



ECAT SUSTAIN MEETING

G&V Hotel, Edinburgh

DAY 1: COMMUNICATION & IMPACT

Monday 9 October 2017

Main Session: Tartan Room

Parallel Session: Private Meeting Room

0930 ARRIVAL & REGISTRATION – Communal Breakout Area

0945 WELCOME & INTRODUCTIONS – Tartan Room

Prof Moira Whyte, ECAT Co-Director | Head of the Medical School | Director of MRC Centre for Inflammation Research | Sir John Crofton Professor of Respiratory Medicine

MORNING

1000 PERSONAL IMPACT – Tartan Room

Peter Bishop, PBP Life Coaching

1115 Break – Communal Breakout Area

1130 PERSONAL IMPACT (continued) – Tartan Room

Peter Bishop, PBP Life Coaching

1300 Lunch – Cucina Restaurant

AFTERNOON – parallel sessions

1330 PITCHING IDEAS – Group 1 – Tartan Room

Simon Cain, Westbourne Consulting

MEDIA TRAINING – Group 2 – Private Meeting Room

Jenny Durkin, External Engagement and Communications Officer, The University of Edinburgh and **Jen Middleton**, Press Officer, The University of Edinburgh

1445 Tea break – Communal Breakout Area

1515 PITCHING IDEAS – Group 2 – Tartan Room

Simon Cain, Westbourne Consulting

MEDIA TRAINING – Group 1 – Private Meeting Room

Jenny Durkin, External Engagement and Communications Officer, The University of Edinburgh and **Jen Middleton**, Press Officer, The University of Edinburgh

1630 Summing up

1700 End of meeting

EVENING

1900 Drinks – Communal Breakout Area (this area is reserved exclusively for drinks)

1930 Dinner – Tartan Room



THE UNIVERSITY *of* EDINBURGH
Edinburgh Clinical Academic Track

ECAT SUSTAIN MEETING

G&V Hotel, Edinburgh

DAY 2: RESILIENCE, MENTORING & NETWORKING

Tuesday 10 October 2017

Tartan Room

0930 WELCOME – Tartan Room
Prof Moira Whyte

MORNING

0945 NETWORKING – Tartan Room
Sara Shinton, Head of Researcher Development | IAD Assistant Director

1100 Coffee break – Communal Breakout Area

1130 WORK/LIFE BALANCE – Tartan Room
Susan Shenkin, Senior Clinical Lecturer | Honorary Consultant in Geriatric Medicine

1300 Lunch – Cucina Restaurant

AFTERNOON

1400 RESILIENCE – Tartan Room
Kenny Baillie, Wellcome-Beit Fellow, Roslin Institute | former ECAT Clinical Lecturer
and **Sara Shinton**, Head of Researcher Development | IAD Assistant Director

1530 Tea break – Communal Breakout Area

1600 PLANNING & IMPACT – Tartan Room
Sara Shinton, Head of Researcher Development | IAD Assistant Director

1700 Summing up & end of meeting