



What's new in ICU?

An informative day for AHPs and Nurses

Friday 24th May 2024

John McIntyre Conference Centre,
Pollock Halls, Edinburgh

Topics Include:

**PREHABILITATION + ECMO NURSING + CRITICAL CARE FOR
TRANSGENDER PATIENTS + EARLY LARYNGEAL REHAB +
SETTING UP AN ICU GARDEN + CHEST AUSCULTATION
TECHNIQUES + GREENER INTENSIVE CARE + USING LUNG
ULTRASOUND + MDT CRITICAL CARE RECOVERY SERVICE +
VIRTUAL REALITY FOR CRITICAL CARE PATIENTS + THE ROLE OF
AN ARMY RESERVE NURSE + ANIMAL ASSISTED INTERVENTION**



REVALIDATION

Friday 24th May

08:40 - 09:20 Registration/Coffee

Session 1 (09.20 - 10.40)

Pentland East

09.20	Welcome	David Hope
09.25	Prehabilitation before surgery	Lisa Salisbury / Alison Kelly <i>Physiotherapists Queen Margaret University</i>
09.50	The Role of the ECMO Specialist Nurse	Benjamin Fryer <i>Charge Nurse – ECMO, Guy’s and St Thomas’ NHS Foundation Trust</i>
10.15	Critical Care for Transgender Patients	Stuart Edwardson <i>Specialty Registrar in Anaes- thesia and Intensive Care Med- icine, NHS Lothian</i>

10:40 - 11.15 Tea/Coffee & Trade Exhibition - Pentland West

Session 2 (11.15 - 12.05)

Pentland East

11.15	Early laryngeal rehabilitation in ICU – options and benefits for humanisation of care	Sarah Wallace OBE FRCSLT <i>Consultant Speech and Language Therapist (critical care), Wythenshawe Hospital</i>
11.40	Better out than in? The FRESHAIR Trial - ICU Garden Research	Dr Phil Hopkins <i>Hon Senior Lecturer in Intensive Care Medicine, King's College London</i>

12.05–13.15 Lunch & Trade Exhibition - Pentland West

***Please take time to visit the trade stands to be
in with a chance to 'Win your registration fee'***

Friday 24th May

Afternoon Sessions (13.15–13.55 & 14:00–14:40 Tutorials)

<p><i>Greener intensive care to improve environmental sustainability</i></p> <p>Hospitals have a significantly large carbon footprint causing ecological damage, which mainly comes from the production, consumption and waste management associated with healthcare supplies. This workshop will explore how caring for critically ill patients can be 'greener' for improved environmental sustainability of intensive care units along with financial savings as a co-benefit. Further educational resources and information about sustainable</p>	Rhea Conn	<i>ROOM TBC</i>
<p>Chest Auscultation Techniques</p> <p>Having knowledge of chest auscultation and what different clinical findings could mean can help you to optimise your patient care by good positioning and different interventions. This tutorial session will go over how to examine the chest and create a differential diagnosis from clinical findings.</p>	Amber Kennedy	<i>ROOM TBC</i>
<p><i>Lung Ultrasound Workshop</i></p> <p>Point of Care Ultrasound (PoCUS) continues to grow rapidly within healthcare, especially in ICU. Lung ultrasound (LUS) is an imaging modality available to almost all members of the MDT, and can easily help identify the pathologies most likely to affect your critically ill patients. This workshop aims to introduce attendees to how a LUS scan is performed and what it can show. Clinical examples of the ways in which LUS can easily alter patient management or monitor their response to interventions, will be presented and discussed</p>	Simon Hayward & Nicola Williams	<i>ROOM TBC</i>
<p><i>Multi-Disciplinary working in Critical Care Recovery</i></p> <p>Survivors of critical illness have high rehabilitation requirements across multiple domains. Our critical care recovery service delivers a comprehensive, co-ordinated rehabilitation pathway for all ICU survivors, which is person-centred, holistic and focuses limited resources where they are most required. Come and hear more about the importance of multi-disciplinary working for ICU survivors, and work through a case study with us to highlight the importance of post ICU rehabilitation.</p>	NHS Lothian Critical Care Recovery Team	<i>ROOM TBC</i>

14.40–15.10 Coffee & Trade Exhibition—Pentland West

Session 3 (15.10 - 16.30)

Pentland East

15.10	Virtual Reality in the Intensive Care Unit	<p><i>Ceri Lynch</i> <i>Consultant in Anaesthetics and Intensive Care Medicine, Royal Glamorgan Hospital</i></p>
15.35	Nursing in Austere Environments-The role of an Army Reserve Nurse	<p><i>Col Helen Singh MBE</i> <i>QARANC Senior Nurse Army Reserve</i></p>
16:00	Humanising the ICU with Animal Assisted Intervention	<p><i>Sarah Anderson</i> <i>Volunteer Coordinator, Pets as Therapy & Maggie, ICU PAT dog</i></p>
16.25	Close	<p><i>David Hope</i></p>

SPEAKERS

Sarah Anderson	Volunteer Coordinator Pets as Therapy & Maggie, ICU PAT dog
Rhea Conn	Critical Care Senior Sister and Chief Sustainability Officer's Clinical Fellow 23/24
Stuart Edwardson	Specialty Registrar in Anaesthesia, and Intensive Care Medicine NHS Lothian
Benjamin Fryer	Charge Nurse – ECMO Guy's and St Thomas' NHS Foundation Trust
Simon Hayward	Practice Development Physiotherapist in Lung Ultrasound Blackpool Teaching Hospital
Phil Hopkins	Hon Senior Lecturer in Intensive Care Medicine, King's College London
Alison Kelly	Physiotherapist Queen Margaret University
Amber Kennedy	Advanced Critical Care Practitioner NHS Lothian
Ceri Lynch	Consultant in Anaesthetics and Intensive Care Medicine Royal Glamorgan Hospital
NHS Critical Care Recovery Team	NHS Lothian
Lisa Salisbury	Physiotherapist Queen Margaret University
Helen Singh	Advanced Critical Care Practitioner & Chief Nurse Army Reserve
Sarah Wallace	Consultant Speech and Language Therapist (Critical Care) Wythenshaw Hospital
Nicola Williams	Physiotherapy Practitioner Blackpool Teaching Hospital