

Mentoring – Further Thinking & Reading



A Guide for Researchers

Resource 4 of 4

These resources have been written bearing in mind a number of sources and chief amongst these is:

Guccione, K. & Hutchinson, S. (2021) *Coaching & Mentoring for Academic Development*. Emerald Education.

Written for the academic sector, this book is a treasure trove of ideas for supervisors, coaches, mentors and managers.

Tonally, this guide owes a huge debt to Dr. Kay Guccione whose mentoring work informs all of it.

You may find that Kay's web resource – a [Starter Pack for Mentors](#) is a great next step on your mentoring journey.

If you'd like to develop your thinking on mentoring further, then the following resources come highly recommended:

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Downey, M. (2014) *Effective Modern Coaching* LID Publishing

Garvey, B., Stokes, P. and Megginson D. (2014) *Coaching and Mentoring: Theory and Practice* (2nd Edition) Sage

Harvard Business School Essentials (2004) *Coaching and Mentoring (HB Essentials): How to Develop Top Talent and Achieve Stronger Performance*

Megginson, D. and Clutterbuck, D. (2005) *Techniques for Coaching and Mentoring*. Elsevier Butterworth-Heinemann

Parsloe, E. and Wray, M. (2000) *Coaching and mentoring*. London: Kogan Page.

Pegg, M (2006) *The Art of Mentoring*. Cirencester: Management Books

Peltier, B. (2001) *The Psychology of Executive Coaching - Theory and Application*. Taylor-Francis Publishing

Stainer, M. (2016) *The Coaching Habit: Say Less, Ask More & Change the Way You Lead Forever*. Box of Crayons Press

Van Nieuwerburgh, C. (2014) *An Introduction to Coaching Skills: A Practical Guide*. London: Sage.

Whitmore, J. (2009) *Coaching for Performance: GROWing Human Potential and Purpose: The Principles and Practices of Coaching and Leadership* (4th Edn) London: Nicholas Brealey

Zachary, L.J and Fain, L. Z. (2022 3rd Edition) *The Mentor's Guide: Facilitating Effective Learning Relationships*. Jossey Bass

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