



## SCOTTISH FAMILY HEALTH STUDY

### CRF

#### INSTRUCTIONS

Please respond to each question by entering numbers carefully inside the boxes or, where applicable, indicate response by entering an X in the relevant box.

#### FOR OFFICE USE ONLY

Researcher Name \_\_\_\_\_

Researcher Code

Date     
d d m m y y y y

SF  Geographical Site

*Place barcode  
sticker here*

## A. CONSENT

1. Has informed consent been obtained for Generation Scotland Scottish Family Health Study?

Yes  No

If Yes, please give date signed

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
d	d	m	m	y	y	y	y

2. Has pre-clinic questionnaire been completed for Generation Scotland?  Yes  No

3. Has informed consent been obtained for 21CGH?

Yes  No  N/A

If Yes, please give date signed

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
d	d	m	m	y	y	y	y

## B. URINE SAMPLING

1. Urine sample obtained for storage?

Yes  No

2. Willing to provide a 24 hour urine collection if asked?

Yes  No  N/A

## C. VITAL SIGNS

1. Blood Pressure and Heart Rate

*Ask the subject to sit quietly for 5 minutes before recording BP/Pulse*

*Take recordings 3 minutes apart*

Time of recording	Blood Pressure			Heart Rate	
(24hr clock)	(mmHg)		Not obtained	(bpm)	Not obtained
	Systolic	Diastolic			
1. <input type="text"/> : <input type="text"/>	<input type="text"/> / <input type="text"/>	or <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	or <input type="checkbox"/>
2. <input type="text"/> : <input type="text"/>	<input type="text"/> / <input type="text"/>	or <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	or <input type="checkbox"/>

2. Height  .  cm or  Not obtained
3. Weight  .  kg or  Not obtained
4. Waist  .  cm or  Not obtained
5. Hips  .  cm or  Not obtained
6. Body Fat Composition  .  % or  Not obtained

## D. SPIROMETRY

*Please remember to give clear instructions on technique*

*Take recordings 1 minute apart*

Time of recording (24hr clock)	FEV1	Not obtained	FVC	Not obtained	FEF 25-75	Not obtained
1. <input type="text"/> : <input type="text"/>	<input type="text"/> . <input type="text"/> (l)	or <input type="checkbox"/>	<input type="text"/> . <input type="text"/> (l)	or <input type="checkbox"/>	<input type="text"/> . <input type="text"/> (l/s)	or <input type="checkbox"/>
2. <input type="text"/> : <input type="text"/>	<input type="text"/> . <input type="text"/> (l)	or <input type="checkbox"/>	<input type="text"/> . <input type="text"/> (l)	or <input type="checkbox"/>	<input type="text"/> . <input type="text"/> (l/s)	or <input type="checkbox"/>
3. <input type="text"/> : <input type="text"/>	<input type="text"/> . <input type="text"/> (l)	or <input type="checkbox"/>	<input type="text"/> . <input type="text"/> (l)	or <input type="checkbox"/>	<input type="text"/> . <input type="text"/> (l/s)	or <input type="checkbox"/>

**E. LABORATORY BLOOD TESTS**

1. Was blood collected  Yes  No

**If blood collected,**

(a) Was subject fasting  Yes  No

(b) Time of Sample  :  (24 hour clock)

*Give details of bottles obtained:*

Number of bottles required	Colour	No. of bottles obtained (Enter 0 if none)
1	9ml x purple top	<input type="checkbox"/>
2	4ml x purple top	<input type="checkbox"/>
3	5ml x gold top	<input type="checkbox"/>
1	2ml x grey top	<input type="checkbox"/>

(c) Was blood also collected for 21 CGH sample?  Yes  No  N/A

*If 21 CGH blood collected, give details of bottles obtained:*

Number of bottles required	Colour	No. of bottles obtained (Enter 0 if none)
1	9ml x purple top	<input type="checkbox"/>
1	9ml x green top	<input type="checkbox"/>

**If No blood collected:**

(a) Whatman FTA Card collected  Yes  No

(b) Buccal Cell Collection  Yes  No

**F. ANKLE-BRACHIAL PRESSURE INDEX**

Always remember to use Systolic pressure measurements

	Brachial Pressure	Not obtained	Dorsalis Pedis Pressure	Not obtained	Posterior Tibial Pressure	Not obtained
<b>LEFT</b>	<input type="text"/> <input type="text"/> <input type="text"/>	or <input type="checkbox"/>	<input type="text"/> <input type="text"/> <input type="text"/>	or <input type="checkbox"/>	<input type="text"/> <input type="text"/> <input type="text"/>	or <input type="checkbox"/>
<b>RIGHT</b>	<input type="text"/> <input type="text"/> <input type="text"/>	or <input type="checkbox"/>	<input type="text"/> <input type="text"/> <input type="text"/>	or <input type="checkbox"/>	<input type="text"/> <input type="text"/> <input type="text"/>	or <input type="checkbox"/>

**G. ECG**

1. ECG performed  Yes  No

If Yes, ECG saved on machine  Yes  No



