



ECAT SUSTAIN MEETING SPRING 2019

Waldorf Astoria Edinburgh – The Caledonian

DAY 1

Wednesday 27 March 2019

Boardroom Suite

0915 ARRIVAL & COFFEE – Entresol Foyer

0945 WELCOME & INTRODUCTIONS – Boardroom Suite
Professor Bill Reid, ECAT Associate Director and Professorial Fellow

MORNING

1000 PERSONAL IMPACT – Boardroom Suite
Peter Bishop, PBP Life Coaching

1115 Break – Entresol Foyer

1145 PERSONAL IMPACT (continued) – Boardroom Suite
Peter Bishop, PBP Life Coaching

1300 Lunch – Entresol Foyer

AFTERNOON

1400 CAREER PROGRESSION – Boardroom Suite
Prof Bill Reid, ECAT Associate Director & Professorial Fellow
Prof Sir John Savill, Regius Professor of Medical Science and ECAT Co-Director

1500 Tea break – Entresol Foyer

1530 DEVELOPING RESILIENCE – Boardroom Suite
Rob Hunter, Wellcome Trust Intermediate Fellow
Jackie Maybin, Wellcome Trust Intermediate Fellow
Damian Mole, MRC Senior Clinical Fellow

1645 End of meeting

EVENING

1900 Drinks – Entresol Foyer

1930 Dinner – Boardroom Suite



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DAY 2

Thursday 28 March 2019
Boardroom Suite / Salon Suite

0915 ARRIVAL & COFFEE – Entresol Foyer

MORNING – parallel sessions

0930 PITCHING IDEAS – Group 1 – Boardroom Suite
Simon Cain, Westbourne Consulting

CO-COACHING – Group 2 – Salon Suite
Sam Chittenden, Different Development

1100 Tea break –

1115 PITCHING IDEAS – Group 2 – Boardroom Suite
Simon Cain, Westbourne Consulting

CO-COACHING – Group 1 – Salon Suite
Sam Chittenden, Different Development

1245 Lunch – Entresol Foyer

AFTERNOON

1330 NETWORKING – Boardroom Suite
Sara Shinton, Head of Researcher Development | IAD Assistant Director

1445 Coffee break – Entresol Foyer

1500 PLANNING & IMPACT – Boardroom Suite
Sara Shinton, Head of Researcher Development | IAD Assistant Director

1600 Summing up & end of meeting