**Reviewing goals**

Use this diagram to capture the progress that you have made so far in your postgraduate studies. Think about your achievements and success in all of the following areas: your course, work/volunteering and your own personal development. Taking stock of what you have achieved and where you are now is a useful step in planning for your future.

**Goals I would like to set for the next stage**

What do you still want to achieve?

Looking back: present to start of postgraduate degree

**What I have enjoyed so far in my postgraduate degree**

This could include subject areas or ways of working

**My key successes/achievements**

These could be academic or related to your personal development

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Looking forward: Next phase of PG study and beyond

**Implications for future career direction**

What have you learned, about your subject and yourself, that could influence success in or enjoyment of careers