



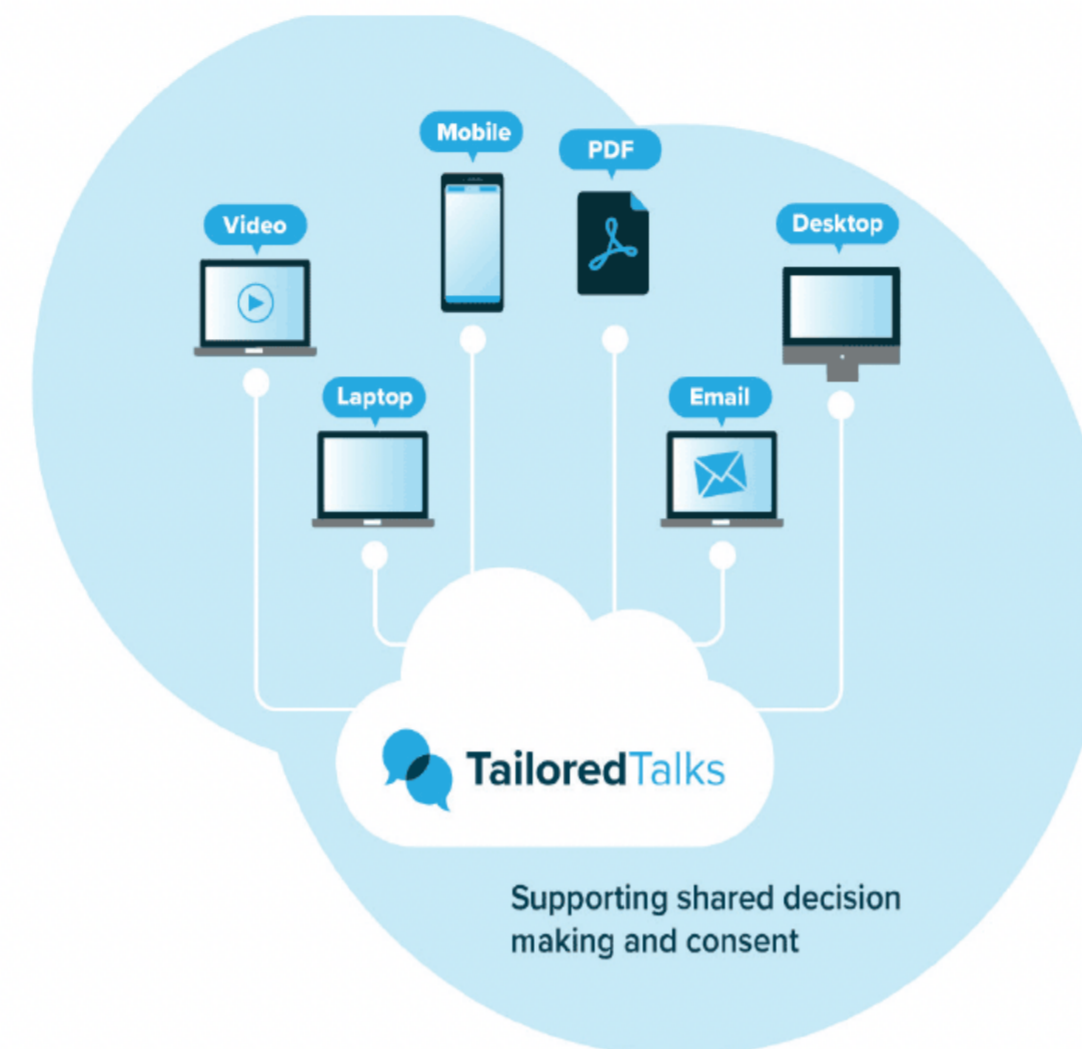
A process for shared decision-making in major stroke



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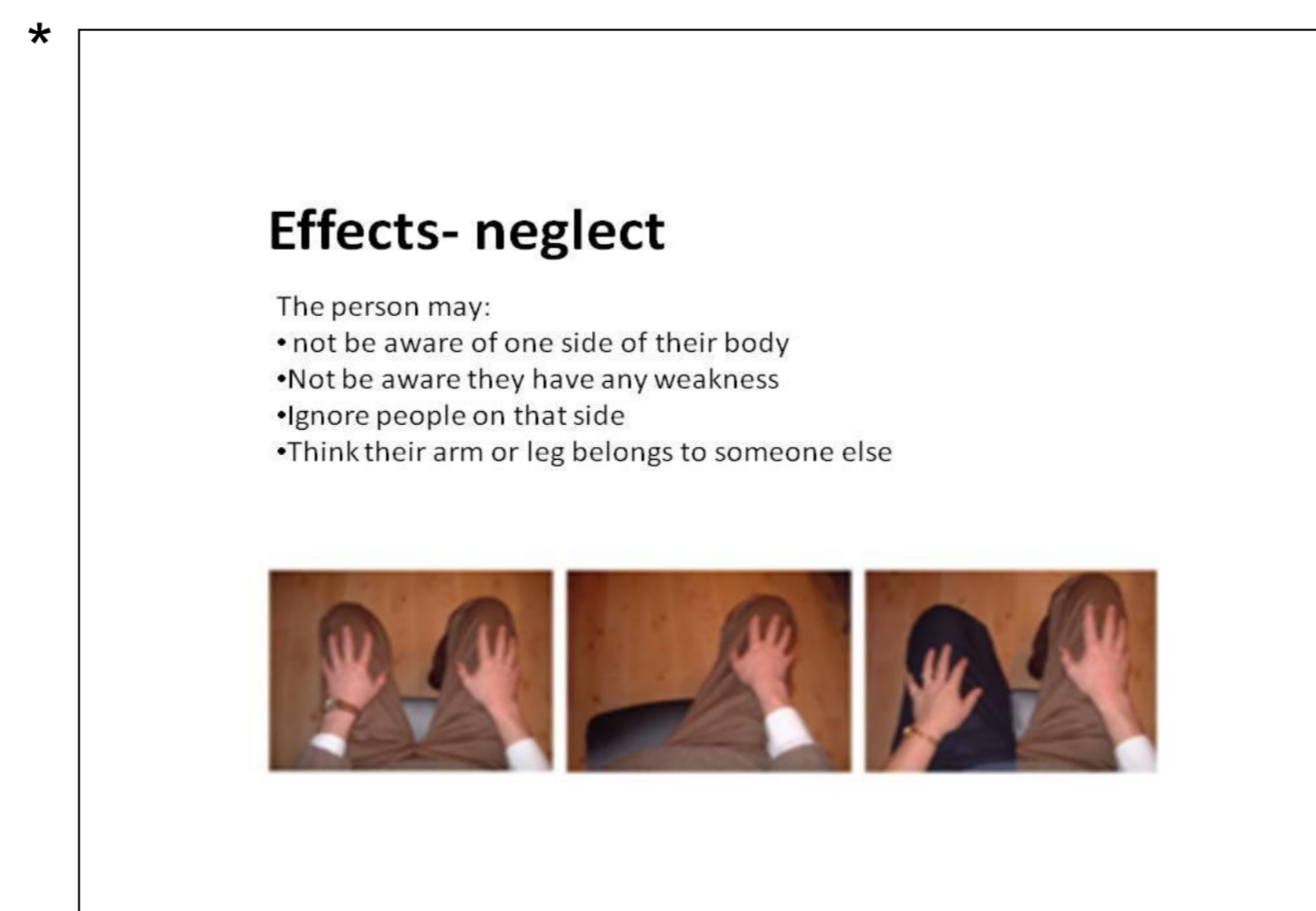
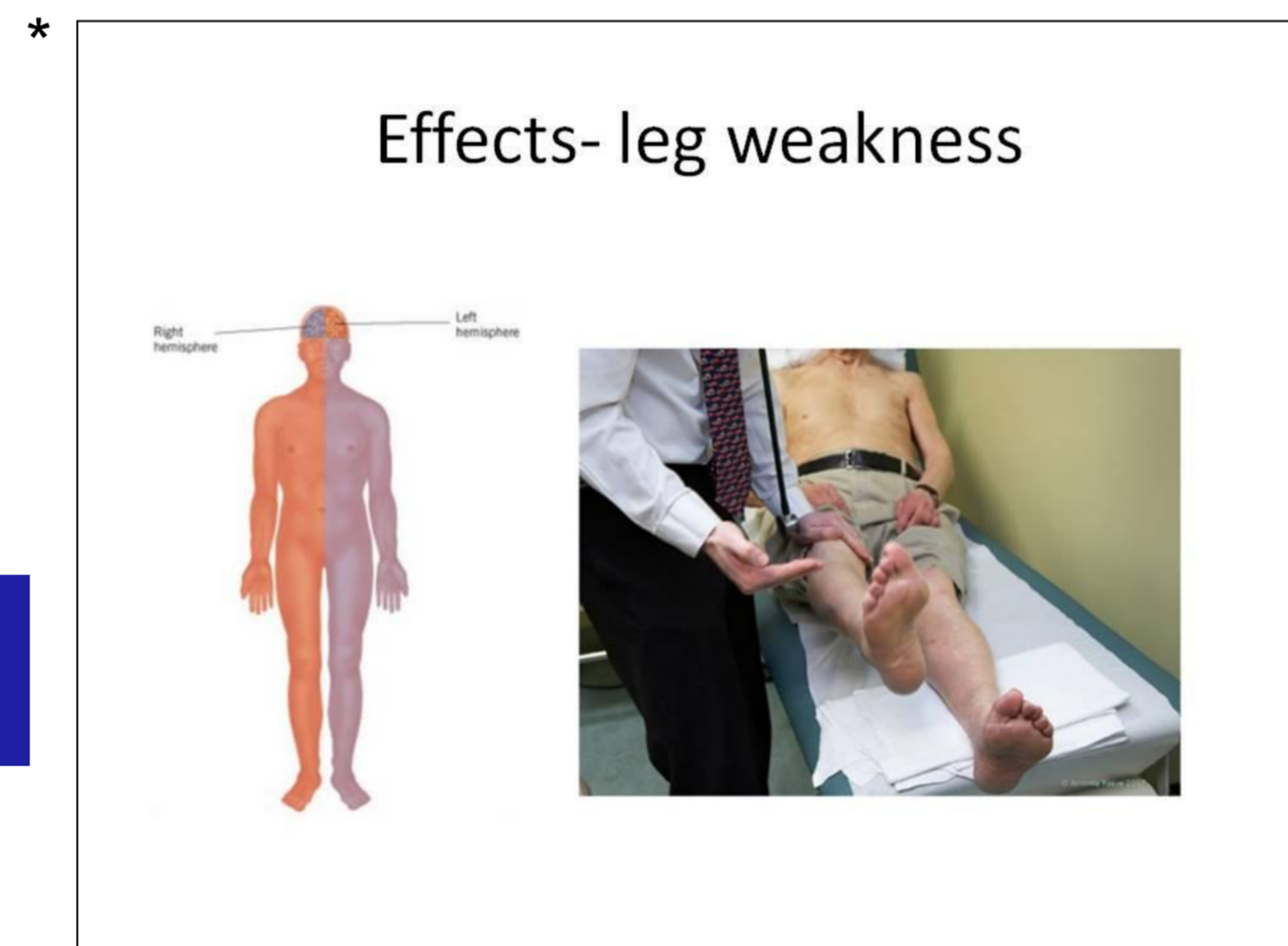
Background

- Personalised information can help patients and families in treatment decision-making
- Tailored Talks (TT) is a digital communication platform that has been developed in collaboration with POGO digital healthcare to promote shared decision-making (SDM)
- We report how we developed, implemented and evaluated a process of SDM, incorporating TT, in our regional stroke service.



Methods

- Development of SDM process and implementation plan: we conducted four co-production workshops over six months with healthcare professionals (n=7) stroke survivors and carers (n=2)
- Implementation: we conducted staff training on communication, SDM and TT
- Feedback: We conducted interviews with patients/ families (n=5) and staff (n=2)



Results

- Co-production: (a) TT potentially useful tool but content needs to be accessible and include information on emotional support. We initiated these changes.
- Implementation: 35 staff attended and 56 signed up for stroke specific content on TT
- Feedback: a) Patients/families felt that TT was a useful information resource but there is uncertainty about its role in SDM. Only one family member remembered receiving TT (b) Staff also felt that TT was an important educational resource. However they did not use it on the ward. Barriers to use included time, IT systems and 'loss of human touch' when delivering sensitive information.

Conclusions

- There is a lack of inpatient data to draw conclusions on potential benefit of TT due to its limited use
- Future work should focus on barriers limiting its use

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* Slides are from Tailored talks

