

Even more Neurodiversity at School: Resource suggestions from the community

Version 1, June 2022

About this resource list

Suggestions from the community

In 2020-2021, the LEANS team **crowdsourced** a list of items recommended by members of the neurodiversity community, and by educators. Via social media, we requested items that were appropriate for primary-school-aged children, or for professionals working with children in this age group. Some items are also focused on parents/carers. Each item on the list is one that someone thought was worth sharing. A big *thank you* is due to all those who took the time to submit their suggestions!

The LEANS team has checked that these listed resources really exist and are available in English (as of September 2021). We also checked that appeared broadly suitable for primary school children and the adults supporting them. Some resource recommendations do not appear on the final list because their topics were not clearly related to neurodiversity, or they fell far outside the LEANS remit, such as a small number of suggestions focused on clinicians or therapeutic techniques.

Please be aware that this list is not an endorsement or recommendation from the research team. The LEANS project **cannot guarantee** the listed items' factual accuracy, overall level of quality, or that their content agrees with the ethos of the LEANS materials.

We know that many great resources have come out since September 2021, and won't be on this list!

We intend to re-open community recommendations and update this list in late 2022 or early 2023. Join our mailing list or check the website for more news. In the meantime, please hold on to your recommendations!

What type of items are on the list?

The goal of this list was to point people towards resources and materials that go beyond the LEANS resource pack itself, but still focus on primary-school age groups, educators, and parents/carers. Unlike LEANS itself, many of the submitted items focus on specific diagnostic categories (such as dyslexia) that are often considered to come under the "umbrella" of neurodivergence. Some of the suggested resources do talk about the general concept of neurodiversity, or about differences without putting any labels on them at all.

The list has a mix of formats and media, paid and free items. Some are intended for children, others for adults (and some for both!). The resources also vary in purpose. Some try to explain

particular diagnoses and what they are, some communicate individuals’ experiences, and some directly give advice to teachers or parents. Across all types of resources, the team checking the recommendations have tried to focus on the items that appeared the most immediately accessible to schools, teachers and parents.

We use **icons** (described below) to label each item, and these can help you if you’re looking specifically for child-facing items, free items, websites, and so on.

Target audience	Resource type
 Adults	 Books and e-books
 Children	 Website
Cost	
(no icon) Free resource	 Documents, reports, downloadable guides
 Paid resource	 Training, presentation, live session
	 Videos, films
	P Podcast

Resources are organised under headings, by their main topic

[Neurodiversity \(in general\)](#)

Resources about specific diagnoses/ types of experiences (*alphabetical by diagnosis*)

[ADHD/ADD](#)

[Autism](#)

[Dyslexia](#)

[Dyspraxia \(Developmental coordination disorder; DCD\)](#)

[Tourette’s](#)

[Resources on diversity and difference \(not specific to neurodiversity\)](#)

[Other related resources](#)

Resource suggestions list

Neurodiversity-focused resources



It Takes all Kinds of Minds

Salvesen Mindroom Centre / Mindroom (2020)

The experiences of neurodivergent young people, explained simply in the form of a booklet and video playlist.

https://www.mindroom.org/wp-content/uploads/2020/10/It_Takes_All_Kinds_of_Minds_2020v4-1.pdf and

https://www.youtube.com/playlist?list=PLBOVTfOfXbGDhiawJ_DLgd2CUioQ_6B8

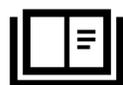


Resources | Neurodiversity Celebration Week

Neurodiversity Celebration Week / Siena Castellon (2021)

Resources page (mostly videos) on the official website for Neurodiversity Celebration Week, which is celebrated annually around the world and schools can sign up to.

<https://www.neurodiversity-celebration-week.com/resources>



Some Brains: A book celebrating neurodiversity

Nelly Thomas / Black Inc. (2020)

This picture book explains how neurodiversity gave us people like Albert Einstein and Greta Thunberg, and that while neurodivergent kids may need some extra help, they should never be seen as disordered.



Understanding & Accepting Neurodivergent Ways of Experiencing the World

Dr Chloe Farahar (2019)

A typically half-day workshop targeted at Year 7s, led by autistic woman Chloe Farahar PhD, exploring neurodivergence and combating stigma.

<https://soyoureautistic.com/neurodiversity-event-for-young-pupils-year-7/>



Understanding neurodiversity in the context of equality and inclusive practice

General Teaching Council for Scotland (2020)

Downloadable PDF teacher guide on neurodiversity from the independent self-regulating body that sets professional standards for teachers in Scotland.

<http://www.gtcs.org.uk/web/FILES/professional-guides/Professional-Guide-Neurodiversity.pdf>



Vera McLuckie and the Daydream Club

Jane Evans & Ruth Mutch / Your Stories Matter (2017)

Friendly, clumsy Vera and her neurodiverse friends take on the bully of Acorn Bank Primary.



Using picture books to teach about Neurodiversity

Jenna Segall / reel2e (2021)

Blogpost listing names and URLs of picture books which can be used to spark conversations about neurodiversity in the classroom.

<https://www.reel2e.org/post/using-books-to-celebrate-neurodiversity>



EPIC Resources

Dr Sinead Rhodes / University of Edinburgh (2021)

Downloadable PDF booklets which can be used by parents and teachers to help identify and understand neurodivergent children's strengths and difficulties.

<https://www.ed.ac.uk/clinical-brain-sciences/research/epic-edinburgh-psychoeducation-intervention/epic-resources>

Resources about specific diagnoses

ADHD/ADD



ADHD and Me

Claire Ryan / Chatterpack (2020)

Handbook with pictures, designed to help children and young people explore and understand their diagnosis.

<https://chatterpack.net/collections/chatterpack-esources/products/adhd-and-me>



ADHD in Primary School

Lou Brown (2018)

Downloadable PDF guide that helps teachers to better understand and support ADHD students.

<https://thrivingwithadhd.com.au/product/adhd-in-primary-school-product/>



ADDitude Webinars

Various speakers / ADDitude (2021)

Expert webinars which explore topics such as distractibility, impulsivity, and working memory problems associated with ADHD in an educational context.

<https://www.additudemag.com/category/parenting-adhd-kids/school-learning/webinar-school-learning/>



£ Free resources
also available

Busting the ADHD Stigma

Soli Lazarus

Website with mixed resources to support parents of children who have ADHD, or adults who have ADHD. Includes both free and paid resources.

<https://soli-lazarus.com/>



The Boy with the Butterfly Mind

Victoria Williamson / Floris Books (2019)

Jamie has ADHD and Elin wants to be perfect. At first they struggle to find anything in common, but a school science project (eventually) brings out the best in them both. Chapter book for children 9-14.



Show Us Who You Are

Elle McNicoll / Knights Of (2021)

Cora is autistic and her (new) best friend Adrien has ADHD. A science fiction story set in a time where hologram technology can bring people back to life. A story of friendship, grief and bravery. Chapter book for children 9-14.

Autism



How to Be Human: Diary of an Autistic Girl

Florida Frenz / Creston Books (2013)

Based on the author's experiences, a teenage girl figures out the confusing social world around her.



Just keep stimming

Courtney Johnson (2017)

A blog by an American civil rights advocate, which also hosts printable resources and resource lists.

<https://justkeepstimming.com>

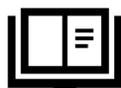


Meeting the needs of autistic learners

General Teaching Council for Scotland (2020)

Downloadable PDF teacher guide about autistic students from the independent self-regulating body that sets professional standards for teachers in Scotland.

<http://www.gtcs.org.uk/web/FILES/professional-guides/Professional-Guide-Autism.pdf>



Supporting Spectacular Girls

Helen Clarke / Jessica Kingsley Publishers (2021)

A practical guide which provides strategies for the reader to help autistic girls enhance and develop their well-being and self-esteem.



World Beyond My Shadow, The

Daniela Schreiter / Panini (2016)

Autobiographical graphic novel in which the author describes her experience growing up autistic and “on the wrong planet”.



Boy Called Bat, A

Elana K. Arnold & Charles Santoso / Walden Pond Press (2017)

An autistic boy befriends a baby skunk, and sets out to prove that the kit would make a terrific pet.



My story

Anne Moxon / Autism Matters (2014)

A downloadable presentation made for children about the author’s experience of growing up autistic.

https://www.autismmatters.org.uk/uploads/7/3/9/1/7391942/my_story_asp.pdf



Inclusive Education for Autistic Children

Dr Rebecca Wood / Jessica Kingsley Publishers (2019)

Book presenting original and empirical research which reframes how educators should consider autism and educational inclusion.

<https://uk.jkp.com/products/inclusive-education-for-autistic-children>



NeuroClastic Resources for Educators

NeuroClastic (2021)

Website containing blogposts on how to support autistic children at school and at home, as well as resources to help children learn about autism and neurodiversity.

<https://neuroclastic.com/category/resources-for-educators/>



£ Free resources
also available



Reachout ASC Resources

Reachout

Website with mixed resources to help both adults and children understand autism, as well as resources to support autistic children at school and at home.

<https://reachoutasc.com/resources>



A Kind of Spark

Elle McNicoll / Knights Of (2020)

Addie is 11-years old, autistic and enjoys reading. When a book on witch trials leaves her stunned, she sets out to challenge how people in her hometown see and understand difference. Chapter book for children aged 9-12.



Can You See Me?

Libby Scott & Rebecca Westcott / Scholastic Ltd (2019)

Tally is autistic, but tries to hide it as much as she can - until her friends help her realise how much better life can be when people know the real you. A story of school, friendship and family life, written by adult author Rebecca Westcott, with diary entries from 11-year old autistic Libby Scott. Chapter book for children aged 9-12.

Dyslexia

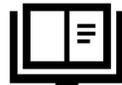


Addressing Dyslexia Toolkit

Dr Margaret Crombie & Dyslexia Scotland (2017)

Comprehensive website for teachers providing information about dyslexia and how to support dyslexic students and their families.

<https://www.dyslexiascotland.org.uk/addressing-dyslexia-toolkit>



Back to Front World of Azzie Arbuckle, The

Beth Montgomery / Your Stories Matter (2017)

Azzie doesn't like school - while she loves drawing and painting, she has to read from boards and books all day, and letters, words and numbers are really difficult for her.



Dyslexia - Personal Experiences

Dyslexia Scotland (2019)

A playlist of 32 short videos from charity Dyslexia Scotland, in which dyslexic children and young people talk about their experiences.

<https://www.youtube.com/watch?v=hcR7anEjWag&list=PL0wuerC08Sws7mujWrF3XLjO2tcAx7EuP&index=3>



Hudson Hates School

Ella Hudson / Frances Lincoln Children's Books (2012)

After vowing never to go back to school, young Hudson is given a test very different to the horrible spelling tests - in fact, it might be the start of something great.



It's Called Dyslexia

Jennifer Moore-Mallinos & Marta Fabrega / The O'Brien Press (2010)

Sarah learns that she can read and write like everyone else - she'll just need some extra help!



Meeting the needs of dyslexic learners

General Teaching Council for Scotland (2020)

Downloadable PDF teacher guide about dyslexic students from the independent self-regulating body that sets professional standards for teachers in Scotland.

<http://www.gtcs.org.uk/web/FILES/professional-guides/Professional-Guide-Dyslexia.pdf>



See dyslexia differently

British Dyslexia Association (2018)

Short animated video explaining what dyslexia is and the strengths of dyslexic people.

<https://www.youtube.com/watch?v=11r7CFIK2sc>



Tom's Special Talent

Kate Gaynor / Special Stories Publishing (2008)

Tom isn't as good at reading or writing as his friends are, but a school competition helps him learn that everyone is good at something.

Dyspraxia (Developmental coordination disorder; DCD)



£

My Friend Josh Has Dyspraxia

Christine R. Draper / Achieve2day (2017)

Picture book explaining how a dyspraxic child might behave and why, narrated by Josh's friend.



£

You're So Clumsy Charley

Jane Binnion & Colin Shelburn / Explainer HQ, Your Stories Matter (2017)

Charley always gets into trouble at school, and doesn't understand why. His worried parents arrange for him to stay with Aunty Bella for a few days... who is clumsy, just like Charley!

Tourette's



Tourette's Syndrome Topic Guide

Helen Eadie & Dr. Seonaid Anderson / The Association for Child and Adolescent Mental Health

Website containing blogposts and podcasts which provide information about Tourette's Syndrome.

<https://www.acamh.org/topic/tourette-syndrome/>



P

Truth About Tourette's, The

Lucinda Powell & Dr. Seonaid Anderson / Changing States of Mind (2021)

Podcast covering what Tourette's Syndrome is and the challenges faced by young people with Tourette's Syndrome in the classroom.

<https://changingstatesofmind.libsyn.com/the-truth-about-tourettes>



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Get a Grip Parenting Podcast: Ep 71 Tics and Tic Disorders in Young People

Dr. Kathy Weston & Dr. Seonaid Anderson / Anchor by Spotify (2021)

Podcast about tic disorders in young people, targeted towards parents.

<https://anchor.fm/dr-kathy-weston/episodes/Episode-71---Dr-Weston-Talks-with-Dr-Seonaid-Anderson-Tics-and-Tic-Disorders-in-Young-People-e14rg93/a-a66jpr4>

Resources on diversity and difference (not specific to neurodiversity)



£

I Go Quiet

David Quimet / Canongate Books (2019)

Overwhelmed by the world, an introverted, silent girl finds solace in books.

<http://igoquiet.com/#>



£

Invisible Boy, The

Trudy Ludwig & Patrice Barton / Knopf Books for Young Readers (2013)

Brian seems to be invisible - no-one ever notices or includes him at school - until a new kid joins the class.



£

We're All Wonders

RJ Palacio / Penguin Random House Children's UK (2017)

Auggie is an ordinary boy with an extraordinary face. This story shows readers what it's like to live in Auggie's world – a world where he feels like any kid, but he's not always seen that way.



£

Wonder

R.J. Palacio / Penguin Random House (2012)

August "Auggie" has a genetic condition which has left his face disfigured. Home schooled until the age of 10, when he does start school he is bullied for being different. An emotional and powerful book. Chapter book for children 9-12.

Other related resources



Chatting and infodumping: a social story

NeuroClastic (2020)

An inclusive social story that teaches its young audience about different ways of talking, and how people who talk about their favourite things differently can get along.

<https://neuroclastic.com/2020/12/16/free-pdf-download-of-neuroinclusive-social-story-on-chatting-and-infodumping/>



Supporting Students with Language and Attentional Difficulties

Haley Tancredi & Prof. Linda Graham / QUT (2019)

Blogpost explaining what language and attentional difficulties are and how students can be supported in inclusive classrooms.

<https://research.qut.edu.au/c4ie/2019/11/01/supporting-students-with-language-and-attentional-difficulties/>



School for Fidgets

QE Gateshead (2020)

Informational video about classroom fidgeting behaviour, targeted towards teachers.

<https://www.youtube.com/watch?v=8nISfcy976U>