



THE UNIVERSITY *of* EDINBURGH

Edinburgh Award (social of Social and Political Science – Group Coaching)

This Award is given to students in the School of Social and Political Science whom the University has recognised for actively working to maximise their impact and excel as a peer supporter. These students have been trained in group coaching and have put their coaching skills into practice in order to support peers with their personal development.

In successfully completing the Edinburgh Award, these students will have been helped to:

- increase their self-awareness;
- make the most of their existing strengths and build new skills/abilities against clear development goals;
- understand the processes involved in having a planned positive impact and strategically working to excel, enabling them to have impact and make a difference whatever situation they are in; and
- look not only at their role as a peer supporter, but also to capitalise on their experiences elsewhere to inform and enhance their role as a volunteer, and vice versa.