

Short Welfare Attorney/Guardian/ Nearest Relative Information Leaflet

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Funded by: Your research team is from:



Scan for the PLINTH video



We would like you to consider giving your permission for your relative/person you are consenting for to take part in a research study

This is because they are unable to make decisions for themselves so we are asking you as their Welfare Attorney/Welfare Guardian/Nearest Relative if you will give consent on their behalf to join the study. This is permissible under the Adults with Incapacity (Scotland) Act 2000.

This leaflet summarises the purpose of the research study and what it involves for your relative/person you are consenting for. Please read this information carefully which will help you to make a decision.

Please consider what your relative/person you are consenting for would want, and set aside your personal views. Discuss it with others if you wish, your decision will not affect the standard care that your relative/person you are consenting for receives.

Do ask if anything is unclear. You can find information about how to contact us in the materials that we provide for you.

Here is a diagram describing this research study



Patient had a stroke due to a brain haemorrhage



Patient's doctor confirmed that you're eligible for this study



The research team is inviting you to take part. You have time to decide, ask questions and get answers.



Patient gets standard medical care if you do or don't take part



If you agree to take part, we will:

- Gather some **information from their electronic health records** and keep it confidential.
- Ask you to **sign a consent form.**



If you sign, we'll include the patient in the PLINTH feasibility study



Interview you or their nearest relative for around 15 minutes, **3 days** after you give consent



Interview you or their nearest relative for around 15 minutes, **14 days** after you give consent



Monitor patient's electronic health records to see how you get on and keep the information confidential

Why are we inviting the person you are consenting for to take part?

- Your relative/person you are consenting for has had a stroke due to bleeding in their brain, known as ‘intracerebral haemorrhage’ or ‘brain haemorrhage’.

Why are we doing this research study?

- **Standard care for people with brain haemorrhage** involves doing things that can help them. For example, brain scans can show the cause. Also, care in a hospital Stroke Unit improves the chance of recovery. Research studies showed us that this standard care helps people with brain haemorrhage. But despite standard care after brain haemorrhage, death or disability are common.
- **We want to improve recovery** after brain haemorrhage by doing more research. Future studies might investigate things that we already do – but only for some people, or in some hospitals – because we’re not sure if they work. They might also investigate new tests or treatments.
- Because **many different things may help**, in future we want people with brain haemorrhage to be able to access them all in one study, called a ‘platform study’. We are planning a PPlatform study for INTracerebral Haemorrhage, known as PLINTH for short. A platform study of several treatments gets results quicker than doing lots of separate studies. But we haven’t started PLINTH yet. First we want to find out whether people would be willing to take part.

What does this PLINTH feasibility study involve?

- We'll **provide more detailed tailored information** about brain haemorrhage, their care, and this study. This information can be shared on screen, on paper, or by email. It will cover the type of brain haemorrhage, the care they have received, and options for their care. We'll also ask whether you would, in theory, be willing to consider taking part in a platform study of the current options for their care.
- We'll **gather information** from their health records securely and confidentially and **monitor** them to see how they do.
- We'll **interview** you or their nearest relative twice, for around 15 minutes **at 3 days and at 14 days** after you give consent.
- The **benefits** of this research are that it will provide you with information and an opportunity to ask questions. It will help improve care provided for other people with brain haemorrhage in future. We can send you a summary of the results at the end of the study.
- The **risks** of taking part in this research are low. You may find the information about brain haemorrhage distressing, but the clinical and research teams will support you. The interview might be difficult to take in, but we will go at your own pace. We will take care to keep their data strictly confidential.
- You are **free to withdraw at any time**, without giving a reason.

Thank you for reading this information and considering taking part.