School, University of Bristol

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Academic Appointments

Present appointments:

Research Fellow, Centre for Clinical Brain Sciences, University of Edinburgh 2019 -
Senior Research Associate in Psychiatric Genetic Epidemiology,
Bristol Medical School, University of Bristol 2019 -

Previous appointments:

Research Assistant, Centre for Multilevel Modelling, University of Bristol 2017 - 2019
Teaching Assistant, School of Geographical Sciences, University of Bristol 2017 - 2019
Research Associate, Social and Community Medicine, University of Bristol 2015 - 2016
Research Assistant, Experimental Psychology, University of Bristol 2015
Research Manager, Primary Care, University of Bristol 2015
Teaching Assistant, School of Experimental Psychology, University of Bristol 2013 - 2015

Qualifications

PhD in Advanced Quantitative Methods, University of Bristol 2016 - 2019
Thesis: Genetic & Environmental Contributions to Trajectories of Depressive Symptoms
Funding: Economic and Social Research Council SWDTP +3 Years Studentship

MSc by Research, Experimental Psychology, University of Bristol 2013 - 2015
Thesis: Effects of 7.5% carbon dioxide (CO₂) on real world behaviours

BA (Hons) Psychology with Philosophy, Upper Second-Class Honours, 2010 - 2013
University of Reading
Dissertation: Saccades and Facial Expressions of Emotion

Teaching Experience

Lectures:

Introduction to Repeated Measures (*Lead – 1 Lecture*), University of Edinburgh, 2021
- *Created own lectures and practical materials – Level: PhD +*
Handling Time-Fixed Confounding (*Co-lead – 1 Lecture*), University of Bristol, 2020 -
- *Contributed to lecture and created practical materials – Level: MSc +*
Common Mental Health Disorders (*Co-lead – 1 Lecture*), University of Bristol, 2019 -
- *Contributed to lecture – Level: MSc +*
Introduction to Causal Epidemiology (*Co-lead – 1 Lecture*), UF Pelotas, Brazil, 2019
- *Contributed to lecture – Level: PhD +*
Analysis of Repeated Measures (*Lead – 3 Lectures*), UF Pelotas, Brazil 2019
- *Created own lectures and practical materials – Level: PhD +*
Introduction to Statistics (*Lead – 2 Lectures*), SACTRC, Sri Lanka 2019
- *Created own lectures and practical materials – Level: PhD +*

Alex Kwong: Curriculum Vitae

- Analysis of Repeated Measures (*Lead – 1 Lecture*), SACTRC, Sri Lanka 2019
- *Created own lecture and practical materials – Level: PhD +*
- Analysis of Repeated Measures (*Lead – 3 Lectures*), HSRC, South Africa 2019
- *Created own lectures and practical materials – Level: PhD +*
- Introduction to Statistics (*Assistant – 10 Lectures*), University of Bristol 2018
- *Demonstrator and lecturing in practical sessions and labs – Level: BSc*
- Introduction to Statistics (*Assistant – 12 Lectures*), University of Bristol 2013 - 2015
- *Demonstrator and lecturing in practical sessions and labs – Level: BSc*

PhD students' supervision

Niamh MacSweeney (Psychiatry – UoE – Secondary supervisor) 2019 -
In search of bio-psycho-social markers for the recurrence of adolescent depression
Funding: Mental Health Research UK

Holly Fraser (Digital and Population Health – UoB – Secondary supervisor) 2019 -
Trajectories of mental health and antidepressant responses: a machine learning approach
Funding: Engineering and Physical Sciences Research Council

Melissa Lewins (Psychiatry – UoE – Secondary supervisor) 2018 -
Genomic and phenotypic risk factors for the clinical progression of depressive symptoms
Funding: Medical Research Council

Melisa Chuong (Psychiatry – UoE – Secondary supervisor) 2018 - 2022
Gene - Environment interplay in depression
Funding: Medical Research Council

MSc students' supervision

Lauren Cleghorn (Nutrition, Physical Activity and Public Health - UoB) 2021
Anxiety and obesogenic dietary patterns across COVID-19
(Co-supervised; Dissertation Mark: Distinction)

Ruxin Luo (Epidemiology - UoB) 2021
Examining the genetic architecture of depression and anxiety across pregnancy
(Lead supervised and marked; Dissertation Mark: Merit)

Beca Morrell (Public Health - UoB) 2021
Changes in obsessive-compulsive disorder across the COVID-19 pandemic
(Co-lead supervised and marked; Dissertation Mark: Distinction)

Meera Bazaz (Public Health - UoB) 2020
Childhood trauma and depressogenic thinking in later adolescence
(Lead supervised and marked; Dissertation Mark: Merit)

Anugraha Chandrasekaran (Public Health - UoB) 2020
Depressogenic thinking in adolescence and mental health in early adulthood
(Lead supervised and marked; Dissertation Mark: Pass)

Undergraduate students' supervision

Henry Shirlaw (Experimental Psychology - UoB) 2021
Association between financial problems and smoking behaviour in early adulthood
(Co-supervised; Dissertation Mark: First)

PhD mini-project students' supervision

Kevin Carr (Division of Psychiatry - UoE) 2022
Psychological, social, and physiological consequences of adolescent depression
(Lead-supervised)

Tariro Chatiza (Division of Psychiatry - UoB) 2022
Psychological, social, and physiological consequences of adolescent depression
(Lead-supervised)

Amy Campbell (Population Health Sciences - UoB) 2021
Examining genetic contributions to changes in peak velocity of depressive symptoms
(Co-lead-supervised)

Publications

Peer reviewed publications

27. Barbu, M. B., Amador, C., **Kwong, A. S. F.**, ... McIntosh, A. M. (2022). Complex trait methylation risk scores in the prediction of major depressive disorder. *eBioMedicine* 79, 104000. <https://doi.org/10.1016/j.ebiom.2022.104000>

26. Shen, X., Caramaschi, D., Adams, M. J., ... **Kwong, A. S. F.**, ... McIntosh, A. M. (2022). DNA methylome-wide association study of polygenic risk scores for depression implicating antigen processing and immune responses. *Genome Med* 14, 36. <https://doi.org/10.1186/s13073-022-01039-5>

25. Patel, K., Robertson, E., **Kwong, A. S. F.**,* ... Katikireddi, S. V. (2022). Psychological Distress Before and During the COVID-19 Pandemic: Sociodemographic Inequalities in 11 UK Longitudinal Studies. *JAMA Netw Open.* 2022;5(4):e227629. <https://doi:10.1001/jamanetworkopen.2022.7629> ***joint first author**

24. Elhakeem, A., Tilling, K. M., Hughes, R. A., ... **Kwong, A. S. F.**, ... Lawlor, D. A. (2022). Using linear and natural cubic splines, SITAR, and latent trajectory models to characterise nonlinear longitudinal growth trajectories in cohort studies. *BMC Med Res Methodol* 22, 68. <https://doi.org/10.1186/s12874-022-01542-8>

23. Choi, K., Kim, H., Basu, A., **Kwong, A. S. F.**, Hernandez-Diaz, S., Wyszynski, D., Koenan, K. (2022). COVID-19 impacts on exercise, sleep, and diet and associations with mental health during pregnancy: A cross-national study. *Journal of Affective Disorders Reports.* 7, 100288. <https://doi.org/10.1016/j.jadr.2021.100288>

22. Warne, N., Heron, J., Mars, B., **Kwong, A. S. F.**, Solmi, F., Pearson, R., Moran, P., Bould, H. (2021). Disordered eating and self-harm as risk factors for poorer mental health during the COVID-19 pandemic: A population-based cohort study. *J Eat Disord.* 9, 155. <https://doi.org/10.1186/s40337-021-00510-9>

- 21.** Culpin, I., Hammerton, G., Bornstein, M. H., ... **Kwong, A. S. F.**, Pearson, R. M. (2021). Maternal postnatal depression and offspring depression at age 24 years in a UK-birth cohort: the mediating role of maternal nurturing behaviours concerning feeding, crying and sleeping. *Wellcome Open Res* 2021, 6:187. doi.org/10.12688/wellcomeopenres.17006.1
- 20.** Di Gessa, G., Maddock, J., Green, M. J., ... **Kwong, A. S. F.**, ... Porteous, D., & Patalay, P. (2021). Pre-pandemic mental health and disruptions to healthcare, economic, and housing outcomes during the COVID -19 pandemic: evidence from 12 UK longitudinal studies. *British Journal of Psychiatry*. https://doi.org/10.1192/bjp.2021.132
- 19.** Cadman, T., **Kwong, A. S. F.**, Moran, P., O'Mahen, H., Culpin, I., Lawlor, D. A., Pearson, R. M. (2021). Joint associations of parental personality traits and socioeconomic position with trajectories of offspring depression: findings from up to 6925 families in a UK birth cohort. *J Child Psychol Psychiatry Advances*. https://doi.org/10.1002/jcv2.12028
- 18.** Rajyaguru, P., **Kwong, A. S. F.**, Braithwaite, E. C., Pearson, R. M. (2021). Maternal and Paternal Depression and Child Mental Health Trajectories: Evidence from the Avon Longitudinal Study of Parents and Children. *BJPsych Open*, 7(5), e166. https://doi.org/10.1192/bjo.2021.959
- 17.** Paul, E., **Kwong, A. S. F.**, Moran, P., Pawlby, S., Howard, L. M., Pearson, R. M. (2021). Maternal thoughts of self-harm and their association with future offspring mental health problems. *Journal of Affective Disorders*. 293, 422-428. https://doi.org/10.1016/j.jad.2021.06.058
- 16.** Altschul, C., Fawns-Ritchie, C., **Kwong, A. S. F.**, Hartley, L., ... Porteous, D. (2021). Face covering adherence is positively associated with good mental health and wellbeing: a longitudinal analysis of the CovidLife surveys. *Wellcome Open Res*. 6:62. doi.org/10.12688/wellcomeopenres.16643.1
- 15.** Higbee, D. H., Nava, G., **Kwong, A. S. F.**, Dodd, J. W., Granell, R. (2021). The impact of asthma on mental health & wellbeing during COVID-19 lockdown. *European Respiratory Journal*. doi: 10.1183/13993003.04497-2020
- 14.** Baldwin, J. R., Sallis, H., Schoeler, T., Taylor, M. J., **Kwong, A. S. F.**, ... Pingault, J. (in press). Adverse childhood experiences and mental health: A genetically informed study. *Nature Human Behaviour*.
- 13.** Costantini, I., **Kwong, A. S. F.**, Smith, D., Lewcock, M., Lawlor, D. A., Moran, P., Tilling, K., Golding, J., Pearson, R. M. (2021). Locus of control and negative cognitive styles in adolescence as risk factors for depression onset in young adulthood: findings from a prospective birth cohort study. *Front. Psychol*. 12:599240. doi:10.3389/fpsyg.2021.599240
- 12.** **Kwong, A. S. F.**, Morris, T. T., Pearson, R. M., Rice, F., Stergiakouli, E., Tilling, K. M. (2021). Polygenic Risk for Depression, Anxiety and Neuroticism are Associated with the Severity and Rate of Change in Depressive Symptoms Across Adolescence. *J Child Psychol Psychiatry*. https://doi.org/10.1111/jcpp.13422

11. Lopéz-Lopéz, J., **Kwong, A. S. F.**, Washbrook, L., Tilling, K. M., Fazel, M. S., Pearson, R. M. (2021). Depressive symptoms and academic achievement in UK adolescents: a cross-lagged analysis incorporating genetic information. *Journal of Affective Disorders*. 284, 104-113. doi.org/10.1016/j.jad.2021.01.091
10. Warriar, V., **Kwong, A. S. F.**, Luo M., ... Cecil, C. M. (2021). Gene-environment correlations and causal effects of childhood maltreatment on physical and mental health: a genetically informed approach. *Lancet Psychiatry*. doi.org/10.1016/S2215-0366(20)30569-1
9. **Kwong, A. S. F.**, Pearson, R. M., Adams, M. J., Northstone, K., ... Porteous, D., Timpson, N. J. (2020). Mental health before and during COVID-19 in two UK longitudinal population cohorts. *British Journal of Psychiatry*. 1-10. doi:10.1192/bjp.2020.242
8. **Kwong, A. S. F.**, Pearson, R. M., Smith, D., Northstone, K., Lawlor, D.A., Timpson, N. J. (2020). Longitudinal Evidence for Persistent Anxiety in Young Adults Despite Easing of COVID-19 Restrictions. *Wellcome Open Res*, 5:195. doi.org/10.12688/wellcomeopenres.16206.1
7. Attwood A., Ludwig C., Penton-Voak I., Poh J., **Kwong A. S. F.**, Munafò M. R. (2020). Effects of 7.5% carbon dioxide inhalation on gait. *Psychological Research*. https://doi.org/10.1007/s00426-020-01393-2
6. Hollis, B., Day, F. D., Busch, A. S., ... **Kwong, A. S. F.**, ... Ong, K. K., Perry, J. R. B., (2020). Genomic Analysis of Male Puberty Timing Highlights Shared Genetic Basis with Hair Colour and Lifespan. *Nat Commun*. 11, 1536. doi.org/10.1038/s41467-020-14451-5.
5. Lopéz-Lopéz, J., **Kwong, A. S. F.**, Pearson, R. M., Tilling, K. M., Fazel, M. S., Washbrook, L., Kidger, J., Hammerton, G. (2020). Trajectories of Depressive Symptoms and Education and Employment Outcomes. *BJPsych Open*, 6(1), E6. doi:10.1192/bjo.2019.90.
4. **Kwong, A. S. F.** (2019). Examining the Longitudinal Nature of Depressive Symptoms in the Avon Longitudinal Study of Parents and Children (ALSPAC). *Wellcome Open Res*. 4: 126. doi.org/10.12688/wellcomeopenres.15395.1.
3. **Kwong, A. S. F.**, Lopéz-Lopéz, J., Hammerton, G., Manley, D., Timpson, N. J., Leckie, G., Pearson, R. M. (2019). Genetic and Environmental Risk Factors Associated with Trajectories of Depressive Symptoms from Adolescence to Young Adulthood. *JAMA Network Open*. 2, doi:10.1001/jamanetworkopen.2019.6587.
2. **Kwong, A. S. F.**, Manley, D., Timpson, N. J., Pearson, R. M., Heron, J., Sallis, H., Stergiakouli, E., Davis, O., Leckie, G. (2019). Identifying Critical Points of Trajectories of Depressive Symptoms from Childhood to Young Adulthood. *Journal of Youth and Adolescence*. 48, 815-827. doi.org/10.1007/s10964-018-0976-5.
1. Attwood, A. S., Catling, J. C., **Kwong, A. S. F.**, Munafò, M. R. (2015). Effects of 7.5% Carbon Dioxide (CO₂) Inhalation and Ethnicity on Face Memory. *Physiology and Behavior*, 147, 97-101.

Manuscripts currently under consideration for publication

Kwong, A. S. F., Northstone, K., Pearson, R. M., McIntosh, A. M., Timpson, N. J. (under review at BJPsych Open). Tracking population mental health before and across stages of the COVID-19 pandemic in young adults. Preprint at medRxiv here:

<https://doi.org/10.1101/2022.03.24.22272899>

Culpin, I., Heuvelman, H., Rai, D., Pearson, R. M., Joinson, C., Heron, J., Evans, J., **Kwong, A. S. F.** (under review at Journal of Affective Disorders). Father absence and trajectories of offspring mental health across adolescence and young adulthood: findings from a UK-birth cohort. Preprint at medRxiv here: <https://doi.org/10.1101/2021.08.25.21262549>

Kwong, A. S. F., Maddalena, J. M., Croft, J., Heron, J., Leckie, G. (under review at SSM: Population health). Early Childhood Trauma and Trajectories of Depressive Symptoms. Preprint at medRxiv here: <https://doi.org/10.1101/19002519>.

Paul, E., Kounali, D., **Kwong, A. S. F.**, Smith, D., ... Pearson, R. M. (revise and resubmit at Elife). Trajectories of child emotional and behavioural difficulties before and during the COVID-19 pandemic in a longitudinal UK cohort. Preprint at medRxiv here:

<https://doi.org/10.1101/2021.05.11.21257040>

Chuong, T. M. S., Adams, M. J., **Kwong, A. S. F.**, Haley, C. S., Amador, C., McIntosh, A. M. (submitted to JAMA Psychiatry). Genome-by-Trauma Interaction Effects in Depression. Preprint at medRxiv here: <https://doi.org/10.1101/2022.03.11.22272206>

Lees, V., Hay, R., Bould, H., **Kwong, A. S. F.**, Major-Smith, D., Kounali, D., Pearson, R. (under review at JCPP). The impact of routines on emotional and behavioural difficulties in children and on parental anxiety during COVID-19. Preprint at medRxiv here:

<https://doi.org/10.1101/2022.03.25.22272950>

Thng, G., Shen, X., Stolicyn, A., ... **Kwong, A. S. F.**, ... Whalley, H. C. (under review at European Psychiatry). Comparison of personalised brain-based risk scores versus polygenic risk scores for depression across the lifespan.

Maddock, J., Parson, S., Di Gessa, G., ... **Kwong, A. S. F.**, ... Katikireddi, S. V. (under review at BMJ Quality and Safety). Inequalities in healthcare disruptions during the Covid-19 pandemic: Evidence from 12 UK population-based longitudinal studies. Preprint at medRxiv here:

<https://doi.org/10.1101/2021.06.08.21258546>

Thompson, E. J., Williams, D. M., Walker, A. J., ... **Kwong, A. S. F.**, ... Steves, C. J., (resubmitted to Nature Communications). Risk factors for ongoing symptomatic COVID-19 and post-COVID-19 syndrome: analyses of 10 longitudinal studies and electronic health records in the UK. Preprint at medRxiv here: <https://doi.org/10.1101/2021.06.24.21259277>

Wels, J., Booth, C., Wielgoszewska, B., ... **Kwong, A. S. F.**, ... Ploubidis, G. B. (revise and resubmit at Social Science and Medicine). Association of COVID-19 employment disruption with mental and social wellbeing: evidence from nine UK longitudinal studies. Preprint at medRxiv here: <https://doi.org/10.1101/2021.11.15.21266264>

MacSweeney, N., Shen, X., ... **Kwong, A. S. F.**, ... Whalley, H. C. (revise and resubmit at Dev Cog Neuroscience). The role of neurobiology in the association between pubertal timing and depression risk in an early adolescent sample (the ABCD Study®): A registered report.

Prince, C., Joinson, C., **Kwong, A. S. F.**, Fraser, A., Heron, J. (under review at JAACAP). The relationship between timing of onset of menarche and depressive symptoms from adolescence to adulthood.

Cheetham, N. J., Kibble, M., Wong, A., ... **Kwong, A. S. F.**, ... Steves, C. J. (submitted to Nature Communications). Antibody levels following vaccination against SARS-CoV-2: associations with post-vaccination infection & risk factors.

Invited talks

Neuroscience Day, University of Edinburgh, Edinburgh	2021
British Journal of Psychiatry and UCL, University College London, Online	2021
Royal College of Psychiatrists, South-West Division, Online	2020
Massachusetts General Hospital, Harvard, Boston	2019
ESRC Knowledge Exchange Event, University of Bristol	2019
ESRC SDAI Workshop, Jean Golding Institute, University of Bristol	2018
Tobacco & Alcohol Research Group, Psychology, University of Bristol	2018

Conference contributions – talks

World Congress of Psychiatric Genetics – **Online 2021**: Examining targetable pathways between genetic risk for depression and adolescent onset depression: the mediating role of adverse childhood experiences

MQ Mental Health Data Science Meeting – **Online 2021**: Examining mental health inequalities during COVID-19 in the National Core Study - Longitudinal Health and Wellbeing programme: Co-ordinated analysis across 12 longitudinal studies and electronic health records

MQ Mental Health Data Science Meeting – **Online 2020**: Mechanisms underlying poorer mental during the COVID-19 pandemic in two longitudinal UK cohorts.

MQ Mental Health Data Science Meeting – **Online 2020**: Mental health before and during the COVID-19 pandemic in two longitudinal UK cohorts.

MQ Mental Health – **Online 2020**: Mental health during COVID-19.

Global MHINT – **Bristol 2019**: Trajectories of Depressive Symptoms Across Development

SLLS – **Milan 2018**: Polygenic Risk Scores and Trajectories of Depressive Symptoms: The Benefits of Repeat Measures Analysis.

ENRGHI – **Bristol 2018**: A longitudinal study of neighbourhood effects on trajectories of depressive symptoms using data from the Avon Longitudinal Study of Parents and Children (ALSPAC).

CLOSER - **London 2017**: Trajectories of Depressive Symptoms from Childhood to Young Adulthood: Evidence of Gender Differences from the Avon Longitudinal Study of Parents and Children (ALSPAC).

CLOSER - **London 2017**: A longitudinal study of neighbourhood effects on trajectories of depressive symptoms using data from the Avon Longitudinal Study of Parents and Children (ALSPAC).

Conference contributions – posters

World Congress of Psychiatric Genetics - **Online 2021**: Polygenic Risk for Depression, Anxiety

and Neuroticism are Associated with the Severity and Rate of Change in Depressive Symptoms Across Adolescence.

World Congress of Psychiatric Genetics - **Online 2020**: Using Repeated Measures of Depression to Improve the Precision and Power of Genome-Wide Association Studies (GWAS).

***Nominated for best poster.**

MQ Mental Health – **London 2019**: Heterogeneity of Depressive Symptoms Across Adolescence; Antecedents and Later Psychopathology.

Munich International Symposium – **Munich 2018**: Risk Factors for Higher Trajectories of Depressive Symptoms from Adolescence to Young Adulthood.

MRC Integrative Epidemiology Unit Review – **Bristol 2018**: Social, Psychological and Biological Predictors of Trajectories of Depressive Symptoms

MRC Integrative Epidemiology Unit Review – **Bristol 2018**: Polygenic Risk Scores and Depressive Symptoms: The Benefits of Repeat Measures Analysis.

Bristol Population Health Symposium – **Bristol 2018**: Polygenic Risk Scores and Depressive Symptoms: The Benefits of Repeat Measures Analysis.

Longitudinal Developmental Science - **Liverpool 2017**: Trajectories of Depressive Symptoms from Childhood to Young Adulthood: Evidence of Gender Differences from the Avon

Longitudinal Study of Parents and Children (ALSPAC).

British Association of Psychopharmacology - **Bristol 2015**: Effects of 7.5% carbon-dioxide inhalation on force control and temporal accuracy.

British Association of Psychopharmacology – **Cambridge 2014**: Effects of 7.5% carbon-dioxide inhalation on exploratory decision making in healthy volunteers: evidence from a multi-armed bandit task.

Research Funding

EBI/Wellcome ISSF Mental Health Research Next Step – PI (£10,009)	2022-
EBI/Rosetrees Trust Mental Health in Young People Grant – PI (£11,020)	2020 - 2021
ESRC Postdoctoral Fellowship – PI (£131,334.45)	2020 - 2021
Policy Bristol - PI (£2200)	2020
ESRC Travel Funding (£600)	2019
MQ Conference Travel Award (£300)	2019
CLOSER Conference Travel Award (£300)	2017
Social Science Genetics Association Consortium Travel Award (£2500)	2017
ESRC Studentship - Advanced Quantitative Methods - 3 Years – PI (£65,287)	2016 - 2019

Quantitative Training

Mediation and Interaction Analysis, University of Bristol (UoB)	2017
Summer Institute in Social Science Genomics, Russell Sage Foundation, USA	2017
Multilevel Modelling in STATA, Centre for Multilevel modelling (UoB)	2017
Linear and Logistic Regression, Social and Community Medicine (UoB)	2017
Analysis of Repeated Measures, Social and Community Medicine (UoB)	2017
Multilevel modelling using MLwiN, Centre for Multilevel modelling (UoB)	2017
Systematic reviews and Meta-analysis, Social and Community Medicine (UoB)	2017
Linear regression using Stata, Centre for Multilevel modelling (UoB)	2017
Genetic Epidemiology, Social and Community Medicine (UoB)	2016
Introduction to Linux, Social and Community Medicine (UoB)	2016
Introduction to Stata, Social and Community Medicine (UoB)	2016

Introduction to R, Social and Community Medicine (UoB) 2016
Introduction to Medical Statistics, Social and Community Medicine (UoB) 2016

Analytical skills:

Software: Stata, Mplus, R, SPSS, Linux, ArcGIS

Methods: Longitudinal Analysis, Multilevel Modelling, Genome-Wide Association Studies, Epigenome-Wide Association Studies, Growth Mixture Modelling, Mediation and Moderation Analysis, Data Simulation, Spatial Mapping

Research Impact and Awards

Scientific contributions to policy briefings

Eating disorder symptoms and self-harm are linked to higher levels of depression and anxiety during the COVID-19 pandemic. Policy Bristol (2021).

http://www.bristol.ac.uk/policybristol/policy-briefings/covid-19_eating-disorders_self-harm

Office for Health Improvement and Disparities (Formerly Public Health England):

COVID-19 mental health and wellbeing surveillance:

<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-spotlights>

COVID-19 health data research. HDRUK (December 2020). <https://www.hdruk.ac.uk/wp-content/uploads/2020/12/2020-12-15-Health-Data-Research-UK-SAGE-report.pdf>

COVID-19 health data research. HDRUK (August 2020). <https://www.hdruk.ac.uk/wp-content/uploads/2020/08/200804-Health-Data-Research-UK-COVID-19-fortnightly-update-paper-final.pdf>

COVID-19 health data research. HDRUK (June 2020). <https://www.hdruk.ac.uk/wp-content/uploads/2020/06/200623-Health-Data-Research-UK-COVID-19-weekly-update-paper.pdf>

COVID-19 health data research. HDRUK (May 2020). <https://www.hdruk.ac.uk/wp-content/uploads/2020/05/200519-Health-Data-Research-UK-COVID-19-weekly-update-paper.pdf>

How depression relates to academic achievement in adolescence and early adulthood: identifying high risk points. Policy Bristol (2019). DOI: [ow.ly/tuBX5oy1S3w](https://doi.org/10.1007/s10964-020-01327-6).

Media appearances

Coronavirus: young people more anxious during lockdown.

<https://www.bbc.co.uk/news/uk-england-bristol-53150138>

Awards

Nominated for best poster at World Congress of Psychiatric Genetics 2020.

Finalist in the Journal of Youth and Adolescence emerging scholar best article awards 2020.

<https://doi.org/10.1007/s10964-020-01327-6>

Academic Citizenship

Editorial board

Journal of Youth and Adolescence

Peer-reviewed journal reviews

Journal of Child Psychology and Psychiatry, Molecular Psychiatry, British Journal of Psychiatry, Psychopathology and Behavioral Assessment, Psychological Medicine, Journal of Youth and Adolescence, Journal of Child Psychology and Psychiatry Advances.

Co-lead of Psychiatry journal club, Division of Psychiatry, University of Edinburgh 2020 -

References

Professor Nic Timpson

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Professor Rebecca Pearson

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Dr Evie Stergiakouli

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