**How to Download and Upload DNA data files**

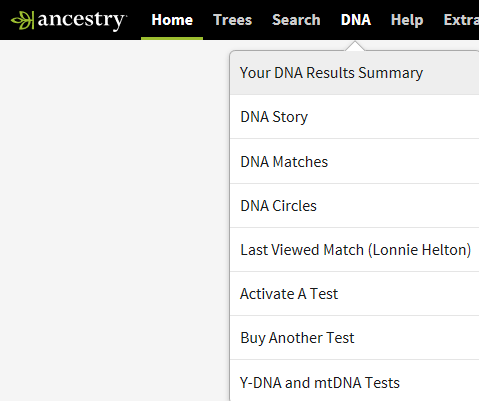
**Ancestry DNA**

Download Instructions

In order to transfer your autosomal DNA file to Coronagenes, you’ll first need to download the file from Ancestry.

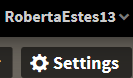
**Download Step 1**

Sign in to your account at Ancestry and click on the DNA Results Summary link.

[](https://i0.wp.com/dna-explained.com/wp-content/uploads/2018/08/ancestry-transfer-1.png?ssl=1)

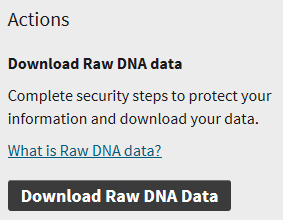
**Download Step 2**

Click on the Settings gear. It’s at the far upper right hand corner of the summary page, just beneath your Ancestry user ID.

[](https://i0.wp.com/dna-explained.com/wp-content/uploads/2018/08/ancestry-transfer-2.png?ssl=1)

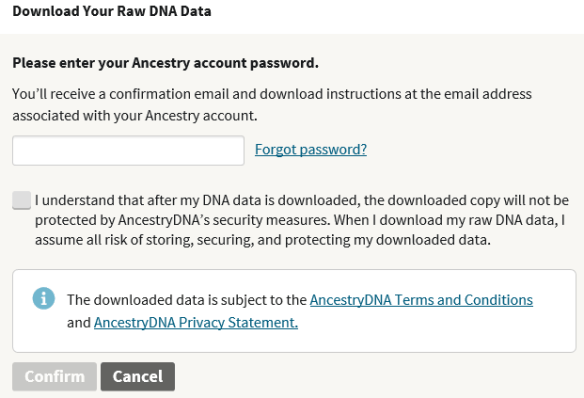
**Download Step 3**

Click on the link for “Download Raw DNA Data.”

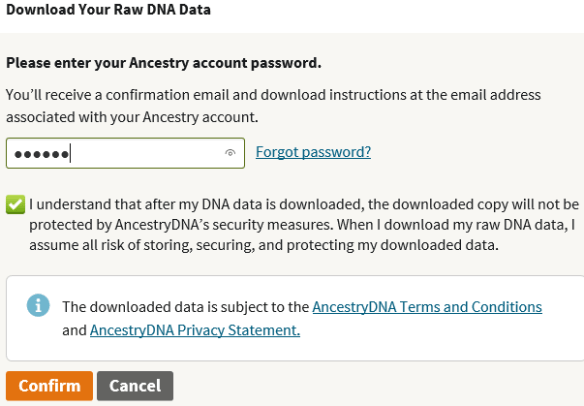
[](https://i2.wp.com/dna-explained.com/wp-content/uploads/2018/08/ancestry-transfer-3.png?ssl=1)

**Download Step 4**

Enter your password and click on “I Understand,” after reading the information.

[](https://i2.wp.com/dna-explained.com/wp-content/uploads/2018/08/ancestry-transfer-4.png?ssl=1)

At this point, the confirm button will turn orange – click there.

[](https://i2.wp.com/dna-explained.com/wp-content/uploads/2018/08/ancestry-transfer-5.png?ssl=1)

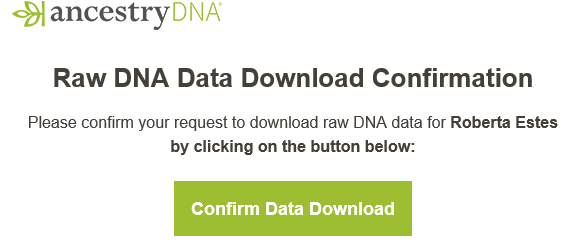
**Download Step 5**

Ancestry will send an e-mail to the e-mail address where you are registered with Ancestry. Check your inbox for that e-mail.

If the e-mail doesn’t arrive shortly, check your spam folder. If you’ve changed e-mail addresses, check to be sure your new one is registered with Ancestry. That’s on the same Settings page. If all else fails, request the e-mail again.

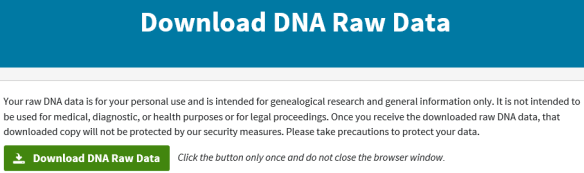
**Download Step 6**

**When you receive the email,** click on the green “Confirm Data Download” button. Do not close the window.

[](https://i1.wp.com/dna-explained.com/wp-content/uploads/2018/08/ancestry-transfer-6.png?ssl=1)

**Download Step 7**

Next, click on the green “Download DNA Raw Data.”

[](https://i2.wp.com/dna-explained.com/wp-content/uploads/2018/08/ancestry-transfer-7.png?ssl=1)

You’ll see the following confirmation screen.

[](https://i2.wp.com/dna-explained.com/wp-content/uploads/2018/08/ancestry-transfer-8.png?ssl=1)

**Download Step 8**

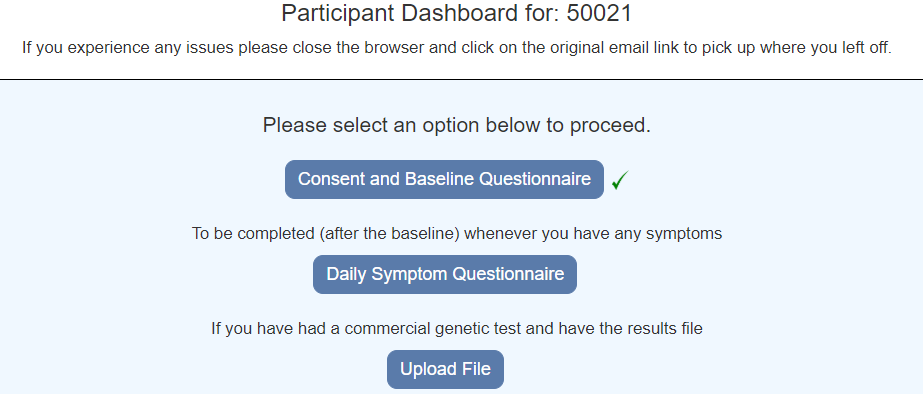
At the bottom of the page, if you’re on a PC, you’ll see the typical file download box that asks you if you want to open or save. Save the file as a name you can find later.

The file name will be “dna-data-2018-07-31”. The date is when you downloaded the file. We suggest adding the word Ancestry to the front when you save the file on your system.

Upload Instructions

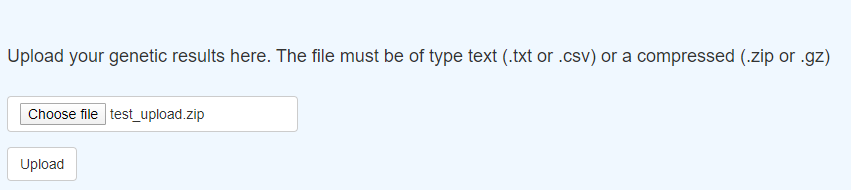
**Upload Step 1**

In the volunteer dashboard select **Upload File** to start.



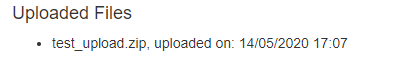
**Upload Step 2**

Choose a file and select **Upload**



**Upload Step 3**

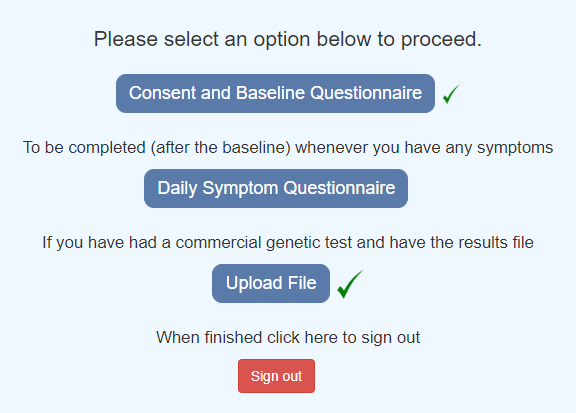
The message “File successfully uploaded” will be displayed



If there was an error, a message will be displayed. IF you have problems please contact the Coronagenes team. Please send us details of any errors you receive.

**Upload Step 4**

Select **Back to Dashboard**



The Upload file will have a green tick.

**Upload Step 6**

Select **Sign Out** to complete the process.