

**We randomised 72 participants to the CARE pilot trial!
A big thank you to everyone for helping us reach this total.**

**What a marathon, with
a sprint to the finish!**

We recruited 14 participants
in the last month, to far
exceed our target of 60...



Fast finishers in the home straight...

Many thanks to collaborators in Aberdeen,
Middlesbrough, Salford, Sheffield Children's Hospital,
Royal Hallamshire, NHNN (UCLH) London, Royal London,
Southampton, the Walton Centre, and QE Birmingham for
recruiting participants this month.

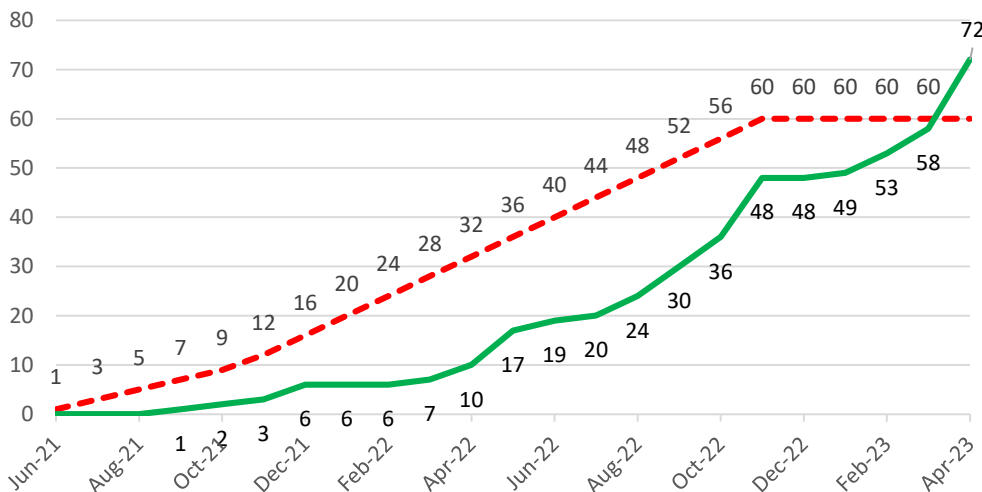
Welcome to the Royal London Hospital, which was
activated 4 days before the end of April!

We'll be judged on adherence and follow-up

Now that recruitment is complete we focus on:

- (1) complete follow-up at 6 months**
- (2) adherence** to randomised treatment allocation, and
- (3) treatment being done before 31 October 2023**

Target (red) vs actual (green) participants recruited



**Screening and
recruitment
activity**

- **72 participants randomised**
- **26 of 28 sites have screened**
- **22 of 28 sites randomised**

**Looking for guidance? [The CARE website](#) has been updated with more
"CARE Chats" videos, which provide top tips for collaborators.**

Trial Coordinating Centre Contact Details:

Chief Investigator: Rustam.Al-Shahi@ed.ac.uk / Co-Chief Investigator: neilkitchen@nhs.net

Trial Manager: Laura Forsyth care.trial@ed.ac.uk

Website: www.ed.ac.uk/care-study [ISRCTN41647111](https://www.isrctn.com/ISRCTN41647111)

Site	Months open	Screened (n)	Recruited (n)
James Cook University Hospital, Middlesbrough	12	37	13
Royal Hallamshire Hospital, Sheffield	18	50	12
Hull Royal Infirmary	18	21	8
Wessex Neurological Centre, Southampton	17	27	7
Aberdeen Royal Infirmary	20	14	4
Royal Infirmary, Edinburgh	21	37	4
King's College Hospital, London	14	68	3
University Hospital of Wales, Cardiff	18	11	3
Royal Preston Hospital	15	33	2
Bristol Southmead Hospital	17	3	2
NHNN (UCLH), London	18	36	2
Bristol Royal Hospital for Children	18	2	2
Royal London Hospital	0.25	1	1
Sheffield Children's Hospital	2	3	1
Queen Elizabeth University Hospital, Birmingham	3	1	1
Essex Neurological Centre Romford	6	38	1
Charing Cross Hospital, London	14	72	1
Salford Royal Hospital	14	7	1
Walton Centre, Liverpool	17	1	1
Addenbrooke's Hospital, Cambridge	18	18	1
Alder Hey Children's Hospital, Liverpool	18	10	1
St George's Hospital, London	18	4	1
Royal Stoke University Hospital	7	1	0
Royal Manchester Children's Hospital	8	1	0
Birmingham Children's, Hospital	16	7	0
Great Ormond Street Hospital, London	18	6	0
Leeds General Infirmary	1.5	0	0
Royal Victoria Hospital, Newcastle-upon-Tyne	11	0	0
TOTAL		509	72

Blood Sample Collection Kits

If any of your participants have not had a blood sample taken during the baseline visit, please ensure a sample is taken at the 6 month follow-up visit and the database is updated.

Please also check the blood tubes in the blood collection kits you have been sent have not expired. If you require more kits get in touch by e-mailing care.trial@ed.ac.uk. We will reach out shortly to check if you require more kits.

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