You are invited to our Age Inclusion for Managers workshop!

Join your colleagues at this event and:

- Increase your knowledge and understanding of ageism and how it can manifest in the workplace
- Learn how to champion age at work and challenge ageism within your team
- Develop skills to handle challenging workplace conversations around age

*The Centre for Ageing Better

Why age matters:

- 33% of Scottish workers are 50+ (Scottish Government, 2022)
- Only 4 in 10 employers were largely open to hiring people aged between 50 and 64 (Chartered Management Institute, 2022)
- 45% of women felt that menopausal symptoms had a negative impact on their work (British Menopause Society, 2020)
- 25% of adults aged 55-64 have unpaid caring responsibilities (The Scottish Health Survey, 2022)

Workshop length 3 hours