

## Participant Information Sheet

### Exploration of asthma related health beliefs and behaviours in the Emergency Department

Researcher: Imogen Skene

#### Invitation paragraph

You are being invited to take part in a research study. Before you decide if you want to take part it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully. Talk to others about the study if you wish. Ask us if there is anything that is not clear or if you would like more information.

#### What is the purpose of this study?

This study is looking at the health beliefs and behaviours of asthma patients, and of the healthcare professionals in the Emergency Departments and primary care who would typically provide care for these patients.

We are looking to explore:

- Health beliefs and behaviours relating to patients who are discharged from the Emergency Department following a presentation for their asthma.
- To understand your thoughts on whether we could improve the asthma control of patients presenting to the Emergency Department for their asthma by considering long term treatment options in the Emergency Department

#### Who can take part?

To take part you must be a registered healthcare professional in the UK and have recent experience of providing care of patients with asthma (in either the emergency department or primary care setting).

#### Do I have to take part?

No. It is up to you to decide whether or not to take part. If you do want to take part, you will be given this information sheet to keep and asked to sign a consent form. You are still free to withdraw at any time, without giving a reason.

#### What will happen to me if I take part?

You will take part in an interview, which will last approximately 20 minutes. This may take place over the telephone or an online audio-visual call, such as MS Teams or Zoom. You will be asked to discuss your views and attitudes relating to patients who are discharged from the Emergency Department following a presentation for their asthma and the potential for changing long term treatment options, i.e. switching to a maintenance and reliever therapy in the Emergency Department.

If you decide to take part, a researcher will arrange a convenient time with you for the interview. The interview will be audio recorded and/ or audio-visually recorded and transcribed verbatim. You can ask to stop the recording or discontinue the interview at any time. The recording will be stored in an encrypted file.

### **Will my taking part in the study be kept confidential?**

Yes. All the information that you provide us will be handled in confidence and we will follow strict ethical guidelines. All information will be stored in a locked filing cabinet in a locked office at Queen Mary University London and on password-protected computers. Any names that you use in the interview will be removed.

### **How will we use information about you?**

We will need to use information from you for this research project.

This information will include your name and contact details which are **held by site and/or sponsor for the research**. People will use this information to do the research or to check your records to make sure that the research is being done properly.

People who do not need to know who you are will not be able to see your name or contact details. Your data will have a code number instead.

We will keep all information about you safe and secure.

Once we have finished the study, we will keep some of the data so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.

### **What are your choices about how your information is used?**

- You can stop being part of the study at any time, without giving a reason, but we will keep information about you that we already have. You will be able to withdraw your interview data up to one month after the interview, at this point onwards it will be included in the analysis.
- We need to manage your records in specific ways for the research to be reliable. This means that we won't be able to let you see or change the data we hold about you.
- If you agree to take part in this study, you will have the option to take part in future research using your data saved from this study.

### **Where can you find out more about how your information is used?**

You can find out more about how we use your information

- at [www.hra.nhs.uk/information-about-patients/](http://www.hra.nhs.uk/information-about-patients/)
- our leaflet available from [www.hra.nhs.uk/patientdataandresearch](http://www.hra.nhs.uk/patientdataandresearch)
- by asking one of the research team
- by sending an email to [data-protection@gmul.ac.uk](mailto:data-protection@gmul.ac.uk) ,
- or write to Data Protection Officer, Queens' Building, Mile End Road, London, E1 4NS

### **What will happen to the data collected?**

If you decide to take part in the study, your name and contact details will be kept securely at Queen Mary University of London until the study is complete. The recordings will be stored securely in accordance with the Data Protection Act 2018. An audio recording will be shared with an external transcription company. Audio-visual recordings will not be shared. A confidentiality agreement will be in place before any recordings are shared with them. The recording of your interview will be erased after transcription has been completed and checked by the researcher for accuracy. We will store your pseudonymised interview transcript in a password-protected database on a secure Queen Mary University of London server with access restricted to the research team.

Part of the transcripts, including direct quotes, may be published or used for teaching purposes, but in a form which will not identify the person making the comments. The pseudonymised interview transcript will be kept for a minimum of 5 years.

### **What will happen to the results of this study?**

We will publish our findings on the AUKCAR website (<https://www.aukcar.ac.uk/>). Findings will also be published in scientific journals, although no one will be able to tell that you have participated in the research. You are welcome to look at these publications and the researchers will be happy to provide references or copies of the publication if you wish.

### **What are the possible disadvantages of taking part?**

It is hoped that taking part in the interview will not prove stressful to you. It is up to you exactly what you share in the interview. However, if you feel upset by what you have shared, the interview can be stopped straight away.

### **What are the benefits of taking part?**

While there may not be an immediate personal benefit to taking part in this research, the information we gain from this study will help us develop better understanding of how people view their asthma health and may serve to help develop interventions that aim to improve the lives of those living with asthma in the future.

### **Who is organising and doing the research?**

Imogen Skene, a PhD Student from the Asthma UK Centre for Applied Research at Queen Mary University of London is the lead for this research. She is supervised by Dr Liz Steed, health psychologist and Dr Paul Pfeffer, respiratory consultant with a special interest in asthma both based at the Queen Mary University of London. This research is funded by Asthma UK through its grant to the Asthma UK Centre for Applied Research.

### **Who is the study sponsor?**

This study is sponsored by Queen Mary University of London.

### **Who has reviewed the study?**

All research in the NHS is looked at by an independent group of people, called a Research Ethics Committee to protect your safety, rights, wellbeing and dignity. This study has been reviewed and given favourable opinion by London – Camden & Kings Cross Research Ethics Committee and Queen Mary University of London will ensure the study is run the way the ethics committee has approved. To ensure this data collected during the study may be looked at by regulatory individuals from local NHS Trusts, Queen Mary University of London, and national regulatory authorities where it is relevant to you taking part in this research.

### **What if there is a problem?**

If you have any concerns about this study the researchers will do their best to answer your questions. You can also contact the patient advice and liaison services (PALS) if you have any concerns:

Tel no: 020 3594 2040

Email: [RLHPals.bartshealth@nhs.net](mailto:RLHPals.bartshealth@nhs.net)

### **How to find out more about the study?**

If you want to find out more about this study, please email [i.p.skene@qmul.ac.uk](mailto:i.p.skene@qmul.ac.uk)