

## Edinburgh Award (Summer Volunteering: International)

This award is given to students whom the University has recognised for actively working to maximise their impact and excel through undertaking an international volunteering experience during their studies. These students have, through their international volunteering, developed essential skills which they can use in their academic life and other activities, and which will benefit them in their future career.

In successfully completing the Edinburgh Award, these students will have been helped to:

- increase their self-awareness;
- make the most of their existing strengths and build new skills/abilities against clear development goals;
- understand the processes involved in having a planned positive impact and strategically working to excel, enabling them to have impact and make a difference whatever situation they are in; and
- look not only at their international volunteering, but also to capitalise on their experiences elsewhere to inform and enhance their role as a volunteer, and vice versa.