

# CELESTE



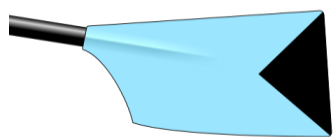
September 2019

153<sup>rd</sup> Season

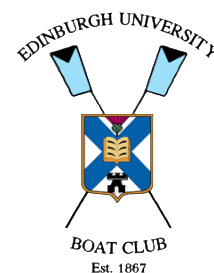


HIGH  
PERFORMANCE  
PROGRAMMES  
IN CLUBS





# Edinburgh University Boat Club



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### Get in Touch:

**rowing.alumni@ed.ac.uk**

**or**

**rowing@ed.ac.uk**

### Front Page Photo

Alex Rankin, Lydia Currie, Flora Blake-Parsons and India Somerside celebrating their win in the W4- Avril Vellacott Cup at Henley Women's Regatta.

### Upcoming Events

We are still finalizing our racing calendar.

However, the following events are ready to be pencilled into your diaries:

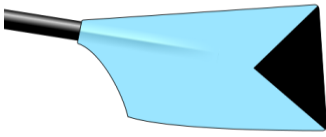
Date	Event
9 <sup>th</sup> Sep 2019	<b>Season Starts</b>
2/3 <sup>rd</sup> Nov 2019	GB 1 <sup>st</sup> Assessment
9/10 <sup>th</sup> Nov 2019	Inverness Fours Head
22 <sup>nd</sup> Nov 2019	Scottish Indoors
7 <sup>th</sup> Dec 2019	Rutherford Head
25 <sup>th</sup> Jan 2020	<b>Bow Ball (Provisional)</b>
8/9 <sup>th</sup> Feb 2020	Scottish Winter Challenge
15 <sup>th</sup> Feb 2020	GB 3 <sup>rd</sup> Assessment
22/23 <sup>rd</sup> Feb 2020	BUCS Head
7 <sup>th</sup> Mar 2020	WeHARR
21 <sup>st</sup> Mar 2020	HoRR
10-13 <sup>th</sup> Apr 2020	GB U23 and FISU Trials
2-4 <sup>th</sup> May 2020	BUCs Regatta (Provisional)
19-21 <sup>st</sup> Jun 2020	Henley Women's Regatta
1-5 <sup>th</sup> Jul 2020	Henley Royal Regatta
4 <sup>th</sup> July 2020	<b>HRR Reception</b>
24-31 <sup>st</sup> July 2020	Tokyo Olympic Games
25 <sup>th</sup> July 2020	Home International Regatta



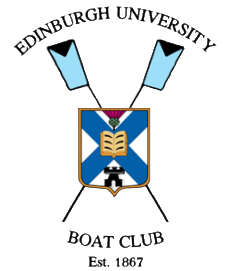
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# Edinburgh University Boat Club



## The President's Word

Dear Alumni, Friends and Supporters of EUBC,

As the new President of Edinburgh University Boat Club, I am excited to introduce this edition of Celeste, as well as welcoming in the new season, which I am sure will be as full of success as the last!

I must first start with a massive thank you to our many supporters; those who fund the club – Sport & Exercise, Scottish Rowing, British Rowing and EUSU, without whom we could not do what we do; those who support the club from the banks – our alumni, family and friends; and finally our athletes – for dedicating so much of their time and effort to the sport we all love.



2018-19 season has been one for the books, with the club achieving great success across all squads. If I listed these all here, this could go on for several pages, so please do read on the rest of this edition of Celeste to read more of the highlights. That being said, I would like to highlight the significant success the squads have achieved both domestically and internationally. On home waters, the club started as we meant to go on, winning the overall Victor Ludorum at the BRITChamps. At BUCS the club dominated, topping the overall points table for rowing. BUCS success culminated in a BUCS Regatta to remember, with many medals and the club winning the overall Women's Victor Ludorum. The summer season saw the successes continue, with the W4- of Alex Rankin, Lydia Currie, India Somerside and Flora Blake-Parsons winning the Avril Vellacott Cup at Henley Women's Regatta in the Championship 4-, the first crew boat to win at HWR for EUBC. At HRR we had a stellar number of athletes competing, with the club qualifying two Diamond scullers, a Remenham eight, a Temple eight, and three scullers in the Prince of Wales across two composite crews. This was topped off with Josh Armstrong winning the Prince of Wales Challenge Cup in the GB U23 Quad. On the international stage, EUBC athletes stepped up again, with a strong contingent competing at HIR and helping Scotland to overall Senior Men and Women's trophies. Five athletes went on to compete at U23 Worlds and four of them brought back gold medals, an amazing achievement – here's to more next summer!

Photo Credit: Andrew Perry

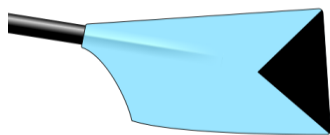


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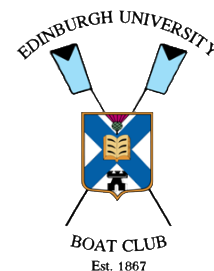


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## Edinburgh University Boat Club



Also, we say goodbye and thank you to beginner squad coach, Meghan Hunter, who is leaving EUBC for a position at Kingston Grammar School. We wish Meghan all the best and look forward to seeing her, and her new squad at a regatta sometime soon.

Furthermore, we wish Matt Evans well, as he is leaving us for a new position as Senior Squad Coach at Marlow RC. Matt has been with us for the past two years and during his time with us, led the Development Women's Squad for one very successful year, and then the Senior Men's squad in the last season, recently heading over to coach the GB Lw1x at the U23 World Championships. Matt will be greatly missed, and we wish him all the best.

As the next season begins, we look forward to welcoming our new members, as well as two new coaching appointments. Michael Hughes joins us as the new Performance Pathway Coach, with overall responsibility for the beginner programme and leading the talent ID side of recruitment. Michael joins us with years of experience, and it will be great to have him on the team. Paddy Hudson also joins us as the Senior Men's Coach, following a successful period at Glasgow University Boat Club.

In the coming year, we are looking forward to seeing the construction of our new permanent boathouse at Strathclyde Park and taking on a new season of competitions throughout the UK – hopefully with even more success.

We look forward to seeing you at an event soon!

All the best,

Dan

Dan Baillache  
President 2019-2020

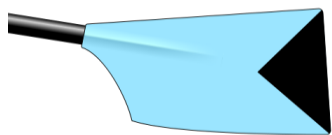
Contact me at [president@edinburghrowing.co.uk](mailto:president@edinburghrowing.co.uk)



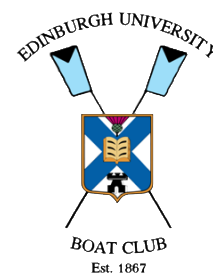
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# Edinburgh University Boat Club



## Introducing the Committee of 2019/2020

### **President: Dan Baillache**

Dan is in his third year doing a PhD in Molecular and Clinical Medicine (Medicinal Chemist researching Brain Cancer). This year he aims to run a tight ship and work to bring the network of EUBC athletes, supporters and alumni closer together.

### **Vice President: Kate Duke**

Kate is a third-year Ancient History student and Edinburgh local. Having learned to row at EUBC, Kate is really excited to be more involved this coming year. As VP Kate intends to be very active within the club and make her role this year one of both community outreach outside the club and working within the club to support its members and environment.

### **Secretary: Brianna Siddle**

Bri is a MSc Business Management student. Having previously held the role of Novice Women's Captain for the last two years, she thought it was time to transition into a new role. Bri is excited to work alongside this year's Committee and take on the position of Secretary. She hopes to keep both the committee and club organised, providing support to ensure the smooth running of the club.

### **Treasurer: Ben Dickens**

Ben is a second year MA Classics student and taking on the role of Treasurer this year. He hopes to ensure the Boat Club remains financially stable and help to run it smoothly, while working with Dan and the rest of the Committee to try and reduce the cost to individual athletes.

### **Senior Men's Captain: Gavin Horsburgh**

Gavin is this year's Senior Men's Captain. In his second year of MA Russian Studies, this year, Gavin would like to see the club continue to move forward as a cohesive unit where we can all work hard and play hard whilst building on our successes.

### **Senior Women's Captain: Lizzie Cooper**

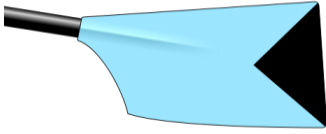
Lizzie is entering into the fourth year of her Reproductive Biology degree and her fourth year of rowing. Having started as a novice in 2016, she is excited to take on the role of captain of the SW squad this year, after their incredibly successful last season where they brought home the BUCS VL, won the C4- event at HWR, and raced competitively at HRR. Many of the squad made up the Scotland team at HIR and helped to win the SW team trophy at our home loch. Having been inspired by Lucy, Lydia and Alex's victories in Sarasota at the U23s World Championships, the squad is determined to make the next season their best yet.



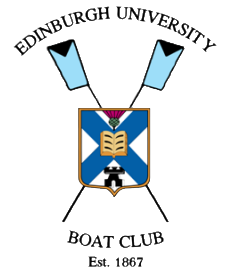
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# Edinburgh University Boat Club



## **Recreational Rowing Captains: Jack Lane and Lucy Barnard**

Jack is currently in his third year of Mathematics. He hopes to help people improve their rowing and to get the Rec squad involved in more races and become more competitive.

Lucy is a third year Ecology student and her goal for this year is to keep the rec squad growing and to build on last year's success

## **Novice Women's Captain: Zoe Horne**

Zoe is our Novice Women's Captain for this year. When Zoe won't be herding around some confused novices, she'll be attempting to pass her Medicine degree, which she is in her 2nd year of studying. Zoe is really looking forward to her role and hopes to be an approachable and caring figure as she helps the new novice women learn to, and excel, at rowing as the year progresses!

## **Novice Men's Captain: Rowena Hutchinson**

Rowena is entering her second year at Edinburgh, studying a BA Fine Art. As Novice Men's Captain she hopes to make the novice programme more integrated with the rest of the club so that it becomes more predictable that the novice rowers will go on to join the Senior or Recreational teams.

## **Social and Fundraising Secretaries: Jade Carlyle and Hannah Davis**

Jade is a third year BSc Biomedical Sciences student, and Hannah is a fourth year MA Architecture student. They know that rowing training can be extremely hard so hope to bring exciting socials which will allow all the squads to mix together and have some fun.

## **Kit Secretary: Abbie Craig**

Abbie is a third year BSc Biomedical Sciences student. She hopes to make Edinburgh look more professional at all the big races this year. Abbie has already ordered in lots of new kit from PlayerLayer, who have a contract with the university, and she looks forward to working with them more in the future.

## **Publicity Officer: Beltrán Field**

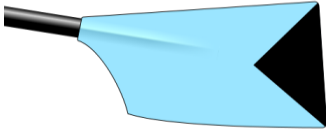
Beltrán is a second year MA History and Politics student. As this year's Publicity Secretary his primary focus is on refreshing and maintaining the EUBC website, as well as working with other committee members to ensure that the boat club's successes are well represented through an array of social media channels.



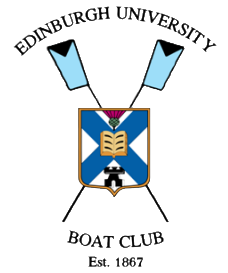
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# Edinburgh University Boat Club



## **Alumni Secretary: Louise Howat**

Louise is a fourth year MA History student. Having learned to row as a novice in her first year, she has been a member of EUBC for the past three years. After joining the committee last year as Social and Fundraising Secretary, Louise hopes to continue to strengthen the Club's connections to our brilliant alumni in her new role as Alumni Secretary.

## **Ordinary Member: Laura McDonald**

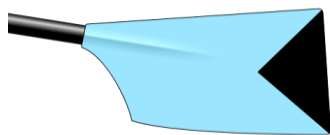
Laura is entering her fifth year of her MBChB Medicine. As this year's Ordinary Member, she hopes to assist in the organisation of the Scottish Boat Race alongside members from Glasgow University Boat Club Committee and the Sports Union. They will be aiming for a great success like last year and hope to have as many spectators there as possible!



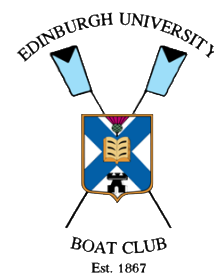
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# Edinburgh University Boat Club



## Introducing the Coaches of 2019/2020



### Colin Williamson

Rowing has been my life since dreams of Pro Rugby were cut short due to injury. A fortunate injury, it turns out. Rowing has given me some of the highest highs (and maybe lowest lows). It has now given me a career, and I even found a wife. I have come full circle. Born in Edinburgh in the 80's (that's enough detail), I have lived and rowed in Scotland, England and Ireland. I have represented Scotland, Great Britain and Ireland as an athlete (some with success, others less so) before returning to the city of my birth to take on the task that has been my new life. Rowing is life. Life is Rowing. Wouldn't have it any other way. I also like cats. And dogs, but I'm not allowed one.



### John Higson

I'm entering my seventh season coaching the Senior Women's Squad in a professional capacity. Despite the difficulties that the early season brought us last year with races cancelled left, right and centre; the squad had arguably its most successful season to date. It would be fair to say that trying to better it this season is somewhat intimidating but, if we are to, I believe we have the personnel to do it.



### Paddy Hudson

I fell into this sport as a fresher when, after a particularly lazy year away, I wasn't fit enough to make the Uni squash team. Starting rowing, no-one else was fit enough either so all that counted was the graft. Turn up, work hard, get better. I loved it and (almost) everything that followed – club circuits, 18ks, training camps, Henley campaigns, eventually an interest in coaching which grew into a livelihood, a passion and then a career. As a coach the graft is the same only now I'm helping other people get better, which I'm told is more rewarding... Rowing also brought me to Scotland which I love so I'm happy to be staying here for a new challenge! One last thing: wash is character-building. Deal with it.

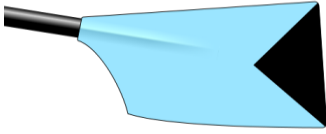


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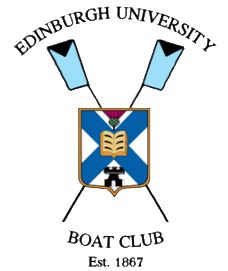


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# Edinburgh University Boat Club



## Michael Hughes

Rowing came into my life via encouragement from a cousin who rowed for GB as a junior, so when I started at Newcastle University I joined the rowing club and like with many the sport became central to my life.

My first degree in archaeology was a clear sign a career of professional rowing coaching lay ahead, but naturally I first had to climb the ladder of museum management where I ended as a curator of a transport museum and freelance exhibition consultant. Finally prepared to ditch the suit for a Musto jacket, I was fortunate to have the support of Angelo Savarino, the Newcastle head coach during my career change and since 2010 I've had the opportunity to work around the country with a great range of athletes, from those with GB representative ambitions to those who (like me) saw rowing as a way to help develop some of those basic life skills and open new doors.

I'm looking forward to joining the Edinburgh coaching team, it's impossible not to admire the incredible work that has happened here in Scotland and I'm excited to be able to play a part in it.

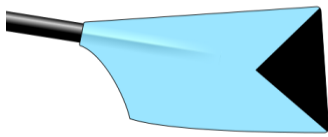
That said you'll be far more interested in my dog, Jess - a rescue German Shepherd. She'll be around and looks forward to making your acquaintance.



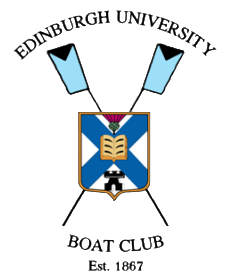
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# Edinburgh University Boat Club



## 2018-2019 Season in Pictures

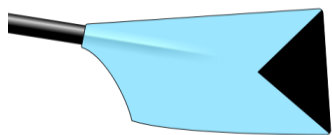


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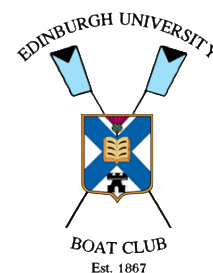


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# Edinburgh University Boat Club



## Summer Race Reports

### BUCS Regatta

BUCS Regatta proved a very memorable end to another BUCS season for EUBC, with the club ending up top of the overall BUCS table for rowing for 2019. Further to that the club took home the overall Women's Victor Ludorum, being the first Scottish University to achieve this. The men's efforts also helped the club finish as 2nd in the Overall VL, with them placing 3rd.

The club fielded an exceptionally strong team across the board at this year's BUCS Regatta with a total of 60 athletes competing across all categories.

The Senior Men's Squad had a good set of results at BUCS, with the lightweight scullers putting on a stellar performance as always. James Temple and Dale Flockhart brought home a 1-2 in the Championship Lightweight 1x and then another gold together in the double. The Heavyweight scullers, not to be outdone, brought home a gold in the 2x and then a bronze in the quad. The men's sweep squad had a promising set of results, which are an excellent stepping-stone for the future, with strong performances in the 4+ and the 2-s.

The Senior Women's Squad had a record-breaking regatta; the Championship W8+ brought home EUBC's highest ever placing with a silver, in what was Polly Swann's last race for EUBC. In a show of the strength of the women's squad, the intermediate 8+ also brought home a bronze medal! Continuing on, the sweep side brought home medals in the WC4+, WC2-, WInt2- and the WC4-. The scullers also had a strong regatta, with Lucy Glover taking home the win in the WC1x, and with friends a further medal in the WC4x. Other scullers to take home silverware were the WCLw2x who picked up a bronze medal.

The Novice Squads had a good regatta with their first taste of BUCS Regatta racing – the novice men got some excellent and hard racing under their belts, with a close 4<sup>th</sup> place in the 8+ and 5<sup>th</sup> in the 4+. The Novice Women had great results which helped to bring the club the VL title. Their 8+ came in with a very close silver and then their 4+ brought home a gold, which completed the set for their captain Brianna Siddle, who now holds a BUCS gold in every single Beginner BUCS Event!

A final thanks must go to the small army of EUBC Supporters at this year's event, who provided food, drink and support from the bank. We very much appreciated all your encouragement and we hope to see you all back at Nottingham in 2020!

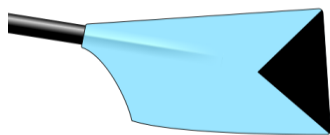
*Dan Baillache*



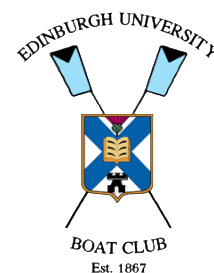
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# Edinburgh University Boat Club



Clockwise from top left to: EUBC taking home the Women's VL, James Temple and Dale Flockhart win gold and silver in CLW1x, Novice Women 4+ of Alice Ives, Becca Bowers, Georgia Valentine, Susannah Oliver and Brianna Siddle celebrating gold, and Josh Armstrong and Jake Offiler bringing home another EUBC gold in the C2x.

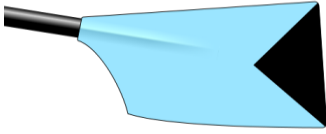


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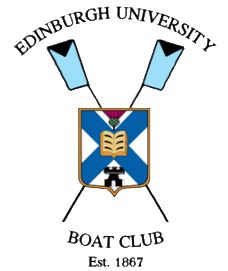


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# Edinburgh University Boat Club



## Henley Women's Regatta

Henley Women's Regatta 2019 was filled with mixed emotions and high drama for the Senior Women's squad. After winning the Aspirational LW1x last year, Laura McDonald stepped up to race the Championship LW1x in this year's event. She had a very impressive set of races throughout the competition and gave a good fight in the semi-final but got knocked out by the eventual winner. The Aspirational Academic 8+ had an impressive time trial which saw them draw Durham in Saturday's Heat. Unfortunately, an equipment failure on the start line prevented them from racing, leaving the crew devastated but looking forward to next season.

Following on from success in the CW2x at last year's event, Lucy Glover continued her winning streak this year in the CW4x as part of the GB U23 crew. They had a very impressive race in the final beating the Tideway/UL composite in a verdict of 2L.

The C4- of Alex Rankin, Lydia Currie, Flora Blake-Parsons and India Somerside had a weekend packed of tight racing finding themselves in Sunday's final. The final was a tough fight against a strong crew from the University of London where the Edinburgh crew rowed through to take the win from 1 ½ lengths down with only 500m to go. All in all, a good weekend of racing topped off what has been a very successful season for the Edinburgh women.

*Lydia Currie*



Senior Women Squad  
celebrating their success at  
HWR.

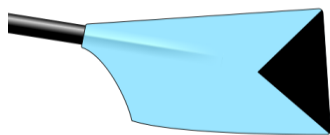
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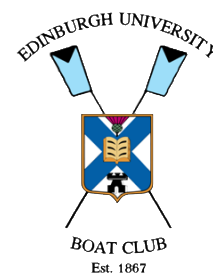
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# Edinburgh University Boat Club



## Henley Royal Regatta

### Senior Men

The Men's squad kicked off their Henley campaign in style at Marlow Regatta. A strong performance in the Time Trial put the Temple VIII into the Championship A final where they finished 7<sup>th</sup> against the top crews in the country, including Leander and Oxford Brookes. Amidst a challenging and competitive field, the two Coxed Fours, made up of a mixture of Seniors and ex-Novices, placed respectably in the A and B of their event. As always, the scullers failed to disappoint with Jack Burns taking the win in Championship Singles followed closely by James Temple and Gavin Horsburgh. Prequalification for the Temple VIII left the rest of the men's squad attempting to qualify on the following Friday. After a solid week's training in Henley, James Temple and Jack Burns both successfully claimed a place in the Diamond Challenge Sculls meaning that the Club was the only university program in the country to qualify two athletes for the event, no easy feat. Joining forces with southern rivals, Matthew Curtis and Dale Flockhart qualified for the Prince of Wales in their University of London composite.

A gutsy performance by the two Coxed Fours wasn't quite enough to gain them a place in the Prince Albert amidst tough competition although the thought of a week enjoying the social side of the regatta may have limited their disappointment. The following week brought with it good weather and the Regatta beginning in earnest. The Temple VIII beat Shrewsbury School comfortably on the Wednesday, seeing them through to a tough race against Newcastle on the Thursday. Despite a valiant fight all the way down the course, age and experience won out resulting in a narrow loss in a closely fought race. The University of London and Edinburgh University composite raced Leander Club on the Thursday, missing out on the win but racing a good race nonetheless and one to be proud of. The elite competition of the Diamond Challenge Sculls always meant our scullers would have a tough race. James Temple faced Michael Schmid in the Diamond Challenge Sculls losing out against an athlete with a host of international medals and experience yet pushing him all the way to the line. Jack Burns lost out to Oliver Ziedler in what you thought might have been a forgone conclusion but was in fact by a closer margin than you'd expect against an Olympic athlete. And so, by the end of Thursday, the Club's hopes of Henley glory rested with Josh Armstrong and his Prince of Wales GB composite quad. He delivered this in style, reversing the result of last year's final by beating Skøll in the final to take home the trophy. The Regatta left the squad hungry for more and you can rest assured that the days to HRR 2020 are already being counted down.

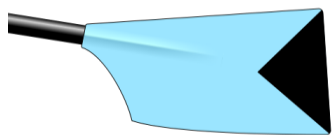
*Ben Dickens*



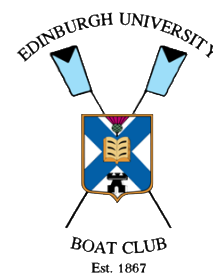
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# Edinburgh University Boat Club



## HRR crews in action

Temple 8+ in action: Lizzie Dickinson (cox), Luke Hatteland-Dunn, Philip Garnier, Lukas Neilsen, Ben Dickens, Euan Dickerson, Laurence Ellis, Jake Offiler and Hugo Oglina.



Remenham 8+ crew in action: Dan Baillache (cox), India Mattocks, India Somerside, Flora Blake-Parsons, Bella O'Hara, Tara Grimsley-Moore, Abbie Craig, Immy Wolstencroft and Sophie Parsons.

## Henley Royal Regatta

### Senior Women

The Remenham Challenge Cup eight came together for the first time on the Monday morning after Henley Women's Regatta, comprising of a mix of the Aca 8+ and the Champ 4- from the previous summer racing. Regardless of the limited time together as a crew there was a clear goal to be one of the 12 women's eights to qualify for racing at Henley Royal Regatta. The Remenham Challenge Cup is for open women's eights, meaning international crews such as the GB women's eight and the New Zealand women's eight are amongst those racing. For Edinburgh to join this prestigious event therefore required going through the qualifying races which are held the Friday before the main regatta begins.

The crew were the first to be set off down the course and pulled a fantastic performance out of the bag to be one of the crews to qualify, resulting in the third year in a row Edinburgh would be represented in the Remenham Challenge Cup which is an impressive feat for a University boat club. The crew drew Oxford Brookes University, fresh from their win in Academic Eights at Henley Women's Regatta, for their first- round race. Whilst the main goal had been achieved in qualifying, attention then turned to putting in the best performance possible against this impressive opposition. The racing on Thursday afternoon was fierce with Brookes taking a small lead off the end of Temple Island and gradually increasing this to three lengths at the finish. The Edinburgh eight put in a row to be proud of and pushed Brookes the whole way. With the recent announcement of the addition of a University Eights event for HRR 2020 hopefully there will be more opportunities such as this in the years to come.

*Flora Blake-Parsons*

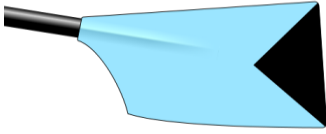


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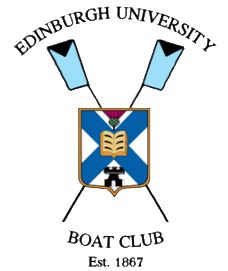


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# Edinburgh University Boat Club



## Home International Regatta

Edinburgh's summer season is always a busy one, from Scottish Championships to Henley the summer is always packed with training and racing. After all of these, one of the last events at which EUBC is always represented is always Home International Regatta. This year's event was held on our home water, Strathclyde Park, and Edinburgh certainly represented. With a total of twelve athletes and two coaches spread across three of the four Scotland squads, there were Edinburgh athletes in everything from sculling to sweep, junior to senior and across both the men's and women's squads as well as on the coaching team.

And Edinburgh's HIR success did not end at simply being selected for the Scotland team, an achievement on its own. After being selected and completing weeks of training in preparation for the Home International, Edinburgh athletes and their teammates went on to compete on the 27<sup>th</sup> of July. Across the day a stunning total of 6 out of 16 winning Scottish boats contained an Edinburgh Athlete, including wins across both the men's and women's squads and in both sculling and sweep events. The Scotland Senior Men's team also won the overall men's trophy, with the squad containing eight Edinburgh athletes who competed in both the men's coxed four and men's eight. The Scotland Senior women were also the winners of the overall women's trophy, with the Edinburgh athletes within the squad racing the pair and the women's eight.

HIR is always a fantastic end to what is often a long and intense year of rowing for Edinburgh University. From rowing to coxing to coaching, Edinburgh is dedicated to producing athletes that can compete at the highest level – and Home International is always proof of this goal being consistently achieved.

*Kate Duke*



Scotland SW taking home the overall trophy; EUBC SM Laurence Ellis, Euan Dickerson, Ben Dickens, Lukas Nielsen and Kate Duke in action for Scotland in the 4+.

Photo credit: Rob Eyton-Jones.

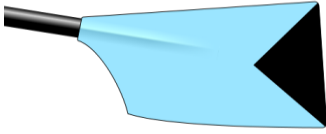


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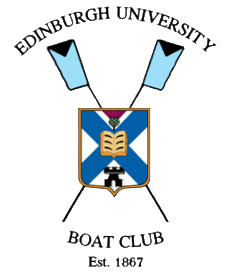


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# Edinburgh University Boat Club



## World U23 Rowing Championships

This year the World Rowing U23 Championships were held in Sarasota, Florida. Being the first time that the event has been held outside of Europe, there were more than a few challenges to contend with, not limited to the long flight West which brought jetlag for the athletes and the tropical climate during Florida's notoriously stormy wet season. The days leading up to and during racing were comprised of hot mornings when the lake was open followed by menacing thunderstorms which halted any training or racing. The lake often had to be evacuated for reasons of safety, as it was when a storm engulfed the LW2- test race. Nevertheless, when the weather abated, there came tempests of another sort on the course, which was built for watersports and managed to evade the cross wind that picked up most mornings. It lay almost flat, clearing the way for the race to medals. The five Edinburgh Athletes and 2 coaches that were selected to represent Great Britain each came away having had a campaign to be proud of.

First on the course for Edinburgh was Lucy Glover (3rd year, Psychology) who raced in the W4x. An outstanding athlete, who's Warrington roots shine through in moments of steadfastness, she came into the championships having already had world gold, silver and bronze medals around her neck. In the fastest heat, the GB quad were beaten only by the Netherlands, which was enough to send them to the repechage which they lead from start to finish, showing their form as they booked their space in the A final. And what a cracker of a final it was, with the Netherlands leading until the last 200m while the rest of the field battled for the rest of the medals, slowly closing the gap to the tiring Dutch crew. In a brilliantly timed move, the GB crew took the lead and took the gold. "Heading into the final we knew all 6 boats were of a similar speed, I was excited to be in the mix and knew if we carried out our race plan and held our own we would manage to get our bow ball ahead of the others on the line !" (Lucy)



*Lucy (left) on the podium with GB crewmates.  
Photo credit: WorldRowing*

Next up was Josh Armstrong (3rd year, Sport and Recreational Management) rowing once again in the men's quad which was just one member short of the gold medal winning crew from 2018's championships. Not to be outdone, they flew through the heat and the semifinal in a brilliantly controlled, yet blisteringly fast, set of races. Their final posed the biggest challenge yet, with Germany taking it out hard and leading until the 1000m mark, when a well-executed move from the GB quad saw them take the lead by 1250m gone.

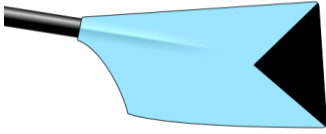
The battle continued all the way to the line between these two crews but the standings remained unchanged and GB took another Gold. This was Josh's 2nd consecutive gold medal, solidifying his place as one of the top U23 scullers in the world. And so, Saturday's finals ended with two Edinburgh Athletes with gold medals around their necks, on to Sunday...



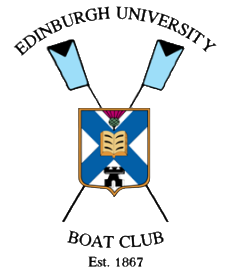
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# Edinburgh University Boat Club



Gavin Horsburgh (1st year, Russian), who was the longest serving Edinburgh athlete at the championships and the most decorated, raced in the Lightweight men's single sculls and was coached by Edinburgh Men's coach, Matt Evans. A lively team, they worked throughout the summer together to prepare for the well entered and hotly contested event. After placing third in the heat, preparations for the repechage were interrupted by a thunderstorm which prompted an evacuation of the lake with racing delayed until the afternoon. Despite this, Gavin kept his cool with an evenly paced race, coming back from third place in the final 500m to take one of the final spots in the semi-final. Alongside 2 of the boats who would later take gold and silver, he just missed out on a place in the A final but gave spectators a fabulous show during his B final, coming back from 6th place to take the win, placing 7th overall, a courageous race to end his season.

Last on the course were Lydia Currie (3rd year, Biomedical Sciences) and Alex Rankin (3rd year, History of Art) in the women's 4-, coached by Edinburgh's own John Higson. Both were involved in the winning 4- from Henley Women's Regatta so were no strangers to this boat class. They too came through the repechage, gaining valuable race experience. Coming into the A final, which was almost a rerow of their heat, there was all to play for with 4 boats looking to be of similar speed, however the race played out as a private battle for gold between Ireland and Great Britain. After the lead changed three times in the space of 500m, the British boat managed to gain and hold a canvas lead from the 1750m mark to the line to take gold, the first medal for both Currie and Rankin at these championships.

The weekend ended then with four Edinburgh Athletes taking gold medals, the best haul to date. Despite all the challenges of racing in another continent, the medals flooded in for the GB team and they took top spot on the medal table with a total of six gold medals. All the Edinburgh athletes will return to the club for the upcoming season.

*Alex Rankin*



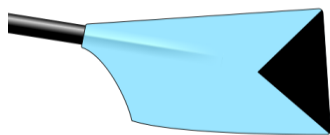
Alex Rankin (left) and Lydia Currie (right) on the podium receiving their gold medal.  
Photo credit: WorldRowing.



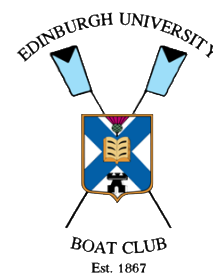
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# Edinburgh University Boat Club



## Novice Race Reports

### Novice Men and Women

Henley Women's Regatta was a great way to end a successful season for this year's NW. We were able to take two Development 4+s to compete in The Frank V Harry Cup. Having only rowed for 9 months our NW proved once again why they've been an unstoppable force this season. With two boats entered our WD4+ B placed 14th in the time trial just missing the qualifier cut off but putting in their strongest performance yet. Our WD4+ A crew qualified and went onto Saturday racing. In the morning they raced Leeds RC, winning easily and making it through the quarter finals, an incredible result for our NW. Saturday evening they met the crew from Dundee and battled it to the line, just missing out on a place in the semi-final. Overall it was an incredible week of training and racing and we couldn't have asked for a better way to end their novice year.

As summer racing rolled around, five of our NM's team transitioned into EUBC's senior squads, where they raced two 4's in the Prince Albert Cup at Henley Royal Regatta. It was fantastic to see our boys merge into the senior squad so successfully proving their every worth during a tough set of time trial results against experienced crews. This provided a stepping-stone for a few of our NM to spend their next year training with the SM.

*Maya Doughty and Brianna Siddle*



Novice Women at HWR: Becca Bowers, Emily Reeve, Alice Ives, Harrie Hewes, Maya Doughty, Meghan Hunter (coach), Brianna Siddle (captain), Georgia Valentine, Susannah Oliver, Henrietta Fooks, Alice Evans.



Novice and Senior Men at HRR: Beltran Field, Cameron Bradley, Will Aitken, Pavel Culik, Maya Doughty, Kate Duke, Ned Timms, Armin Ghofrani, Colton Karr, Oliver Maslen.

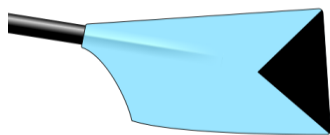


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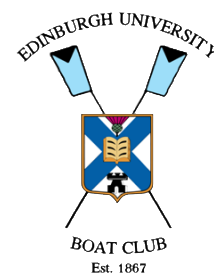


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# Edinburgh University Boat Club



## Club News

### Bow Ball

Back in February the Club hosted our annual Bow Ball at The Waldorf Astoria – Caledonian. The night was a huge success with over 100 members in attendance and great fun had by all.

*The ceilidh underway. Photo Credit: Andrew Perry*



### The Scottish Boat Race

Our annual Boat Race against Glasgow University yet again proved the dominance of EUBC with a clean sweep for Edinburgh. It was a great day of racing with many supporters lining the bank to cheer on our crews. The fun continued into the evening with a joint ball with Glasgow University Boat Club.



Our senior squads celebrating Edinburgh victory!

*Photo credit: Michael MacLennan*



Gregor Maxwell (left) and Gavin Horsburgh embracing their roles as commentators for the day.

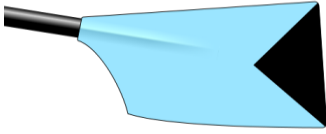


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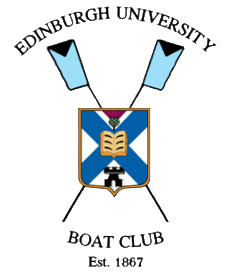


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# Edinburgh University Boat Club



## Henley Royal Regatta Reception

Despite an unfortunate last-minute issue with the caterers, our annual Henley Reception proved to be a roaring success yet again! Swapping the planned hog roast for a pizza party, members, friends and alumni enjoyed a great evening on the Henley Cricket Pitch – helped along by unlimited Pimms! It was a great way to round off what has been an incredibly busy and successful year for EUBC. We look forward to seeing many of your faces there at Henley 2020!



Dominos to the rescue! Quick thinking from outgoing Alumni Secretary Sophie Parsons (left) and Helena Brecht.



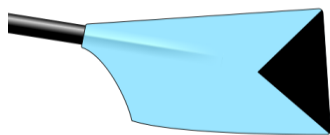
“The 1989 EUBC crew, plus hangers-on!”  
Photo credit: Trini Duke



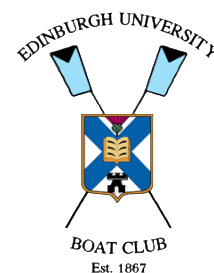
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# Edinburgh University Boat Club



## EUBC Representation at the World Rowing Championships 2019

With under a year to go until Tokyo 2020, the GB team were out in force at the World Rowing Championships at Linz-Ottensheim in Austria, seeking those all-important Olympic Qualification spots. EUBC had two athletes on the GB squad who were flying the flag for Edinburgh – both of whom have had a great season and brought home solid results!

Firstly, Maddie Arlett (graduated 2018), racing in the lightweight women's single sculls had a storming regatta, and came home from the championships with a bronze medal! With the medal Maddie has added her first podium finish at a Senior World Championships to her name.

Polly Swann, or to be more precise Dr Polly Swann (graduated 2019), marked the end of her season returning to the GB squad by racing in the W4-. Following a series of tough initial rounds, where they missed out on a spot in the A-Final, Polly and her crew went on to win the B-Final in Linz and thereby grab one of the Tokyo Qualifying spots! Congratulations to both of our alumna!



## Parents and Supporters Group

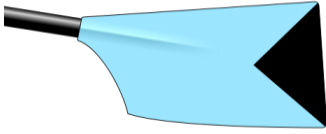
Over the last season, the committee has worked hard to establish a strong supporters group of parents who turn out to support EUBC up and down the country at events, through rain and shine. Our new WhatsApp group provides live updates and photos from spectators and a forum for coordinating much needed refreshments for our rowers. Our Facebook group 'Graduates of EUBC' is another great way to keep up to date with everything happening at EUBC. If you would like to join either group, we would be more than happy to add you. Please get in touch at [rowing.alumni@ed.ac.uk](mailto:rowing.alumni@ed.ac.uk), or request to join our page on Facebook.



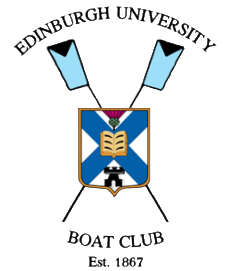
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# Edinburgh University Boat Club



## EUBC Vision for the Future and Fundraising

Edinburgh University Boat Club wants to become recognized as the top University club that develops beginners and experienced rowers alike into champions, on and off the water.

To do so, the club will continue to expand, increasing participation at all levels of the club, while also improving the overall performance of crews across squads. This means:

- Subsidizing the cost of training and competition, removing barriers to participation
- Investing in the quality of our novice 'canal fleet' to help beginners improve faster
- Competing internationally against the best crews in the world

These improvements would help to push the club towards its next focused goal: a Henley Royal Regatta win, for only the second time in our history.

Through its performance sports programme, the University's Sport & Exercise team are highly supportive of the club, funding the coaches, fleet and now our new boathouse, which is currently under construction at Strathclyde Country Park. We're eternally grateful for their incredible commitment to our mission.

Despite investments in the club from the University, there is still a considerable financial barrier to athletes, as they continue to pay for their transport to and from the lake, which is located out of Edinburgh, as well as all their race fees and accommodation for races. Alleviating this would allow more athletes to take part in rowing and compete at the highest level for both their University and – in many cases – for their country.

To help with this the club will be seeing to fundraise as much as possible to support athletes over the coming year.

**If you are further interested in hearing about the club's vision for the future, or wish to support the club in achieving this, we'd love to hear from you!**

**Please do not hesitate to get in touch with the President at [president@edinburghrowing.co.uk](mailto:president@edinburghrowing.co.uk), who is more than happy to discuss.**

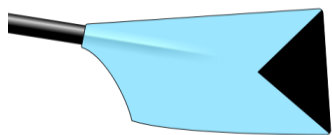


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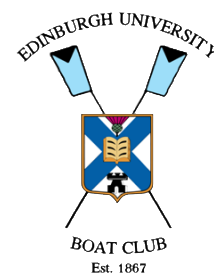


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# Edinburgh University Boat Club



## Spotlight on ... Recreational Rowing

In 2016, the EUBC Recreational Squad was less a team and more a haphazard group of half a dozen rowers who sometimes trained and seldom raced. With an increasing number of rowers interested in racing without the commitment of the Senior squad came a new opportunity for Rec. Much like one repairs damage to a hull, the unfavourable habits of the squad were slowly patched up. Weekly training plans were set in place, rules laid down, compulsory sessions implemented, all while inviting a wide range of experience and commitment. And with the overhaul of the squad and its values came the question: what does it mean to row with Rec?

After years of work, the answer has finally become evident: to row with Rec puts the athlete in charge of their own training. It places opportunities in front of the rower but asks them to take the initiative. The athlete can choose to go to training, or they can choose not to. The level of training is up to them. These options have fostered a competitive – but *fun* – atmosphere in the squad, which aids – and is aided by – those who wish to be more competitive within the squad, within the university, and within the larger rowing community.



Men's 4+ at Scottish Championships 2019.

Photo Credit: Rob Eyton-Jones

These improvements to the squad have proved to be fruitful, with Rec taking home more podium finishes than ever in the past year. The success began with a Women's 4+ win at Clyde Head in October and continued through to Scottish Championships in June. Wins were achieved at Tyne Head in February, Castle Semple Regatta in May and – most excitingly – at Rutherford Head in December, where the Women's 4+ took home a set of sparking new tankards that marked the beginning of a new age of racing for the Recreational squad.

In the coming year, the squad hopes to compete in their first ever BUCS events, with sights set even higher on future Henley Royal Regatta and Henley Women's Regatta competitions.

Lindsay Evans

Women's 4+ at  
Rutherford Head 2018.  
Photo Credit: Jane  
Barnard.

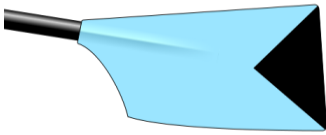


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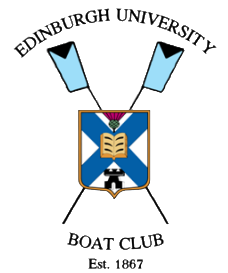


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# Edinburgh University Boat Club



## Alumni News: British Rowing Beach Sprints

Four Alexandra members (Robyn Hartwinks, Lauren Gray, Kieron Brown, Gregor Maxwell) travelled to Poole on Sunday 11th August to take part in the British Beach Sprints. The competition consists of a dash down to the boat, a 250m slalom out to sea and back again, finishing with a final sprint along the beach to hit a buzzer buried in the sand. Having tackled some tough Scottish weather conditions in the past they thought they would be right at home in the wavy waters but it's safe to say the time trial came as a bit of a shock. With 50mph gusts of up wind there was no time to practice before they started their TT and the clocks were on.

First up was the singles (or rather solos in beach sprint terms). Lauren had a rocky start and headed off towards the Isle of Wight but finally found some balance and returned to shore. Robyn followed with a strong performance putting her straight through to the semi-finals. Gregor was set for a fast time but caught a boat-flipping wave in the last sprint to shore. Unfortunately, even an impressively quick climb back into the boat wasn't enough to keep him in the competition so he was not able to progress to the knock-out rounds. Kieron was the final one to do his solo TT. In a cruel twist of fate his seat was swiftly ejected from the boat before he had even left the beach. With no hesitation he rowed on, sliding on his bottom, and miraculously still got one of the faster times. He did not escape unscathed though and was found in ambulance shortly afterwards to fix up a gash in his foot.

Lauren had an even longer excursion in her first head-to-head race, so long in fact that she required a small tow back to shore. Needless to say she didn't proceed to the semi-finals. Robyn on the other hand, went on to dominate in the women's solo and won gold with ease, retaining her title from last year. Kieron was set to do well in his first race, especially with the use of a seat this time. Yet he fell off said seat which caused him to drift the wrong side of the first buoy. At beach sprints this is a crucial 30 second penalty, which stopped him from progressing through the competition. Kieron and Gregor then competed in the men's double and breezed through the knock-out rounds. In the finals they competed against a well drilled double from Jersey, but they had a great row and took gold.



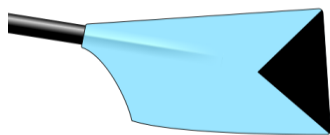
*Robyn in action, and the team ready to take on the day!*



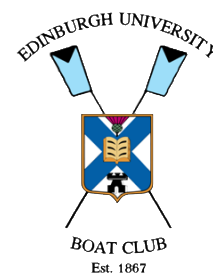
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# Edinburgh University Boat Club



In the mixed doubles Robyn & Kieron met Lauren & Gregor in the finals. As the winds had picked up even further and the buoys kept being blown off centre, there was a last-minute decision to shorten the course, making every stroke even more important. Both boats had a smooth launch from the beach. Kieron & Robyn led the race to the outermost buoy. On the return straight Gregor & Lauren closed the gap making it a fantastic final race of the day, but Kieron & Robyn retained their lead to the buzzer.

So, with 7 medals between them it was a successful day for the EUBC alumni. To top it all off - due to their win in the mixed double, and Robyn's win in the women's solo, both Kieron & Robyn have been selected to represent GB at the World Rowing Beach Sprint Finals in October at Shenzheng, China!

Lauren Gray

## Calling all alumni...

Dear alumni,

I would like to introduce myself as your new Alumni Secretary for the 2019/2020 year. My name is Louise Howat and I am a fourth year History student. I joined EUBC in my first year as a novice and quickly grew to love not only the sport but all the brilliant people I met as part of the Boat Club. Despite not rowing myself this year, I am excited to be on the committee again and help strengthen the Club's links with you, our wonderful alumni.

It is so encouraging to see the lasting impression EUBC has had on so many of your lives and I hope to share the further successes of the club with you this year. Our club is going from strength to strength and we are so pleased to have your ongoing support.

As well as Celeste, I will be in touch through our Facebook group 'Graduates of EUBC'. We are always fascinated to hear what our alumni are up to, so please do let us know if you have a particularly interesting story or rowing connection that you would like to be featured in our next edition of Celeste! Feel free to get in touch about anything and everything at [rowing.alumni@ed.ac.uk](mailto:rowing.alumni@ed.ac.uk), as I'd really love to hear from you. I do hope you have enjoyed this issue of Celeste and I look forward to keeping you updated on everything EUBC this year.

With best wishes,

Louise



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