



From showing me the basics such as how to use your print credit to tips for finding a flat for the next academic year, my mentor was a great person I could turn to when I needed advice.

I have gained confidence, become more independent and responsible. I have found it easy to get on with people. Mentoring has helped me to get on with it and take chances.

Having my mentor has aided me so much already, and she is just one more extra friend to help me along. I would be happy to return the favour next year and hopefully try to do just as good a job.

For more information, please contact:

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T: +44 (0)131 650 9946
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If you require this document in another format such as large print, please contact us at:
undergraduate.mentoring@ed.ac.uk



The University of Edinburgh's Undergraduate Peer Mentoring programme pairs senior students with new Year 1 students, to assist them with their transition into university.



The Mentor

The mentor is a trained student who will guide their mentee through the transition into university. Mentor and mentee pairs meet approximately every fortnight throughout the academic year.

Role of the mentor

The mentoring meetings will address the four main strands of educational mentoring: academic, social, financial and personal. Mentors can give the benefit of first-hand experience in these areas. They can also help mentees form a strategy for things like:

- Managing a reading list
- Joining a society
- Budgeting

Mentors and mentees may choose to be in contact over email in between meetings, and will meet for about an hour once a fortnight. The mentor is a trained, friendly and experienced student, often from a similar subject area, who can provide guidance and support as their mentee finds their feet at university.

Benefits to mentors and mentees

Transition into university can be challenging and overwhelming at times. Mentees report that they feel more confident and supported, and more knowledgeable about where to go to for further advice.

Student mentors develop valuable employable skills such as leadership, communication and self-management. They are supported throughout the year by the Peer Mentoring Coordinator and have the opportunity to take part in the Edinburgh Award in recognition of their work. You can find out more information about the Edinburgh Award here: www.ed.ac.uk/edinburgh-award

Other support services

Mentors are not expected to have all of the answers! They support a mentee's engagement with the wider University. They may direct mentees to their Personal Tutor, the Advice Place or other support services, and the Peer Mentoring Coordinator is on hand to provide extra advice and support to mentors and mentees. You can find out more about student support services here: www.ed.ac.uk/students/new-students/student-support

What next?

If you would like to take part in our Peer Mentoring programme as a mentee, please get in touch as soon as possible as we have limited places available.

We are always looking for enthusiastic Peer Mentors. If you would like to enquire about volunteering as a mentor, please get in touch.



I hope I've been able to help my mentee deal with the variety of difficulties new students can face, purely through giving advice based on my own experiences and mistakes.

