



10th & 11th
JUNE
2016

Two-day conference rate:
£125 or (£80 for concessions)

Single-day only:
£75 (£50 concessions).

Keynotes:
Susie Orbach
Carmen Joanne Ablack

Panelists:
Dr Keon West
Roz Carroll
Dr Jonathan Wyatt
Dr Beatrice Allegranti
Prof. Mick Cooper

Embodying social Justice

Contemporary Perspectives across
the Arts and Psychological Therapies

Further details and booking:
<http://estore.roehampton.ac.uk/>

Venue:
University of Roehampton, Whitelands College, Holybourne Avenue, London, SW15 4JD

CREST

Centre for Research in Social and
Psychological Transformation

CATR

CENTRE FOR ARTS
THERAPIES RESEARCH

PCSR

PSYCHOTHERAPISTS AND COUNSELLORS
FOR SOCIAL RESPONSIBILITY



**University of
Roehampton**

London

Embodying social Justice

INTERNATIONAL CONFERENCE

10th & 11th June 2016

Contemporary Perspectives across the Arts and Psychological

Call for workshops/papers

How do our bodies mediate the relationship between social and psychological change?

This conference will make a space for exploring our own tangled personal-political, creative, spiritual and embodied perspectives (see conference abstract below). The conference is for psychotherapists, psychologists, arts therapists, therapeutic practitioners, counsellors, artists, researchers, social workers and people who use services from a range of settings. It is for participants who have an interest in embodying social justice as a way of developing their work, and exploring the complex links between political, psychological, spiritual and bodily processes. Questions that the conference may explore include:

- ★ How can therapists act as 'political facilitators'?
- ★ What is the role of emotions in bringing about social justice and change?
- ★ How are bodies and language transformed in therapy?
- ★ In what ways can the arts contribute to social and psychological change?
- ★ How are issues of power, privilege and oppression embodied in the therapeutic relationship?

Our hope is that the conference will be highly participative and engaging. This call is for proposals for conference sessions (75-90 minutes). This may take the form of:

- ★ Experiential workshops
- ★ Presentations (research, theory)
- ★ Films/performances
- ★ Panel discussions
- ★ Open discussions

Sessions should link the three themes of social justice, embodiment, and therapeutic practice.

Please send the proposed title of your session together with an overview/abstract (maximum 200 words) and a brief biographical statement (maximum 100 words) to: chris.kelly@roehampton.ac.uk. Please state clearly the form that the session will take (e.g., 'experiential workshop', 'panel discussion'). Your abstract should also make clear how it links the three themes.

The deadline for proposals is midday on Friday 8th April 2016.

Embodying social Justice

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ABSTRACT

We live and work in a time of global crisis. How do we tackle the tensions between political governance of populations and the intimate governance of bodies and selves in our creative-therapeutic relationships?

Practice and research in the psychological and arts therapies may demand urgent attention to the process of embodying social justice since claims of objectivity and body neutrality are increasingly difficult to defend.

Bodies and language are never neutral: gender, dis/ability, sexuality, sexual orientation, ethnicity, race, class and religion are socio-political aspects that shape our mental, emotional, spiritual and physical selves and inform our own and our clients' experience of power, privilege and social inequity.

This conference will be:

- ★ *for therapists with an interest in the links between social justice and therapeutic practice*
- ★ *an opportunity to explore the role that embodiment may have in this relationship: our social, psychological, spiritual and biological being*
- ★ *focused on how social and political conditions impact on the bodies of our clients and ourselves; and how, as consciously embodied beings, we can develop new creative and radical approaches to promoting social change*
- ★ *a space for exploring our own tangled personal-political, creative and embodied perspectives*
- ★ *participative and engaging: international practitioners and scholars from across the psychological and arts therapies and beyond will facilitate groups and workshops, discuss, perform and screen their work*
- ★ *a place to consider the implications and envisage a future that takes forward this vital project*

This conference will be relevant for: *psychotherapists, arts therapists, counsellors, therapeutic practitioners, artists, researchers, social workers and people who use services in a range of settings (e.g. hospitals, schools, IAPT, care homes, universities, arts centers, and in private practice). It is for participants who have an interest in embodying social justice as a way of developing their work, and creatively exploring the complex links between political, psychological and bodily processes.*