



**SPORT &
EXERCISE**

*World-class City. World-class University.
World-class Sport.*

Performance Pack

**University of Edinburgh, Scotland's
Leading Sporting University**



World-class degrees for world-class athletes

One of the most highly regarded of its kind in the UK, the University of Edinburgh Performance Sport Programme enables athletes to achieve a world-class degree and perform to the best of their ability.

A world-class city

Edinburgh mixes architectural beauty and history with a lively, fun environment and has regularly been voted as one of the most desirable places to live in the world. As part of our Performance Programme, you will develop your athletic and academic skills in tandem, competing for one of the United Kingdom's best sporting higher education institutions and studying at a University that is consistently ranked in the top 50 in the world:

- Over 650 degree programmes
- Flexible study
- Ranked 32nd in the world for graduate employability



Eilidh Gibson in action

Leading the way

Our Performance Sport Programme was founded in 2008. Since then, it has established itself as one of the leading programmes of its kind in the UK, seeing the University of Edinburgh top the medal tables for UK universities at the Olympics at London 2012 and come third in BUCS 2014-15.

Current students competing on the Programme include top canoer Eilidh Gibson, Commonwealth Judo champion Sarah Adlington and cross-country skier Callum Smith, who made it to the 2014 Sochi Winter Olympics.

The University also counts numerous sporting champions among its alumni, such as six-time Olympic champion cyclist Chris Hoy, fellow gold medal winning Olympian Katherine Grainger and World Champion Orienteer Yvette Baker.



All Blacks Rugby training in UoE Performance Gym (2014)

A world-class experience

In return for your dedication and hard work, we will offer you world-class training facilities and support to allow you to be the best you can be:

- Dedicated sports-specific coaches
- Strength and conditioning coaches
- Academic support
- Lifestyle and nutritional advice
- Access to the world-renowned FASIC Sport & Exercise Medicine Clinic

"The support of the programme is one of the key factors allowing me to balance training, competition and university studies. Their "nothing is impossible" attitude is fundamental to allowing this balance to happen with as few compromises as possible from both ends."

**Eilidh Gibson, BSc Biomedical Sciences,
U23 C1 Slalom Canoeist**

Training to be the best

All our athletes follow a rigorous training schedule and make use of our state-of-the-art facilities to support them during their time at the University. Many students on the programme use our cutting edge Performance Gym and we also have superb facilities catering to each sport itself, such as our 25-metre pool at St Leonard's Land and Peffermill Playing Fields with its host of 3G and water-based pitches.

Have you got what it takes?

We are always looking for ambitious, academic athletes to realise their potential with us. You can view our entry requirements at sport.ed.ac.uk, where you can also find information about scholarships and our Elite Athlete Policy.

We look forward to welcoming the next generation of world-class athletes to our Performance Programme and hope to hear from you soon.

For more information on fees and funding, go to: <http://www.ed.ac.uk/student-funding>.



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Quick Facts

Academic and sporting success

World top 50 University

The University of Edinburgh is 3rd in overall BUCS rankings 2016/17

Dedicated coaching and support

Be part of a world class team

Contact us



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**Visit sport.ed.ac.uk
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