Dr Rosie Stenhouse, Lecturer, Nursing Studies, University of Edinburgh

University Education

Dates	Academic Institution	Degree Awarded
1988-1992	University of Edinburgh	BSc (Social Science-Nursing)
2003-2005	University of Edinburgh	MSc (Research) Nursing
2005-2009	University of Edinburgh	PhD

Professional Qualifications

Dates	Institution	Qualification
1992	University of Edinburgh	RMN
1998	University of Central Lancashire	ENB998
2011	University of Abertay Dundee	PGCertHET
2012	Registration with NMC as a Teacher	

Career to date

July 2013 - Lecturer (F/T), Nursing Studies, University of Edinburgh

2010 – July 2013 Lecturer in Mental Health Nursing (F/T), Tayside Institute for Health Studies, University of Abertay, Dundee

2009 - 2010 Teaching Fellow (Mental Health) (0.6WTE 2year fixed term contract), Nursing Studies, University of Edinburgh

2008 –2009 Lecturer (0.6WTE, temporary contract), Nursing Studies, University of Edinburgh

2005 – 2008 Post-Graduate Research Student (F/T), Nursing Studies, University of Edinburgh

2002 – 2005 Lecturer – Mental Health Nursing(0.6WTE), Nursing Studies, University of Edinburgh

2002 –2005 Sessional Therapist, ENeRGI Mental Health Project, St Monans, Fife

2001- 2005 Associate Trainer (Sessional basis), Age Concern Training Staffordshire

2001 – 2006 Sessional Educational Worker, Health Opportunities Team, Edinburgh

2002 – 2003 Health Promotion Officer (P/T), Fife Primary Care NHS Trust

2000 – 2002 Self-employed trainer and researcher

1998 – 2000 Maternity leave

1997 – 1998 Community Psychiatric Nurse, Wigan and Leigh NHS Trust

1995 – 1997 Assistant Co-ordinator, Burnleywood Mental Health Resource Centre Burnley Healthcare NHS Trust

| 1994 – 1995 | Staff Nurse, Park House, Trafford NHS Trust |
| 1992 – 1994 | Project Worker, Body Positive (Lothian), Edinburgh |

Teaching

Main Teaching Responsibilities:

Undergraduate:
- Mental Health and Wellbeing; 20 credits; SQF level 8 (Course Organiser)
- Professionalism 4; 40 credits; SQF level 10 (Course Organiser)
- Contemporary issues in mental health: engaging through the arts, humanities and social science; 20 credits; SQF level 10 (Course Organiser)

Postgraduate:
- Research Methods teaching across all masters level programmes in Nursing Studies

Additional teaching responsibilities:
- Leading the development of a shortened Masters level programme for graduates to gain first level nursing registration with the NMC
- Honours and Masters dissertation supervision
- Development and management of implementation of the electronic On-going Achievement Record for students in clinical practice
- Chair departmental Learning and Teaching committee
- Development of student exchange opportunity with La Trobe University, Melbourne and Faculty of Health Sciences, Maribor University, Slovenia

PhD supervision:
Successful Completions:
Dr Jessica McLaren, University of Edinburgh, 2013
Title: Making Sense of Supervision: A Narrative Study of the Supervision Experiences of Mental Health Nurses and Midwives

Dr Thanee Glomjai, Nursing Studies, University of Edinburgh, 2015
Title: Alcohol consumption behaviour of young people in Thailand: Perspectives of stakeholders in Petchaburi Province

Dr Szu-Szu Ho, Nursing Studies, University of Edinburgh, 2018
Title: "*It depends on our deep belief in the treatment and our values*" — Understanding HIV-positive drug users' experiences of taking Highly Active Antiretroviral Treatment in Taiwan

Dan Hope, Sociology, University of Edinburgh, 2019
Title: 'What Nursing's All About': The caring ideal and ambivalence to 'profession' in nurses' occupational discourse

Sushila Chowdhry, Nursing Studies, University of Edinburgh, 2019
Title: (In)visible women: a narrative study of larger women's pregnant embodiment and maternal healthcare

Current PhD supervision
Year 1:
Man Sa Lo, Nursing Studies, University of Edinburgh, F/T
Study Topic: Sexual health education and needs and the development of an e-sexual health programme for young people in Macau
Methodology: Mixed methods, participatory action research
Second supervisor

Georgi Gill, Centre for Creative Relational Inquiry, University of Edinburgh, F/T
Study Topic: Using (auto)biographical poetry to explore the experience of multiple sclerosis
Methodology: Qualitative; arts based methods; autoethnographic poetry
Principle supervisor

Katherine Pachkowski, Nursing Studies, University of Edinburgh, F/T
Study Topic: Exploitation of people with mental health problems living in the community
Methodology: Qualitative; discourse analysis
Principle supervisor

Blerte Hyseni, Faculty of Health Sciences, Maribor University F/T
Study Topic: Impact of performance appraisal and quality of management in nursing job satisfaction
Methodology: mixed methods
Principle supervisor

Year 2:
Jamie Smith, Nursing Studies, University of Edinburgh, F/T
Study Topic: Nurses' constructions of nursing work
Methodology: New materialist approaches
Principle supervisor

Year 3:
Gearoid Brennan, Nursing Studies, University of Edinburgh, F/T
Study Topic: Mental health nurses' understanding and engagement with their role in the physical health care of mental health patients in acute and community contexts
Methodology: Discourse analysis
Principle supervisor

Year 4:
Louise Johnston, Nursing Studies, University of Edinburgh, P/T
Study Topic: Narrative study of student nurses' experiences of coming to nursing from a widening participation pathway
Methodology: Narrative; discourse analysis
Principle supervisor

Jenny Young, School of Nursing and Midwifery, Edinburgh Napier University, P/T
Study Topic: Narrative study of male carers' experiences of caring for a female partner with cancer
Methodology: Narrative; discourse analysis
Second supervisor

Masters by Research students:
Completed projects:
Steven Bell, Nursing Studies, University of Edinburgh, 2016
Title: Using patient experience as a quality tool in acute mental health: Mechanisms that help and hinder
Methodology: Discourse analysis

Lorraine Close, Nursing Studies, University of Edinburgh, 2018
Title: Caring for Self as Clinicians: Power, Resilience and the Organisation

Methodology: Discourse analysis

PhD Examining experience:

External examiner: 4   Internal examiner: 3

External examining experience includes examination of theses from the UK (University of West of Scotland, University of Abertay, Birmingham City University) and University of Newcastle, NSW, Australia

Management, Administrative and External Roles

Subject area:
- Lead for the development of Widening Participation initiatives in Nursing Studies
- Lead for Learning and Teaching in Nursing Studies
- Lead for implementation of electronic ongoing achievement record in undergraduate programme
- Year 4 undergraduate co-ordinator

School level:
- Equality and Diversity Coordinator, School of Health in Social Science
- Exchange Coordinator, School of Health in Social Science
- Member of Learning and Teaching Strategy Committee

College level:
- Recruitment Admissions Strategy Committee, College of Humanities and Social Science

External Roles:
- Journal Reviewer for *Journal of Clinical Nursing; Journal of Advanced Nursing; Nursing Open* and *Nurse Education Today*

External Examiner Posts:
- 2013-2017   Sheffield Hallam University, Sheffield
- 2017-present   Northumbria University, Newcastle

Research

Methodological expertise:
My primary methodological expertise is qualitative, and in particular narrative, discourse and arts-based methodologies. I use these methodologies to open up spaces for the voices of marginalised groups to be heard. I am Assistant Director of the Centre for Creative-Relational Inquiry based at the University of Edinburgh.

I also use quantitative and mixed methods within my work, particularly that focused on workforce.

Research topics:
Workforce: Recent research has focused on the nursing workforce, its development and the retention and support of qualified nurses in practice.

Current Research Projects:
A two-arm parallel group individually randomised Prison Pilot study of a male Remand Alcohol Intervention for Self-efficacy Enhancement: the APPRAISE study. Funded by NIHR-PH for £500,000. PI: Professor Aisha Holloway (University of Edinburgh). January 2019-April 2021

Uncharted Waters: An autoethnographic study of the experience of 'collaborating' with a mental health service user. Unfunded.

The experience of carers for people with mental health problems in rural Scotland. Currently undertaking small survey to underpin funding application to the Chief Scientist Office. With Prof Sarah Skerratt, Scotland's Rural College; Jim Hume, Convenor, National Rural Mental Health Forum; and Frances Simpson, Chief Executive, Support in Mind Scotland.

Completed Research Projects:
'A mixed methods longitudinal study of the experience of newly qualified nurses in the first 2 years of practice'. PI: Dr R Stenhouse, Co-applicant Prof A Snowden (Edinburgh Napier University), Research Assistants Jan Milovic (Edinburgh Napier University), Sameera Jamshed (University of Edinburgh) and Dr Szu-Szu Ho (University of Edinburgh). Funding: NHS Education for Scotland, £25,500 End date: March 2019

 'Tracking the impact of emotional intelligence (EI) at entry on student progression and successful completion of pre-registration nursing and midwifery programmes'. PI: Dr R Stenhouse Co researchers: Dr N Brown (Edinburgh Napier University) and Dr A Snowden (University of the West of Scotland). Funded by NHS Education for Scotland £25,819. End date Dec 2016.

'The development of a dementia educational package and evaluation of its impact on the attitudes and empathy of student nurses'. Funded by private donor for £12000. Lead researcher, with co-researchers from University of Abertay (Dr R Boyd and Dr S Koehn). Project completion date August 2012. Funded £12000.

Clinical Research Group focused on Crisis and Acute care in mental health. Funded by the Scottish Mental Health Research Network for £7500 for the purpose of developing three research proposals for funding bids. Chair R Stenhouse, co-researchers Dr Mark Taylor (NHS Lothian/University of Edinburgh); Kathleen Steward (NHS Lothian). End date October 2015.

Consultancy Work:

Development of 'Good Practice Guidance for recruitment, selection and retention of student nurses and midwives to pre-registration undergraduate degrees'. Co-researcher Dr S Rodgers (PI). Completed on behalf of Scottish Government Health Directorates and NES. Published on NES website, November 2010.

Review and analysis of data from survey of psychiatric crisis services in Scotland. Funded by Scottish Government Health Directorates for £5000. Completion date 30 December 2011.

NHS Education Scotland/Scottish Government Health Directorate Delivery Group. Supporting the development of the evidence base for Recruitment, Selection and Retention of nursing and midwifery students in Scotland. Funding £24,411 to March 2013.

'Evaluation of Memory Box digital reminiscence resource pilot scheme'. Evaluation of useability and impact of pilot of online reminiscence resource for use by people with dementia and their families. Dec 2012 – June 2013 Funding of £8000. Co-researchers, Dr S Hardie and R. Ion (both University of Abertay).

2nd phase of evaluation of the Memory Box Network. Dr Rosie Stenhouse. Funding £5000 Innovation Voucher, SFC. August 2014-August 2015

Peer reviewed publications

Journal articles:
Ho, S-S, Holloway A and Stenhouse R (2019) A method of translating sensitive qualitative data: drawing from a qualitative study of drug users' experience of taking antiretroviral medications *International Journal of Qualitative Methods* Accepted July 2019

Stiglic G, Cilar L, Novak Z, Vrbnjak D, **Stenhouse R**, Snowden A and Pajnkihar M (2018) Emotional intelligence among nursing students: Findings from a cross-sectional study *Nurse Education Today* 66: 33-38 doi: 10.1016/j.nedt.2018.03.028.

Young J, Snowden A, **Stenhouse R** and Kyle R (2018) Exploring male identity and the experience of caring for a partner with a cancer diagnosis: preliminary analysis *Psycho-oncology* 27: 10-11

Snowden, A., **Stenhouse, R**., Duers, L., Marshall, S., Carver, F., Brown, N. and Young, J. (2017) The relationship between emotional intelligence, previous caring experience, and successful completion of a pre-registration nursing/midwifery degree *Journal of Advanced Nursing* 10.1111/jan.13455

Maclaren, J., **Stenhouse, R.** and Ritchie, D. (2016) Mental health nurses' experiences of managing work-related emotions through supervision *Journal of Advanced Nursing* 72: 2423-2434

Stenhouse, R., Snowden, A., Young, J., Carver, F., Carver, H. and Brown, N. (2016) Do Emotional Intelligence and previous caring experience influence student nursing performance? A comparative analysis *Nurse Education Today* **43**: 1-9 http://dx.doi.org/10.1016/j.nedt.2016.04.015

Stenhouse R, Ion R, Roxburgh M, Devitt PF and Smith SDM (2016) Exploring the compassion deficit debate *Nurse Education Today* DOI: http://dx.doi.org/10.1016/j.nedt.2016.01.019

Snowden, A., Watson, R., **Stenhouse, R.** and Hale, C. (2015) Emotional Intelligence and Nurse Recruitment: Rasch and confirmatory factor analysis of the trait emotional intelligence questionnaire short form *Journal of Advanced Nursing* 00(0): 000–000 doi: 10.1111/jan.12746

Snowden, A., **Stenhouse, R.,** Young, J., Carver, F., Carver, H. and Brown, N. (2015) The relationship between emotional intelligence, pervious caring experience and mindfulness in student nurses and midwives: a cross sectional analysis *Nurse Education Today* 35(1): 152-158

Stenhouse, R.C. (2014) Hearing voices: re/presenting the findings of narrative research into patient experience as poems *Journal of Psychiatric and Mental Health Nursing* **21**: 423-437

Rogers, S., **Stenhouse, R.,** McCreaddie, M. and Small, P. (2013) Recruitment, selection and retention of nursing and midwifery students in Scottish universities *Nurse Education Today* http://dx.doi.org.ezproxy.is.ed.ac.uk/10.1016/j.nedt.2013.02.024

Stenhouse, R.C. (2013) 'Safe enough in here?': Patients' expectations and experiences of feeling safe in an acute psychiatric inpatient ward *Journal of Clinical Nursing* **22:**3109-3119

Stenhouse, R., Hardy, P., Sumner, T. and Tait, J. (2013) Dangling conversations: reflections on the process of creating digital stories with people with early-stage dementia *Journal of Psychiatric and Mental Health Nursing* 20: 134-141

Stenhouse, R. (2011) 'They all said you could come and speak to us': Patients' expectations and experiences of help on an acute psychiatric inpatient ward *Journal of Psychiatric and Mental Health Nursing* **18**: 74-80

Books and book chapters:

Stenhouse, R. and Muirhead, C. (2017) Developing and maintaining therapeutic relationships in M. Chambers (ed) *Psychiatric and Mental Health Nursing: The craft of caring* 3rd edition CRC Press   ISBN 9781482221954c

Stenhouse, R. with Tait, J. (2014) Finding our voices in the dangling conversations: co-producing digital stories with people with dementia in P. Hardy and T. Sumner (eds) *Cultivating compassion: How digital storytelling is transforming healthcare* Kingsham Press: Chichester

Stenhouse, R. (2013) *Unfulfilled Expectations: Individuals' experiences of being a patient on an acute psychiatric inpatient ward* Lambert Academic Publishing: Saarbrucken, Germany

Rouse, A. and **Stenhouse, R**. (eds) (2013) *Transformations* Abertay University Press: Dundee

Other publications:

Rodgers, S. & **Stenhouse, R.** (2010) *Good practice in recruitment, selection and retention of pre-registration nursing and midwifery students* Scottish Government. Prepared on behalf of the Scottish Government Health Directorates and NES Short Life Working Groups on Recruitment, Selection and Retention. Published online, November 2010.

Robertson, A. & **Stenhouse, R.** (2006) *Accessing the Mental Health Support Worker Service in Wester Hailes: Exploring issues of accessibility to a service for people with co-morbid problems* Scottish Executive: Edinburgh.

Peer reviewed conference presentations:

Stenhouse R, Snowden A and Ho ISS (2019) "*Like a fish out of water: newly qualified nurses' experiences of the first 2 years of practice*" International Scientific Conference, 'Education and Research in Nursing'

Stenhouse R (2019) "*Uncharted water :An autoethnographic analysis of negotiating the self-other hyphen in working with a mental health service user*"   European Congress of Qualitative Inquiry, Edinburgh

Stenhouse R (2018) "*Negotiating the issue of voice during digital storytelling with people with dementia*" European Congress of Qualitative Inquiry, Leuven

Snowden A, Stenhouse R and Duarrs L (2018)"*Being sick of work leads to being sick off work*" RCN International Research Conference, Birmingham

Stenhouse R and Snowden A (2017) "*Should we be selecting nursing students on the basis of their emotional intelligence?: findings from a prospective longitudinal study*" RCN International Research Conference, Oxford.

Stenhouse, R. (2015) "*Experiences of the practice of observation in an acute psychiatric inpatient ward and implications for working towards recovery*" International Conference on Medical Humanities, Peking University, China 15-17 October.

Stenhouse, R. and Snowden, A. (2015) *"Tracking the impact of emotional intelligence and previous caring experience on student nurse progression: A longitudinal study"* Presented as part of a symposium, 'Big data: Opportunities and challenges for nursing' RCN International Research Conference, Nottingham University 20-22 April.

Stenhouse, R and Snowden, A (2014) *"Longitudinal study of the impact of Emotional Intelligence on student progression: Performance data year 1"* ENTER conference, November 2014, Robert Gordon University, Aberdeen.

Stenhouse, R. and Snowden, A. (2014) *"Emotional intelligence, recruitment and retention"* Accepted as Core Paper at Nurse Education Today Conference Cambridge.

Stenhouse, R. and Snowden, A. (2014) *"Is emotional intelligence a useful concept for the selection of pre-registration nursing students? A review of the literature"* RCN International Research Conference, Glasgow.

Stenhouse, R. , Snowden, A., Brown, N., Carver, H., Carver, F., and Young, J. (2014) *"Emotional intelligence, recruitment and retention"* RCN International Research Conference, Glasgow.

Stenhouse, R. (2012) *"Dangling Conversations: Creating Digital Stories with People with Dementia to Facilitate Aesthetic Knowledge Development in Undergraduate Nursing Students"* peer reviewed paper delivered as part of a symposium 'Hearing Voices: creating and using digital stories of mental health to promote dignity, humanity and compassion in healthcare and healthcare education' presented at Nurse Education Today Conference, Cambridge September.

Stenhouse, R. (2012) *"Making digital stories with people with dementia"* Presentation/workshop at Mental Health Nurses' Forum Scotland Annual Conference, University of the West of Scotland, Hamilton. Also presented at 'Spotlight on Dementia' conference, University of Abertay Dundee.

Stenhouse, R. (2011) *"Breaking tradition: presenting the findings of narrative research into patient experience as poems"* Peer Reviewed Paper presented at the RCN International Nursing Research Conference, Harrogate.

Rogers, S. and Stenhouse, R. (2011) *"Research into practice: evidence for practice guideline development in recruitment, selection and retention of pre-registration nursing and midwifery students"* Peer Reviewed Paper presented at the RCN International Nursing Research Conference, Harrogate.

Stenhouse, R. (2011) *"Crossing boundaries: using arts-based methods to engage interdisciplinary audiences"* Paper presented at the Annual Research Conference, University of Abertay Dundee.

Stenhouse, R. (2010) *"Unfulfilled expectations: A narrative study of individuals' experiences of being a patient on an acute psychiatric inpatient ward in Scotland"* Peer Reviewed Paper presented at the RCN International Nursing Research Conference, Gateshead.

Stenhouse, R. (2010) *"Getting Closer: Using the sociolinguistic theories of James Gee as a framework for narrative analysis".* Paper presented to Research Institute for Health and Social Care conference, Manchester Metropolitan University.

Invited conference/seminar presentations:

The 3rd Health, Research and Innovation Nursing Students Forum: Today's Students, Tomorrow's Health Professionals (2018) "Becoming a successful graduate nurse" Boromorajonani Nursing Colleges, Phayao, Thailand

Sociology Seminar Series (2017) Using poetry & digital stories to engage audiences with research 6 November, Queen Margaret University, Edinburgh