

Template for describing an intervention



Checklist for providing a detailed description of an intervention

- 1 **BRIEF NAME**
Provide a name and/or phrase that describes the intervention
- 2 **RATIONALE FOR THE INTERVENTION**
Describe the reasons why the intervention is required and any theory underpinning its development
- 3 **TARGET RECIPIENTS**
Describe who the intervention is for and why, and any rationale for targeting specific groups
- 4 **SPECIFIC GOALS OF THE INTERVENTION**
Describe the anticipated outcomes, the changes the intervention should lead to in children/young people
- 5 **COLLABORATION AND LINKAGES**
Describe if and how the intervention has been developed in collaboration with key stakeholders, and whether it links with other work (e.g., in schools, have teachers been involved and does it link to specific parts of the existing curriculum/current priorities?)
- 6 **CONTENT OF THE INTERVENTION**
Describe the materials or resources that will be used in the intervention, including information that will be given to schools, parents/caregivers and children/young people, as well as the activities that will be involved
- 7 **WHO WILL DELIVER THE INTERVENTION**
Describe the roles of all those involved in delivering each aspect of the intervention
- 8 **DELIVERY PROCEDURES**
Describe how the intervention will be delivered and the mode/s of delivery, including whether it will be delivered to groups or individually
- 9 **LOCATION**
Describe where the intervention will be delivered, including any constraints the location presents
- 10 **TIMING**
Describe the number of times the intervention is to be delivered and over what period of time (number and sequence of sessions, their duration or intensity)
- 11 **TAILORING**
Describe any plans to tailor any aspects of the intervention for specific groups or individuals (provide details of what, why, when and how it will be adapted)
- 12 **MONITORING PROCEDURES**
Describe and provide a link to documentation of the extent to which the intervention has been delivered in the ways intended (adherence or fidelity to the original plans)
- 13 **RISK ASSESSMENT**
Describe any potential issues that might arise and how these will be dealt with

Provide details of where information relating to each part of the intervention is documented