

Consent - block 1



The COVID-19 pandemic and your life

We're inviting you to take part in a survey about coronavirus (COVID-19). It's called TeenCovidLife. We want to know how COVID-19 is affecting you. If you want to take part, you'll be asked how it has changed things for you at home, at school, and your plans for the future. The survey will also ask about your health and well-being.

If you took part in survey 1 and gave us your email, we've sent you an invite. Please use the link sent to you. It will make the survey shorter and easier to finish.

If you didn't take part in survey 1, or didn't give us your email, you can still take part now. Please keep reading.

You can read more information about the project on the next page. You'll be asked 2 questions after you have read it all. This is not a test. It is to make sure we explain our study well. It also checks that you know what you're agreeing to.

PRESS **NEXT** TO READ MORE ABOUT THE STUDY

Why are we doing this research?

Our survey wants to know how COVID-19 is affecting you. Once we know, we can think about how to address the concerns of young people. We can then support young people where necessary and prepare for the future. You can find out more about the survey **here**.

What is involved?

We'll start by asking some general questions about you. We'll ask for your email address. You don't need to provide an email address if you don't want to. We won't ask for any other details that identify you. We will also want to know your age. If you go to school, we'll ask which year you are in at school. Most questions will ask you to pick your answer from a list of options. Some questions are specific to COVID-19. Other questions are more general. We'll ask about how your life has changed and how you are coping with these changes. We hope you'll be able to answer them all. You can skip any you don't want to answer.

This survey will take about 20-25 minutes to complete.

We'll email you about future surveys, if you provide an email address. This allows us to see the long term effects of COVID-19. We'll do a final survey after the restrictions are lifted. It's up to you whether you do any other surveys.

The information you provide will be looked at by the **Generation Scotland** team. They work at the **<u>University of Edinburgh</u>**. Their researchers and **<u>NHS</u>** partners will also be able to work on this information.

Who can take part?

Taking part is open to anyone in Scotland aged 12-17 years old. You must have access to the internet to join.

What will happen to the details I give you?

All of your details will be safely and securely stored. If you provide your email address, it will be kept separate from your answers. Your email won't be given to anyone. We'll also ask for the first part of your home postcode and the name of your school. This will tell us about the area you live in. It can tell us about shops, transport and parks.

We'll remove any identifying information before researchers can look at it. If you go to school, your school may also receive a summary report. This report will be for everyone at the school taking the survey. It won't identify you.

We'll report what we find in tables and graphs. These will be found on our website and social media. The local government may also receive a report. We'll also write a final report which you'll be able to read online.

How do I stop taking part?

You can email us to stop taking part at any time. You don't have to give a reason.

Ethics approval

In the UK, ethics committees must review health research studies before they start. They check that our research is well made and protects our volunteers. This study was approved by the **East of Scotland NHS Research Ethics Committee**. They have said it is OK for us to do this research.

How long will my data be stored for?

Once the study has finished, your answers will be **securely stored**. They will stay with the University of Edinburgh for at least ten years.

Concerns

If you're worried about how your data is looked after, you can email the University of Edinburgh at dpo@ed.ac.uk if you'd like to talk to someone about your rights.

If you have any other worries about the study, you can get in touch with the Generation Scotland team at: genscot@ed.ac.uk

Questions for you

Once you've answered these questions correctly, you can complete the consent page. Don't worry if you get a question wrong. You can read the information again and come back to the questions. You can always get in touch to ask us for more information. If there's anything we need to explain more clearly, we'd be happy to help. If you agree to take part, you'll be taken directly to the survey. You can start answering questions straight away.

Question 1

After reading the information above, which statement do you understand to be **TRUE**? Please select **one** option:

0	All survey questions will be about COVID-19
0	The survey will include questions about COVID-19 and some more general
	questions
0	There will only be one survey
0	The survey will take an hour to complete

Question 2

After reading the information above, which statement do you understand to be

FALSE?

Please select **one** option:

0	In the future, I may be contacted to complete more surveys
0	I do not have to take part in additional surveys or studies in the future
0	I can withdraw consent at any time by contacting Generation Scotland
\bigcirc	If I am re-contacted by Generation Scotland, I must complete additional surveys

To take part you must complete the **consent form**. After this, we can take you to the study.

PRESS **NEXT** TO BE TAKEN TO THE CONSENT FORM

Consent form

Please read the following statements and tick the boxes to agree ☐ 1 - I understand that taking part in this project is voluntary. 2 - I live in Scotland. \square 3 - I am aged 12 - 17 years old. footnotegap 4 - Lunderstand that if Lwish to be sent future surveys, Lneed to provide an email address. □ 5 - I understand that my results will not identify me. I know they will be included in research. I also understand it will not be possible to remove or change my answers once submitted. ☐ 6 - I understand I can stop taking part in future surveys at any point. ☐ 7 - I understand that the data gathered in this study will be stored securely. I know it will not be possible to identify me in any reports from this research. \square 8 - I agree to take part in this Generation Scotland survey. I understand that by checking this box I am giving my signature to this agreement.

IntroNEW - block 1

Introduction

Thank you for agreeing to complete this **TeenCovidLife** survey.

Please answer all questions as well as you can. Your answers will not be used to identify you. We will not share your answers with your parents or guardians.

Some questions are personal. We hope that you will answer them all. Some questions have a 'prefer not to answer' option. You can choose this if you don't want to tell us this information. You can skip any question you don't want to answer.

This survey will take **about 20–25 minutes** to complete. Please complete the survey in one sitting.

Responses cannot be changed one you have pressed the 'Next' button.

PRESS **NEXT** TO START THE SURVEY

Background Info - block 1

Information about you

To start, we are going to ask you for some information about you.

Please enter your email address

Your email address will only be used to send you TeenCovidLife surveys and to keep you informed of our results. We will not pass this on to third parties.

Email address	
Confirm email address	
What are the first 5 digits of your p	oostcode? (e.g., ABI2 3**)
What was the sex you were assign	ned at birth?
O Male	
FemalePrefer not to answer	
Is this the same as your gender id	entity?
) Yes	
ON C	
What is your gender identity?	
O Male / Man	
O Female / Woman	
O Non-binary	
Other (pleas	se specify)
O Prefer not to answer	

How old are you?
Are you a secondary school pupil?
Yes No
Background info - block 2
Which year are you in at school?
Were you a school pupil last year (i.e., did you leave school in Spring 2020)?
Yes No
What are you doing now or planning to do next?
Studying at college Studying at university In employment Apprentice Something else

Have your education or employment plans changed as a result of COVID-19?
O Yes O No O Don't know
O Prefer not to say
Did you have a job before the COVID-19 lockdown?
O Yes O No
Do you have a job at the moment ?
O Yes O No
Have any of the following happened to you since the COVID-19 lockdown started?
 □ Lost job □ Furloughed □ Pay cut □ Assigned as a key worker □ None of the above

Does your work require you to be in close contact (i.e., within 2 Meters) with others, who you do not live with, including while travelling to work?

O All of the time
O Most of the time
Some of the time
O Rarely
O Not at all
O Doesn't apply to me
In your place of work, do you have access to necessary personal protective equipment (PPE)?
O All of the time
O Most of the time
Some of the time
O Rarely
O Not at all
O Doesn't apply to me
You and your family - block 1
You and your family
We would like to know a little about the people that you live with.
Including yourself, how many people live in your household at the moment?
~

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Who lives in your household with you? Please select all that apply
Parent(s) Stepparent(s) Parent's girlfriend or boyfriend Guardian(s) - for example, a foster carer Brother(s) and/or sister(s) Stepbrother(s) and/or stepsister(s) Grandparent(s) Other family member(s) Child/children Paid caregiver(s) - for example, a nanny
Friend(s) or other non-family member(s)
☐ I live alone
Covid-19 and your life - block 1 COVID-19 and your life
Now we would like to ask you some questions about how you are feeling about COVID-19 and what effect it has had on your life.
Do you think that you have had, or currently have COVID-19?
O Yes, I was tested for COVID-19 and it was positive O Yes, I think I had COVID-19 but was not tested O No

Do you think anyone else that you live with has had, or currently has covid-19?	าตร
O Yes, they were tested for COVID-19 and it was positive	
O Yes, they think they had COVID-19 but were not tested No	
On a scale of 1 (no threat at all) to 10 (very serious public health threat), how serious a public health threat do you think COVID-is or might become?	19
~	
Do you find the Scottish Government guidance on COVID-19 ea st to understand? Calculate the Extremely easy Somewhat easy Neither easy nor difficult Somewhat difficult Extremely difficult	sy
Do you find the UK Government guidance on COVID-19 easy to	
understand?	
Extremely easy	
O Somewhat easy	
Neither easy nor difficult	
O Somewhat difficult Extremely difficult	
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O I haven't seen or read any of the l	JK Government guidance
Overall, what type of impact ha your life?	s the COVID-19 pandemic had on
O Very negative impact	
O Quite negative impact	
O Neither negative nor positive impo	act
O Quite positive impact	
O Very positive impact	
Your feelings - block 1	
<u>Your feelings</u>	
Now we are going to ask you so you have been feeling recently.	ome questions to understand how
How often have you felt lonely c	luring the past week?
O None of the time	
O Some of the time	
O Most of the time	
O All of the time	
O Don't know	
O Prefer not to answer	

Over the past week, how often have you felt nervous or stressed because of COVID-19?

\bigcirc	Never
0	Some of the time
0	Most of the time
0	All of the time
0	Prefer not to answer
	Please indicate for each of the five statements, which is closest to now you have been feeling during the last two weeks .
I	have felt cheerful and in good spirits
0	At no time
0	Some of the time
0	Less than half of the time
0	More than half of the time
0	Most of the time
0	All of the time
0	Prefer not to say
I	have felt calm and relaxed
0	At no time
0	Some of the time
0	Less than half of the time
0	More than half of the time
0	Most of the time
0	All of the time
0	Prefer not to say

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I	have felt active and vigorous
0000	At no time Some of the time Less than half of the time More than half of the time Most of the time All of the time Prefer not to say
I	woke up feeling fresh and rested
0	At no time Some of the time Less than half of the time More than half of the time Most of the time All of the time Prefer not to say
١	My daily life has been filled with things that interest me
0 0 0	At no time Some of the time Less than half of the time More than half of the time Most of the time All of the time
\bigcirc	Prefer not to say

Your feelings - block 2

	Select one option to indicate how much you disagree or agree with each of the statements.
	I tend to bounce back quickly after hard times
\Box	Strongly Disagree
) Disagree
) Neutral
) Agree
	Strongly Agree
	I have a hard time making it through stressful events
\subset	Strongly Disagree
_) Disagree
) Neutral
) Agree
	Strongly Agree
	It does not take me long to recover from stressful events
	Strongly Disagree
) Disagree
) Neutral
) Agree
	Strongly Agree

It is hard for me to snap back when something bad happens

O Strongly Disagree
O Disagree
O Neutral
O Agree
O Strongly Agree
I usually come through difficult times with little trouble
O Strongly Disagree
O Disagree
O Neutral
O Agree
O Strongly Agree
I tend to take a long time to get over set-backs in life
O Strongly Disagree
O Disagree
O Neutral
O Agree
O Strongly Agree
Your feelings – block 3

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The questions in the next section ask you about your feelings and thoughts during the last month. In each case, you will be asked to indicate by selecting how often you felt or thought a certain way.

In the last month how often have you...

felt that you were unable to control the important things in your life?
NeverAlmost neverSometimesFairly oftenVery often
felt confident about your ability to handle your personal problems?
NeverAlmost neverSometimesFairly oftenVery often
felt that things were going your way?
O Never
O Almost never
O Sometimes
O Fairly often
O Very often felt difficulties were piling up so high that you could not overcome them?
O Never
O Almost never
O Sometimes

How happy are you with what may happen to you later in your life

(in the future)?

How happy are you with the school that you go to?



Covid worry - block 1

In the past month, have you been worried about:

Your plans for the future?

- Not at all worried
- Slightly worried
- Moderately worried
- Very worried
- Extremely worried
- Doesn't apply to me

Losing your job?

- Not at all worried
- Slightly worried
- Moderately worried
- Very worried
- Extremely worried
- Doesn't apply to me

Not being able to take part in hobbies (such a sports)?

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Schools are listed in alphabetical order	
· •	
What school do you attend within Argyll & Bute? Schools are listed in alphabetical order	
What school do you attend within Clackmannanshire? Schools are listed in alphabetical order	
What school do you attend within Dumfries & Galloway? Schools are listed in alphabetical order	
What school do you attend within Dundee City? Schools are listed in alphabetical order •	
What school do you attend within East Ayrshire? Schools are listed in alphabetical order	

What school do you attend within East Dunbartonshire?

Schools are listed in alphabetical order
→
What school do you attend within East Lothian? Schools are listed in alphabetical order
→
What school do you attend within East Renfrewshire? Schools are listed in alphabetical order
What school do you attend within Edinburgh City? Schools are listed in alphabetical order
·
What school do you attend within Falkirk?
Schools are listed in alphabetical order
~
What school do you attend within Fife?
Schools are listed in alphabetical order
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What school do you attend within Glasgow City? Schools are listed in alphabetical order

What school do you attend within the Highlands? schools are listed in alphabetical order What school do you attend within Inverclyde? schools are listed in alphabetical order What school do you attend within Midlothian? schools are listed in alphabetical order What school do you attend within Moray? schools are listed in alphabetical order What school do you attend within Moray? schools are listed in alphabetical order What school do you attend within Na h-Eileanan Siar? schools are listed in alphabetical order	020	Qualtrics Survey Software
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Vhat school do you attend within North Ayrshire?	•	•
Schools are listed in alphabetical order	Schools are listed in alp	ohabetical order
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What school do you attend within North Lanarkshire?
Schools are listed in alphabetical order
~
What school do you attend within Orkney Islands?
Schools are listed in alphabetical order
▼
What school do you attend within Perth & Kinross?
Schools are listed in alphabetical order
→
What school do you attend within Renfrewshire?
Schools are listed in alphabetical order
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What school do you attend within the Scottish Borders? Schools are listed in alphabetical order
~
What school do you attend within the Shetland Islands?
Schools are listed in alphabetical order
~

What school do you attend within South Ayrshire?

Schools are listed in alphabetical order
~
What school do you attend within South Lanarkshire? Schools are listed in alphabetical order
What school do you attend within Stirling?
Schools are listed in alphabetical order
What school do you attend within West Dunbartonshire? Schools are listed in alphabetical order
What school do you attend within West Lothian? Schools are listed in alphabetical order
Do you attend any of the following schools? Schools are listed in alphabetical order
What is the name of your school?

What is the name of your school?

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Sc	chool - block 2
	e are going to ask you about bullying at school. We are asking this ecause we want to understand how you find school.
Нс	ow often do other children or young people bully you in school?
О А	All of the time
O s	Some of the time
O N	lever bullied
Ор	Prefer not to say
fo	e've collected some trusted webpages to provide help and advice r young people. These can be found here and include resources r young people who are being bullied.
Нс	ow do you feel about school at present?
Оі	like it a lot
О і	like it a bit
0 1	don't like it very much
O_{\perp}	don't like it at all

How pressured (stressed) do you feel by the schoolwork you have to do?

O Prefer not to say

Disagree

Strongly disagree

Read each sentence and select the answer that best says how true the sentence is for you.
I was looking forward to going back to school
O Not at all true of me
O A little true of me
O Pretty much true of me
O Very much true of me
O Prefer not to say
I missed seeing my school friends
O Not at all true of me
O A little true of me
O Pretty much true of me
O Very much true of me
O Prefer not to say
I missed interacting with my teachers
O Not at all true of me
O A little true of me
O Pretty much true of me
O Very much true of me
O Prefer not to say

School - block 4

Read each sentence and select the answer that best says how true the sentence is for you. I worry that I am not on track with my studies O Not at all true of me O A little true of me O Pretty much true of me O Very much true of me O Prefer not to say I worry that my future grades will be affected by COVID-19 O Not at all true of me O A little true of me O Pretty much true of me O Very much true of me Prefer not to say I worry that returning to school will increase the risk of **me** getting COVID-19 O Not at all true of me A little true of me

I worry that returning to school will increase my family's risk of getting COVID-19

O Pretty much true of me

Very much true of me

Prefer not to say

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O Not at all true of me	
O A little true of me	
O Pretty much true of me	
O Very much true of me	
O Prefer not to say	
SQA results - block 1	
Did you receive SQA results in	n August?
O Yes O No	
SQA results- block 2	
4th August were fair?	were awarded to you by the SQA on Iginal grades sent to you in the post by
Very fairA little fairNeither fair nor unfairA little unfairVery unfair	

Because of the COVID-19 pandemic, exams were cancelled in 2020. Teachers were asked to estimate the grade they thought pupils would have received in their exams.

To what extent do you agree or disagree with the following statement.

Teachers estimating grades was a fair way to assess pupils in 2020.

0	Strongly agree
0	Somewhat agree
\bigcirc	Neither agree nor disagree
\bigcirc	Somewhat disagree
\bigcirc	Strongly disagree

The SQA originally adjusted about one quarter of the estimated grades that were submitted by teachers. Some were adjusted to a higher grade, but most of these were adjusted to a lower grade.

To what extent do you agree or disagree with the following statement.

The <u>SQA adjusting the estimated grades</u> was a <u>fair</u> way to assign grades to pupils in 2020.

0	Strongly agree
0	Somewhat agree
0	Neither agree nor disagree
0	Somewhat disagree
0	Strongly disagree

On 11th August, the Scottish Government announced that all grades that were originally downgraded would be withdrawn and replaced with teacher estimated grades.

To what extent do you agree or disagree with the following statement.

Withdrawing grades that were downgraded and replacing them with teacher estimated grades was a fair way to assign grades to pupils in 2020.

Strongly agree
O Somewhat agree
Neither agree nor disagree
O Somewhat disagree
O Strongly disagree
Did the SQA change any of your grades after it was announced that downgraded results were going to be replaced with teacher estimated grades?
O Yes
O No
Still waiting to hear about my grades
On a scale from 0 to 10, where 0 means 'very unhappy', 5 means 'no happy or unhappy', and 10 means 'very happy'
How happy are you with your final SQA results?
Here, we mean the grades awarded to you after the SQA made
changes to the way grades were calculated.
→

If you had sat your exams in Spring 2020, do you think your grades would have been higher or lower than your final SQA results? Here, we mean the grades awarded to you after the SQA made changes to the way grades were calculated.

If I had sat exams in Spring 2020, my grades would
O Definitely be higher than awarded
O Probably be higher than awarded
O Be the same as awarded
O Probably be lower than awarded
O Definitely be lower than awarded
On a scale of 0 to 10, where 0 means 'not worried at all', and 10 means 'extremely worried'
How worried are you that your SQA results will affect your chances o going on to further or higher education?
~
How worried are you that your SQA results will affect your chances o getting a job in the future?
~

Sleep - block 1

<u>Sleep</u>

Now we are going to ask you some questions about your sleep.

Using the statements below, please indicate how often the following things have happened during the past month.

When it's time to go to bed, I want to stay up and do other things
O Never
Once in a while
O Sometimes
O Quite often
O Frequently, but not always
O Always
In general, I am ready for bed at bedtime
O Never
Once in a while
O Sometimes
O Quite often
O Frequently, but not always
O Always
In general, I try to "put off" or delay going to bed
O Never
Once in a while
O Sometimes
O Quite often
O Frequently, but not always
O Always

When it's time to go to sleep, I have trouble settling down
 Never Once in a while Sometimes Quite often Frequently, but not always Always
In general, I need help getting to sleep (for example, I need to liste to music, watch TV or take medication)
 Never Once in a while Sometimes Quite often Frequently, but not always Always
After waking up during the night, I have trouble going back to sleep Never Once in a while Sometimes Quite often Frequently, but not always Always

After waking up during the night, I have trouble getting comfortable

O Never	
Once in a while	
O Sometimes	
O Quite often	
O Frequently, but not always	
O Always	
After waking up during the night, I need help to go back to sleep (for example, I need to watch TV or read)	
O Never	
Once in a while	
O Sometimes	
O Quite often	
O Frequently, but not always	
O Always	
In the morning, I wake up and feel ready to get up for the day	
O Never	
Once in a while	
O Sometimes	
O Quite often	
O Frequently, but not always	
O Always	
In the morning, I wake up feeling rested and alert	
O Never	
Once in a while	

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O Sometimes	
O Quite often	
O Frequently, but not always	
O Always	
Sleep - block 2	
•	
Now, we would like to know ho	ow your sleep is now compared to
during the summer holidays.	7
Compared to the summer	holidays, are you sleeping:
O Much better now	
O Somewhat better now	
O About the same now	
O Somewhat worse now	
O Much worse now	
Compared to the summer	holidays, are you going to bed:
O Earlier now	
O At the same time now	
O Later now	
How much earlier are you goi	ing to bed now ?
O Less than 30 minutes earlier	
O 30 minutes to 1 hour earlier	
O 1 to 2 hours earlier	
O More than 2 hours earlier	

How much later are you going to bed now ?
 Less than 30 minutes later 30 minutes to 1 hour later 1 to 2 hours later More than 2 hours later
How you spend your time - block 1
<u>How you spend your time</u>
This question is about how much time you spend looking at and using social media.
Compared to the summer holidays, do you spend:
 More time using social media now The same amount of time using social media now Less time using social media now Don't use social media Don't know
Compared to the school summer holiday last year, how did you feel overall during your school summer holiday this year?
 A lot happier this year A little happier this year About the same this year A little sadder this year A lot sadder this year

COVID-19 measures - block 1

Your feelings on health advice

We are hearing lots of new health advice during the COVID-19 pandemic.

We would like to know how you feel about this health advice. We would also like to know how you feel about vaccines.

Compared to before the COVID-19 lockdown, are you washing your hands more **now**?

0	Much more now
0	A little more now
0	About the same now
0	A little less now
0	Much less now

Are you trying to keep your distance from other people who don't live with you when leaving your home?

\bigcup	Always
0	Most of the time
0	Some of the time
\bigcirc	Never

How often do you wear face coverings on public transport and in shops?

O Always
O Most of the time
Some of the time
O Never
O I don't go on public transport or in shops
How much do you agree or disagree with the following statement.
People should wear a face covering when entering enclosed spaces (e.g., on public transport or in shops).
 Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree
People who have been in close contact with someone who tested positive for COVID-19 are told to stay at home (self-isolate) for up to 14 days. They must stay home even if they feel well.
If you are asked to stay at home because you have been in close contact with someone who tested positive for COVID-19 , how likely are you to stay at home, even if you feel well ?
O Very likely O Quite likely Not that likely Not at all likely

A vaccine is given to people to strengthen their body's ability to fight certain diseases. Examples of vaccinations given in the UK are the MMR vaccine and the HPV vaccine.

Do you agree or disagree with the following statement?
It is important for children to have vaccines.
 Strongly agree Somewhat agree Neither agree nor disagree Somewhat disagree Strongly disagree Don't know
Vaccines are safe.
 Strongly agree Somewhat agree Neither agree nor disagree Somewhat disagree Strongly disagree Don't know
Vaccines are effective.

O Strongly agree O Somewhat agree O Neither agree nor disagree O Somewhat disagree O Strongly disagree Don't know

If a COVID-19 vaccination is made available and offered to you, would you want to get vaccinated?	
O Definitely yes O Probably yes O Probably no O Definitely no O Don't know	
If a COVID-19 vaccination is made available and offered to you, do you think your parents/guardians would want you to get vaccinated?	
O Definitely yes O Probably yes O Probably no O Definitely no O Don't know	
More about you - block 1	
More about you	
We have a few more questions about you.	
What is your ethnic origin? Please select one option	
O White - Scottish O White - English	

0	White - Welsh
0	White - Northern Irish
0	White - Irish
0	White – Gypsy or Irish Traveller
0	White - Polish
0	Any other White background
0	Asian or Asian British – Indian
0	Asian or Asian British – Pakistani
0	Asian or Asian British – Bangladeshi
0	Asian or Asian British – Chinese
0	Any other Asian background
0	Black or Black British - African
0	Black or Black British - Caribbean
0	Any other Black/African/Caribbean background
0	Arab or Arab British
0	Mixed – White and Black Caribbean
0	Mixed – White and Black African
0	Mixed – White and Asian
0	Any other Mixed/Multiple ethnic background
0	Any other ethnic group
0	Prefer not to answer
I	n general, would you say your health is
0	Excellent
0	Very good
0	Good
0	Fair
0	Poor

Do you have a long-term illness, disability or medical condition (like diabetes, arthritis, allergy, or cerebral palsy) that has been diagnosed by a doctor?
O Yes
O No
O Prefer not to say
Has a doctor or health professional ever told you that you have attention deficit hyperactivity disorder (ADHD)?
O Yes
O No
O Don't know
O Prefer not to say
Has a doctor or health professional ever told you that you have Autism, Asperger's syndrome or autistic spectrum disorder?
O Yes
O No
O Don't know
O Prefer not to say
Do you have caring responsibilities for any of the following people who live with you? Select all that apply, or select None of the above
Parent(s)
Stepparent(s)
Parent's girlfriend or boyfriend

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	Guardian(s) – for example a foster care	r
	Brother(s) and/or sister(s)	
	Stepbrother(s) and/or stepsister(s)	
	Grandparent(s)	
	Other family member(s)	
	Child/children	
	Triend(s) or other non-family member(s	
	Prefer not to answer	
	None of the above	
\	What type of accommodation do you	live in?
0	O House or bungalow	
0) Flat or apartment	
0) Hostel	
0	Mobile home or caravan	
0	Sheltered housing	
0) Homeless	
0	Other	
0	Don't know	
0	Prefer not to answer	
•	Social Emotional Health - block 1	

Almost finished!

We just have a few more questions.

Here are some statements about how you think and feel $\boldsymbol{now}.$

Read each sentence and select the answers that best says how true the sentence is for you.

I can work out my problems
O Not at all true of me O A little true of me O Pretty much true of me O Very much true of me O Prefer not to say
I can do most things if I try
O Not at all true of me O A little true of me O Pretty much true of me O Very much true of me O Prefer not to say
There are many things that I do well
O Not at all true of me O A little true of me O Pretty much true of me O Very much true of me O Prefer not to say
At my school, there is a teacher or some other adult who always wants me to do my best
O Not at all true of me

٦	There is a feeling of togetherness in my family
0	Not at all true of me A little true of me Pretty much true of me Very much true of me Prefer not to say
١	My family really gets along well with each other
	Not at all true of me A little true of me Pretty much true of me Very much true of me Prefer not to say
I	have a friend my age who really cares about me
0000	Not at all true of me A little true of me Pretty much true of me Very much true of me Prefer not to say
I	have a friend my age who talks with me about my problems
0 0 0	Not at all true of me A little true of me Pretty much true of me Very much true of me

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0	Prefer not to say
0000	have a friend my age who helps me when I'm having a hard time Not at all true of me A little true of me Pretty much true of me Very much true of me Prefer not to say
	Freier not to say
E	Each day I look forward to having a lot of fun
	Not at all true of me A little true of me Pretty much true of me Very much true of me Prefer not to say
I	usually expect to have a good day
0 0 0	Not at all true of me A little true of me Pretty much true of me Very much true of me Prefer not to say
(Overall, I expect more good things to happen to me than bad things
0	Not at all true of me
0	A little true of me