Year 2 Semester 2: Mental Health Placement ……………………………………….

PROCESS OBJECTIVES

Domains

Please tick the boxes to indicate process objectives that are available on the placement

Professional/Ethical practice

☐ demonstrate at all times practice that accords with the NMC code of professional conduct and which is within the scope of nursing practice and within the sphere of one's own accountability

☐ identify, read and discuss with mentor local policies related to client and personal safety

☐ find out and demonstrate procedures followed in the case of an emergency

☐ identify and discuss the application of ethical issues related to mental health care

☐ observe and participate in therapeutic activities demonstrating the confidential and ethical basis for care

☐ demonstrate sensitivity to others' values, customs and beliefs

☐ identify and discuss relevant mental health policy and legislation

☐ show commitment to reliability, punctuality and accountability.

Care Delivery

☐ observe and participate in the communication of information and support to clients, relatives and appropriate staff within the mental health care environment

☐ participate in the assessment of needs of people with mental health problems

☐ contribute to the assessment of actual and potential risks to clients, families, staff and others

☐ participate in the planning of care using a client-centred approach and facilitating clients to make informed decisions about their care

☐ participate in the documentation and evaluation of planned care

☐ participate, under supervision where necessary, in the direct delivery of care related to:

  ▶ the implementation of safe, client-centred, holistic care for people with mental health problems

  ▶ respecting and promoting client and family participation in care

  ▶ developing relationships with clients based on mutual respect and trust

  ▶ monitoring clients' mental state and general well-being

  ▶ facilitating clients' social, recreational and occupational needs

  ▶ participating in group work

- ► participation in facilitating clients to develop skills in anxiety management/anger management/ independent living /self care/self-determination
- ► dealing with challenging behaviour and conflict
- ► the promotion of client and family health and well-being within the context of mental health needs
- ► follow the policies and procedures for the safe administration of medications.

- ☐ demonstrate effective interpersonal skills with clients, families and colleagues

- ☐ demonstrate effective observational skills

- ☐ participate in/attend ongoing investigations and therapies as appropriate

- ☐ participate in interdisciplinary team meetings

- ☐ observe in client/family counselling

- ☐ observe and participate in interdisciplinary aspects of therapy e.g. psychiatrist, social worker, occupational therapist, welfare rights, non-statutory agencies.

Care Management

- ☐ participate in promoting a care environment that ensures optimal health and safety within the mental health setting

- ☐ prioritise and provide rationales for care delivery

- ☐

- [ ] participate as appropriate in the organisation of, and developments in, the delivery of care that focuses on mental health needs

- [ ] demonstrate literacy, numeracy and computer skills relevant to the administration of medication and organisation of care data

- [ ] participate in transfer of care and discharge planning.

Personal and Professional development

- [ ] identify and negotiate specific learning needs, limitations, opportunities and objectives

- [ ] seek advice and support from colleagues as appropriate

- [ ] contribute ideas to clients and staff in addressing individual needs and service delivery

- [ ] develop with mentor a plan of experience and learning in order to achieve outcomes

- [ ] reflect in and on practice with mentor and other staff as appropriate

- [ ] demonstrate, in the context of mental health needs, synthesis of new knowledge with prior learning

- [ ] identify and engage with evidence underpinning observed practice

- [ ] document appropriately the learning experience.