

EDUCATION

- 2018—2021 **Doctor of Philosophy in Clinical Psychology**
The University of Edinburgh – U.K
Major: Clinical Psychology
School of Health in Social Science
Project: *Nature-Based Interventions to Enhance Wellbeing via Facilitation of Present-Moment Awareness and Valued Living*
- 2016—2017 **Master of Science**
University of York – U.K
Major: Developmental Disorders and Clinical Practice
Department of Psychology
Final project: *Memory Consolidation: The Role of Sleep in adults with ASD*
- 2013—2014 **Exchange Student** (the selection was based on my excellent academic achievement)
National Pingtung University of Education (NPUE)- Taiwan
Department of Educational and Counseling Psychology
Major: Psychological Counseling and Pedagogy
- 2012—2016 **B.A. Psychology**
Northwest Normal University- China (NWNNU)—Top 5% University in China
Major: Applied Psychology
Department of Psychology
Honors Thesis: *The Influence of Female Politicians' Personality on Life Decision-making: A Psychological and Biographical Analysis of Lvzhi*

GRANTS, HONORS & SCHOLARSHIPS

- 2012—2016 Secretary of the Youth League Branch Committee: NWNNU Department of Psychology
- 2014 The First Prize of Teaching Skills Competition: Department of Psychology
- 2014 Excellent Student Cadre scholarship

RESEARCH EXPERIENCE

Member of Academic Team (2012-2016)

Institute of Psychological Biography

Department of Psychology

Northwest Normal University - China (I was selected to be part of this team based on excellent academic achievement.)

Responsibilities:

I researched the relationship between personalities and life decision-making by using a psychological biography method.

WORK EXPERIENCE

- **Psychological Therapist** (part-time, 15hrs/week) (10/2014—10/2015)

Third People's Hospital (a public hospital)
City of Lanzhou, China

Responsibilities:

I observed therapy sessions and discussed treatment plans and therapeutic techniques with the supervising psychologist.

- **Sand-Play Therapy Trainer** (09/2014-11/2014)

Psychology Department of Northwest Normal University

Responsibilities:

I conducted sand-play for children during my exchange period in order to promote psychological awareness for local primary/middle school teachers. I was responsible to play the main trainer role in the sessions.

- **Tutor in Data Management and Statistic course**

Department of Health in Social Science

Responsibilities:

From 2018 to 2020 academic years, I've been playing a role of course tutor in the data management and statistic course. My role in this course is to guide Master students to use SPSS software to analyse, interpret data and produce a report.

Volunteer Experience

I did voluntary work in primary schools in January 2017, for testing children to help with a project monitoring an intervention that aims to improve resilience in young children. — York, U.K

General Skills

- Confident in mathematics and statistics and the use of SPSS software
- Competent with all aspects of Microsoft Office
- Fluent English